

## Category 8

### **Mental Health**

1. St. Joseph's Health Centre Toronto
2. CAMH

We would like to  
**THANK** all our partners  
within St. Joseph's  
Health Centre and in the  
Community who have col-  
laborated with us in the  
past 15 years.

It is your enthusiasm,  
vision, and expertise that  
has enabled us to re-  
spond to emerging needs  
of marginalized women  
and their families.



Special "Thank You" to Sherry Thompson for editing  
and to Alexandrina Stoilova for formatting this  
newsletter.

We welcome comments & feedback.

Call Sudha Coomarasamy at 416-530-6665 or e-mail  
coomas@stjoe.on.ca .

"Focus on Women" is published twice a year by the  
Women's Health Centre, 30 The Queensway, To-  
ronto, Ontario M6R 1B5.

For more information about services at the Women's  
Health Centre, check our website: [www.stjoe.on.ca](http://www.stjoe.on.ca).  
Click on "Our Services", and on "Women's Health  
Centre".

## Ongoing Groups at the Women's Health Centre...

- ♦ Postpartum Depression Support Group  
Every Tuesday from 1:00 to 3:00 p.m. Please  
call if child care is needed. Call Sherry or  
Grazyna at 416-530-6850.
- ♦ Pre-natal Nutrition and Support Drop-in  
Wednesdays 9:30 - 11:30 a.m. & 1:00-3:00  
p.m. Please call Mira at 416-530-6000 ext.  
3661.
- ♦ Mom & Baby Circle Drop-in Mondays 10:00  
- 12:00 a.m. & 1:00-3:00 p.m. For mothers  
with infants 4 months to 1 yr. Please call  
Mira at 416-530-6486 ext. 3661.
- ♦ "What's Love Got to do with it?" Support  
group for women who are experiencing abuse.  
Tuesdays from 9:30-12:00 noon. Please call  
416-530-6850.
- ♦ Healing from Childhood Abuse: A group  
for women who have experienced sexual  
abuse as a child or adolescent. Mondays from  
7:00-9:00 p.m. starting Oct. 03, 2005.  
Call Brenda Ponik at 416-530-6709.

There is no charge for the above  
groups. **FREE** Childcare will be provided  
for all groups. Please call 416-530-6850  
to let us know the number and ages of  
children needing childcare.

To contact the Women's Health Centre call Mon-  
day to Friday, 416-530-6850, fax 416-530-6629 or  
e-mail: [whcgroup@stjoe.on.ca](mailto:whcgroup@stjoe.on.ca)

Ubuntu  
("humanity  
to others")

**Solidarity**

**Empowerment**

**Daring**

**SOLO HAY UNO**  
("one of a kind")

("support and  
encouragement")



**Laughs**

WHC staff: (front-from left) Gaby Frias, Suntha Mohan, Catherine Chan, Joan Hawkesworth, Irene Gabinet, Sudha Coomarasamy, Grażyna Mancewicz; (back-from left) Velrina Alexander, Rakini Sivaharan, Mira Nikolovski, Alexandrina Stoilova, Brenda Ponic, Alejandra Priego, Consuelo Llanos, Deborah Chalmers, Sherry Thompson, Rachel Sara Dearing, Joanne Wilson, Meggie Li

**Sensitivity**

**Empowering**

**Tenacious**

**Possibility**

**NURTUR-**

**Unique**

**Parkdale Parents' Primary Prevention Project Current Volunteers**

- |                    |                      |
|--------------------|----------------------|
| 1. Ali McCallum    | 5. Margaret De Souza |
| 2. Brishna Tazak   | 6. Maria Builes      |
| 3. Dorothy Cook    | 7. Nyima Choedhen    |
| 4. Kalsang Choekyi | 8. Remy Pollock      |
| 9. S. Thangarani   |                      |

# **CAMH**

## **Important Phone Numbers**

### **General Mental Health Assessment**

250 College Street

(416) 535-8501 ext. 6878

1001 Queen Street West

(416) 535-8501 ext. 2129 or 1911

### **Addiction Assessment**

33 Russell Street

(416) 535-8501 ext. 6128

175 Brentcliffe Road

(416) 535-8501 ext. 7064

### **Emergency - 250 College Street**

(416) 535-8501 ext. 6885 (24 hours)

### **Main Switchboard**

(416) 535-8501

### **Information Centre**

Automated Response Line 24 hours/day

Staffed between the hours of 9 am. and 9 pm., 7 days a week, except statutory holidays

(416) 595-6111

or Ontario toll-free 1 (800) 463-6273



Centre for Addiction and Mental Health  
Centre de toxicomanie et de santé mentale

## **Specialty Clinics (CAMH)**

The Specialty Clinics include the Sexual Behaviours Clinic, the Psycho-legal Clinic and the Kurt Freund Phallometric Lab. Each of the clinics provides outpatient assessments and treatment.

Each clinic has its own intake procedure and referral criteria. Assessments for individuals who have outstanding legal charges are not covered by OHIP and need to be privately funded. Clinics should be contacted directly regarding referral processes:

### **Psycho-legal Clinic**

(416) 535-8501, ext. 4886

### **Sexual Behaviours Clinic**

(416) 535-8501, ext. 4886

Contact: Staci Weingust, Program Manager, (416) 535-8501, ext. 4998

Contact: Suzanne Hoyte, Main Reception, ext. 6833  
Location: 250 College Street, 6th floor