

Guide to Services for people who are homeless

2011

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Welcome to Shelter, Support and Housing Administration Division's 2011 Guide to Services. In it you will find listings for many of the services that assist people experiencing homelessness. You are welcome to download the guide from our website www.toronto.ca/housing.

Services supporting tenants can be found in our Welcome Home guide which is also on our website. If the information you are looking for is not in either guide, please contact 311 for City services or 211 for community-based services.

If you have questions or comments about either of our guides, please contact us at ssha@toronto.ca or 416-397-4328.

Important note

Although all efforts are made to ensure the information in this guide is accurate, please call ahead to verify times of operation and other important details.

www.toronto.ca/housing

Dial 9-1-1 for all emergencies (police, fire, ambulance)

Crisis Lines

Anishnawbe Health Mental Health Crisis Line (Aboriginal clients)	416-891-8606
Assaulted Women's Helpline	416-863-0511; Toll Free: 1-866-863-0511
Centre for Addiction and Mental Health	416-535-8501 ext. 6885
Distress Centres of Toronto	416-408-HELP (4357)
Gerstein Crisis Centre	416-929-5200
Kids Help Phone	Toll Free: 1-800-668-6868
Toronto Rape Crisis Centre	416-597-8808

Emergency Shelter

Central Intake 311; 416-338-4766; Toll Free: 1-877-338-3398

Streets to Homes Assessment and Referral Centre (129 Peter Street) 416-392-0090

- Walk in referral to emergency shelter and street respite.

quick reference

211 Community Information

- Dial 2-1-1 for information on community, social, health and government services or go online at www.211toronto.ca.

311 Toronto

TTY: 416-338-0TTY (0889)

www.toronto.ca/311

- Dial 3-1-1 for non-emergency City services, programs and information.

Applying for Housing

Housing Connections: 416-981-6111; automated phone service: 416-981-6111

Streets to Homes Assessment and Referral Centre: 416-392-0090 (for street-involved clients)

Food Banks

Daily Bread Food Bank: 416-203-0050

- Call for a referral to a member food bank near you.
- Call 211 for information on other food banks and food programs.

Government of Ontario

General Inquiry: 416-326-1234; Toll Free: 1-800-267-8097

TTY: 416-325-3408; TTY Toll Free: 1-800-268-7095

www.ontario.ca

- Information on provincial services, including health services and income assistance.

Service Canada

Toll Free: 1-800-622-6232; TTY Toll Free: 1-800-926-9105

www.servicecanada.gc.ca

- Information on Government of Canada services.

Telehealth Ontario

Toll Free: 1-866-797-0000; TTY: 1-866-797-0007

24 hours a day, 7 days a week.

- A free, confidential telephone service for general health information or advice from a registered nurse.
- Callers do not need a health card.

Toronto Police Services

Non-emergency number: 416-808-2222; TTY: 416-467-0493

Special Victims Unit 24 Hour Hotline: 416-456-7259

Bad Date Hotline: 416-808-00000

www.torontopolice.on.ca

Toronto Transit Commission (TTC)

416-393-4636

www.toronto.ca/ttc

- Information on bus and subway fares, routes and schedules.

Wheeltrans

Trip Reservations: 416-393-4222

RideLine Automated Touch Tone Service: 416-397-8000

Priority Line: 416-393-4311; TTY Service: 416-393-4555

- Customer Service and Wheel-Trans Registration: weekdays from 8:00 a.m.-4:00 p.m., call 416-393-4111 or email wheeltrans.customerservice@ttc.ca.

Veteran Affairs Canada

Toll Free: 1-800-268-7708; TTD/TTY: 1-800-567-5803

- VAC Assistance Service can help with difficulties arising from the transition from military to civilian life, including marital problems, financial difficulty, housing and homelessness, trauma and substance abuse.

aboriginal housing and services

aboriginal housing

Aboriginal Housing Support Centre Scarborough North

416-281-2057

20 Sewells Road

www.aboriginalhsc.org

Akwa Honsta Non-Profit Aboriginal Homes

416-413-1300

80 Carlton Street

Amik – Frontiers Foundation

416-778-0822

419 Coxwell Avenue

<http://frontiersfoundation.ca/amik>

Gabriel Dumont Non-Profit Homes

416-286-5277

4201 Kingston Road, Unit 114A

Nekenaan (Second Stage Housing)
416-243-7669
1296 Weston Road
www.anduhyoun.org/housing

Nishnawbe Homes Inc.
416-975-5451
244 Church Street

Wigwamen Inc.
(Native Housing Main Office)
416-481-4451
25 Imperial Street, Suite 310
www.wigwamen.com

Wigwamen Terrace (Seniors Housing)
416-925-9165
14 Spadina Road

Wigwamen Waabnong
416-481-4451
20 Sewells Road

aboriginal services

Aboriginal Legal Services Toronto
416-408-3967
415 Yonge Street, Suite 803
<http://aboriginallegal.ca>

Anishnawbe Health Toronto
416-360-0486
225 Queen Street East
<http://aht.ca>

- Primary health services

416-920-2605
179 Gerrard Street East

- Mental health and traditional healing

416-657-0379
22 Vaughan Road

- Mental health and addiction services

Anduhyoun (Native Women's Shelter)
416-920-1492
1296 Weston Road (mailing address)
www.anduhyoun.org

Council Fire Native Cultural Centre
416-360-4350
439 Dundas Street East
www.councilfire.ca

Métis Nation of Ontario
Toronto Regional Office
416-977-9881
75 Sherbourne Street, Suite 222
www.metisnation.org

Miziwe Biik Aboriginal Employment and Training
416-591-2310
167 Gerrard Street East
www.miziwebiik.com

Native Canadian Centre of Toronto
416-964-9087
16 Spadina Road
www.ncct.on.ca

Native Child & Family Services of Toronto
416-969-8510
30 College Street
www.nativechild.org

Native Men's Residence (Na-Me-Res)
416-652-0334
14 Vaughan Road
www.nameres.org

Sagatay
416-651-6750
26 Vaughan Road

Outreach Services
416-653-4794
20A Vaughan Road

Native Women's Resource Centre
416-963-9963
191 Gerrard Street East
www.nativewomenscentre.org

2 Spirited People of the First Nations
416-944-9300
593 Yonge Street, Suite 202
www.2spirits.com

crisis lines

Centre for Addiction and Mental Health
416-535-8501 ext. 6885

Distress Centres of Toronto
416-408-HELP (4357)

Gerstein Crisis Centre
416-929-5200

Kids Help Phone
Toll Free: 1-800-668-6868

general information and referral

Centre for Addiction and Mental Health
416-535-8501
33 Russell Street and 1001 Queen Street West
www.camh.net

- Specialized treatment and prevention related to alcohol and other drug abuse.
- Outpatient and day programs.
- Information, guides and publications.

Drug and Alcohol Treatment Infoline
Toll Free: 1-800-565-8603
www.dart.on.ca

- Information about treatment services.
- Confidential.

Metro Addiction Assessment Referral Service

416-599-1448
33 Russell Street
www.camh.net

- Information sessions on addiction treatment options and in-person assessment.

detox and withdrawal programs

Central Access
Toll Free: 1-866-366-9513

- For admission to a detox or withdrawal management program, call Central Access.

Toronto East General Hospital

Information: 416-461-2010
Central Access Toll Free: 1-866-366-9513
985 Danforth Avenue

- Residential withdrawal management, assessment and referral.
- Day-tox (outpatient) withdrawal management.

Toronto Western Hospital Ossington Withdrawal Management Centre

Information: 416-533-7945
Central Access Toll Free: 1-866-366-9513
16 Ossington Avenue

- Residential non-medical alcohol and drug withdrawal management for men over 16.

Toronto Western Hospital Woman's Own Withdrawal Management Centre

Information: 416-603-1462
Central Access Toll Free: 1-866-366-9513
892 Dundas Street West

- Residential non-medical alcohol and drug withdrawal management for women over 16.

St. Joseph's Health Centre

Information: 416-530-6400
Central Access Toll Free: 1-866-366-9513
30 The Queensway

- Residential alcohol and drug withdrawal management, assessment and referral.

St. Michael's Hospital Withdrawal Management Services at Maxwell Meighen Centre

Information: 416-864-5078
Central Access Toll Free: 1-866-366-9513
135 Sherbourne Street, 3rd Floor

- Residential withdrawal management, assessment and referral.
- Day-tox (outpatient) withdrawal management.

Centre for Addiction and Mental Health

416-535-8501 ext. 7296 or 7297
501 Queen Street West, Main Floor

- Medical and psychosocial withdrawal management services.

recovery and harm reduction programs

Anishnawbe Health

416-657-0379

22 Vaughan Road

www.aht.ca

- Mental health and addiction program for Aboriginal clients.

Alcoholics Anonymous

416-487-5591

Toll Free: 1-877-404-5591

www.aatoronto.org

- 12-step recovery program. Call or visit the website for a list of open meetings.

Breaking the Cycle

416-364-7373

761 Queen Street West, Suite 107

www.breakingthecycle.ca

- Counselling and support for women involved with drugs or alcohol and pregnant or have children 6 years and under.

Cocaine Anonymous

416-927-7858

Toll Free: 1-866-622-4636

www.ca-on.org

- 12-step recovery program. Call or visit the website for a list of open meetings.

Community Outreach Programs in Addictions

416-516-2982

49 Bathurst Street, Suite 200

www.copacommunity.ca

- Outreach, assessment and treatment to seniors over 55 who have problems related to alcohol or drug dependence.

Gamblers Anonymous

416-366-7613

<http://gamblersanonymousontario.org>

- 12-step recovery program. Call or visit the website for a list of open meetings.

Jean Tweed Centre

416-255-7359

215 Evans Avenue

- Supports for women with substance abuse and gambling problems. Includes a 21-day residential program, trauma program and programs for pregnant/parenting women.

Narcotics Anonymous

416-236-8956

Toll Free: 1-866-696-8956

www.torontona.org

- 12-step recovery program. Call or visit the website for a list of meetings.

Overeaters Anonymous

416-588-6134

Toll Free: 1-888-221-5061

www.oaontario.org

- 12-step recovery program. Call or visit the website for a list of open meetings.

Shout Clinic

Queen West Community Health Centre

416-703-8480

168 Bathurst Street

www.ctchc.com

- Offers a harm reduction program for homeless and street involved youth under 25.

The Works

416-392-0520 (collect calls accepted)

277 Victoria Street, Main Floor

www.toronto.ca/health

Office hours:

Monday-Friday: 10:00 a.m.-5:00 p.m.

Van hours:

Monday-Saturday: 6:30 p.m.-11:30 p.m.

- Needle exchange program helping to prevent the spread of communicable disease for drug users and sex workers.
- Testing for HIV, Hepatitis C, Hepatitis B and syphilis.

bed bugs and pest control

what are bed bugs?

Bed bugs are small, oval insects that feed on human blood. They can be found almost anywhere—in crevices of floors and walls, bedding, and upholstered furniture. Bed bugs do not spread disease, but the bites can be very itchy.

Bed bugs can happen to anyone. The important thing is to get help quickly. Helpful information available at <http://bedbugsinfo.ca>

what to look for:

- Bites on the skin (raised bumps like the bites of mosquitoes or fleas, or raised welts).
- Waste matter (reddish-brown or black spots on bedding or sleeping areas).
- Bloodstains or spots on bedding.
- Eggs or eggshells (about the size of a grain of rice).
- A sickly sweet smell.

what to do if you think you may have bed bugs:

If you are living in a shelter...

- Notify shelter staff immediately. (They can make sure beds, bed frames, walls, and floors are properly treated.)
- Some shelters ask everyone to wash their clothes and have a shower when admitted to help control the spread of bed bugs.
- Wash and dry your clothes and bed linens at hot temperatures. (The heat will kill the bed bugs.)
- Try not to scratch.
- If the bites become infected, or your skin is very itchy, see a doctor or nurse.

If you are living on the street...

- Some drop-ins have showers and washers and dryers you can use free of charge. (For more information, please see the Toronto Drop-in Network brochure on pages 14-30.)
- If you do go to a drop-in let staff know so they can help you.
- Try not to scratch.
- If the bites become infected or your skin is very itchy, see a doctor or nurse.
- If you need help, but don't know where to get it, call 311 or Central Intake Toll Free: 1-877-338-3398.

If you are concerned or want more information, please contact Toronto Health Connection: 416-338-7600; TTY: 416-392-0658. Monday-Friday 8:30 a.m.-4:30 p.m.

- Translation services available.

clothing banks

Clothing banks often rely on donations and have limited storage space. If possible, call ahead to avoid disappointment.

416 Community Support for Women

416-928-3334
416 Dundas Street East
• Emergencies only.

Adelaide Resource Centre for Women

416-392-9243
67 Adelaide Street East
Monday 1:00 p.m.
• Closes when everyone has been served.

All Saints

416-368-7768
315 Dundas Street East
Monday-Thursday 9:00 a.m.-9:30 a.m. and
2:00 p.m.-2:30 p.m.

Arthart

416-203-0034
237 Sackville Street
Tuesday, Wednesday 5:30 p.m.-8:30 p.m.
Thursday 12:00 p.m.-3:00 p.m.

Covenant House

416-598-4898 or 416-204-7037
20 Gerrard Street East
Friday 1:30 p.m.-5:00 p.m.
• Youth aged 16-24.

Good Neighbours' Club

416-366-5377
170 Jarvis Street
Monday-Friday 3:00 p.m.-4:00 p.m.

Good Shepherd Drop-in

416-869-3619
412 Queen Street East
Monday-Friday 9:00 a.m.-11:00 a.m.

Haven on the Queensway

416-640-2005
1533 The Queensway
Monday, Tuesday 11:00 a.m.-2:00 p.m.

High Park Baptist Church

416-534-4225
9 Hewitt Avenue
Tuesday 10:00 a.m.-12:30 p.m.

Manantial Neighbourhood Services

416-915-0997
1875 Sheppard Avenue West, Lower Level
Wednesday 10:00 a.m.-2:30 p.m.
• Services available in Spanish.

Metropolitan United Church

416-363-0331 ext. 41 or 43
56 Queen Street East
Monday, Wednesday, Friday
10:00 a.m.-2:00 p.m.

Mustard Seed

416-465-6069
791 Queen Street East
Monday, Tuesday, Wednesday
10:00 a.m.-3:00 p.m.
Friday 12:00 p.m.-3:00 p.m.
Saturday 10:00 a.m.-3:00 p.m.

Red Cross – Epiphany Anglican Church

416-267-0115
700 Kennedy Road
Tuesday 10:00 a.m.

Salvation Army Gateway

416-368-0324
107 Jarvis Street
Monday, Thursday 5:30 p.m.-6:30 p.m.
• Must sign up at 3:00 p.m.
• Serves only the first 25 people on the list.

Sanctuary

416-922-0628
25 Charles Street East
Tuesday 3:30 p.m.-7:30 p.m. (women only)
Wednesday 10:30 a.m.-3:00 p.m.
Thursday 4:30 p.m.-9:00 p.m.

clothing banks

Scott Mission

416-923-3916
502 Spadina Avenue
Monday, Tuesday, Thursday, Friday
9:30 a.m.-11:15 a.m., 1:30 p.m.-3:15 p.m.
Wednesday 9:30 a.m.-11:15 a.m.
• Closed December.

Second Base

416-261-2733 ext. 9
702 Kennedy Road
Monday-Friday 9:00 a.m.-9:30 a.m.

Sistering - Main

416-926-9762
962 Bloor Street West
Tuesday 1:30 p.m.-4:00 p.m.
Saturday 10:00 a.m.-11:30 a.m.

Sistering - Parkdale

416-588-3939
220 Cowan Avenue
Monday-Friday 9:00 a.m.-1:30 p.m.

St. Felix Centre

416-203-1624
25 Augusta Avenue
Tuesday, Wednesday 11:00 a.m.-12:30 p.m.

St. John the Compassionate

416-466-1357
155 Broadview Avenue
Wednesday 9:00 a.m.-4:00 p.m.

StreetLight Support Services

416-534-4572
674 Markham Street
Monday-Friday 10:00 a.m.-4:00 p.m.
• Clients only.
• For persons presently or previously involved in the sex trade.

Syme Woolner Neighbourhood and Family Centre

416-766-4634
2468 Eglinton Avenue West
Monday, Wednesday 10:00 a.m.-12:00 p.m.

Taiwanese and Newtonbrook United Church

416-229-5454
53 Cummer Avenue
Wednesday 8:00 a.m.-2:00 p.m.

Toronto Christian Resource Centre

416-364-1997
415 Gerrard Street East
Monday-Friday 9:00 a.m.-1:30 p.m.

Toronto Friendship Centre

416-368-8179
323 Dundas Street East
Monday-Friday 6:00 a.m.-2:00 p.m.

Touchstone Youth Centre Drop-in

416-696-6932
1076 Pape Avenue
• Youth 16-24.
• Residents only.

Yonge Street Mission

Evergreen Centre for Street Youth

416-977-7259
381 Yonge Street
Monday-Friday 12:00 p.m.-5:00 p.m.
• Youth 16-24.

Youthlink Inner City Drop-in

416-703-3361
7 Vanauley Street
Monday-Friday 9:00 a.m.-4:00 p.m.

toronto public health dental clinics

These clinics provide free dental care for eligible low-income children, high school students and seniors. For more information about Toronto Public Health dental services call 416-338-7600 or visit their website www.toronto.ca/health. The provincial program, Children in Need of Treatment, provides emergency dental care to children up to 18 through Toronto Public Health Dental Clinics. Services offered at these clinics include:

- Examinations
- Fillings
- Extractions
- Partial and Full Dentures (clients may be required to pay half the laboratory fee)
- Cleanings
- Fluoride treatment
- Sealants
- Root canals on selected teeth.

Etobicoke

416-338-1790
8 Taber Road

416-338-1486
399 The West Mall

416-252-6471
185 Fifth Street

North York

416-338-8399
5100 Yonge Street, Ground Floor

416-338-2025
12 Flemington Road

416-338-1224
1651 Keele Street

Scarborough

416-338-7442
160 Borough Drive

Toronto/East York

416-392-0907
2398 Yonge Street

416-392-6683
791 Queen Street East

416-392-0934
235 Danforth Avenue

416-392-6680
277 Victoria Street, 2nd Floor

416-392-1410
340 College Street, Suite 370

416-392-0988
2340 Dundas Street West

416-392-1777
95 Lavinia Avenue

institutions offering low-cost dental treatment

Scarborough

Scarborough Hospital, Urban Dental Clinic

416-438-3872
3000 Lawrence Avenue East,
Building A, 2nd Floor

- For youth and low-income adults.
- Free emergency dental care.

Toronto/East York

Faculty of Dentistry University of Toronto

416-979-4927 (adults)
101 Elm Street

- Open September-June.

George Brown College Casa Loma Campus

416-415-4547
175 Kendal Avenue

- Low-cost cleanings, small fillings and dentures.

Queen West Community Health Centre

416-703-8481
168 Bathurst Street

Regent Park Community Health Centre

416-364-2261 ext. 7019
465 Dundas Street East

Shout, Dental Treatment Clinic

416-703-8480
168 Bathurst Street
• Free services for youth 16-25.

Yonge St. Mission, Evergreen Centre

416-929-9614
381 Yonge Street
• Free dental services for street youth under 25.

Toronto/East York

Canadian Business College Dental Hygiene Clinic

416-925-6594
2 Bloor Street West, Upper Cumberland Terrace

Regency Dental Hygiene Academy

416-341-0100 ext. 27
481 University Avenue

Yorkville College

416-929-0121
94 Cumberland Street

the following provide hygiene services only

North York

Toronto College of Dental Hygiene

416-423-3099
300 Steep Rock Drive
• No fixed schedule, appointment to be booked with student.

Scarborough

Oxford College of Arts and Business

416-439-8668
670 Progress Avenue

TDIN NORTH

Weston Road to Yonge Street
Steeles Avenue West to Lawrence Avenue West

22 COSTI North York Drop-In
1700 Wilson Avenue #114 | 416-244-0480
www.costi.org

24 Weston-King Neighbourhood Centre
2017 Weston Road | 416-241-9898
www.wknc.ca

TDIN NORTH



TDIN EAST

- Yonge Street to Bellamy Road
Sheppard Avenue East to Lake Shore Boulevard East
- 01 Agincourt Community Services Association (ACSA)
4155 Sheppard Ave. East |
416-321-6912
www.agincourtcommunityservices.com
 - 02 Hot Lunch Program Knox United Church
2569 Midland Avenue
 - 03 Mustard Seed
791 Queen Street East |
416-465-6069
www.cs-ko.ca
 - 04 Red Cross Drop In - Scarborough
700 Kennedy Road | 416 267-0115
www.redcross.ca
 - 05 St. John the Compassionate
155 Broadview Avenue |
416-466-1357
www.stjohnmission.org
 - 06 Second Base Youth Shelter Drop-In - Scarborough
702 Kennedy Road | 416 261-2733
www.secondbaseyouthshelter.org
 - 07 Touchstone Youth Centre Drop-In
1076 Pape Avenue | 416 696-8932
www.touchstoneyc.org
 - 08 Warden Woods Community Centre: Teesdale Centre Drop-In
40 Teesdale Place, 1st Floor |
416 694-1138
www.wardenwoods.com
 - 09 Woodgreen Community Services Drop-In
835 Queen Street East |
416-465-0825
www.woodgreen.org
 - 58 Agincourt Community Services Association (ACSA)
Women's Harm Reduction Drop-In
Lillemood Inn - 4212 Kingston Road
416-684-6352 |
www.agincourtcommunityservices.com

TDIN EAST



*58 Women's Harm Reduction Drop is located at 4212 Kingston Road (nearest major intersection - Kingston Road & Lawrance Avenue East)

TDIN WEST

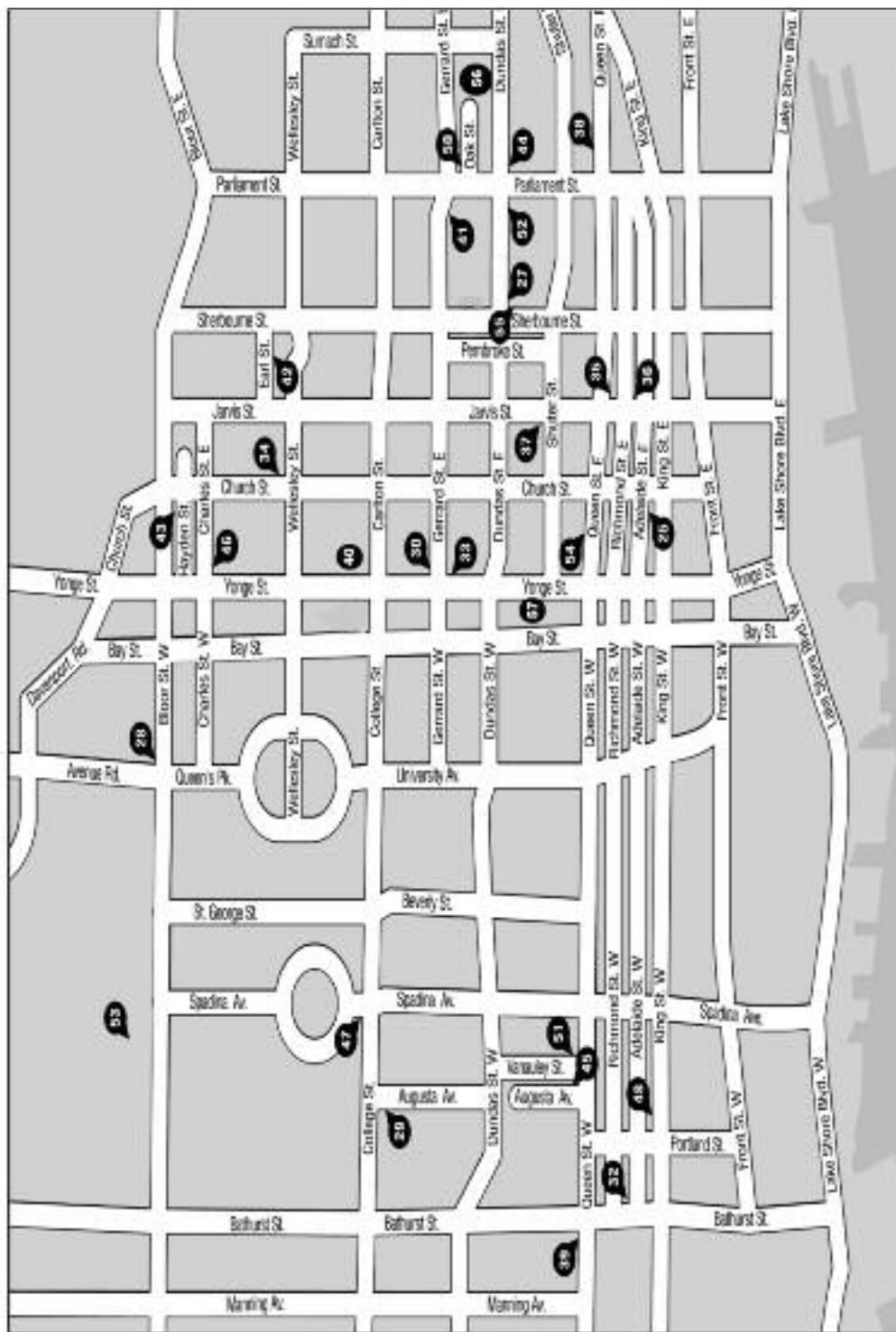
Kipling Road to Yonge Street
Willson Avenue to Lake Shore Boulevard West

- 10** Christie-Caslington Neighborhood Centre
854 Bloor Street West | 416 534-8941
www.concommunity.org
- 11** Davenport-Perth Neighborhood Centre
1900 Davenport Road | 416 656-8025
www.dpncc.ca
- 12** Davenport-Perth Neighborhood Centre (Part-Time Site)
1307 Bloor Street West | 416 656-8025
- 13** HouseLink Drop-In Centre
805 Bloor Street West | 416 539-0680
www.houselink.on.ca
- 14** Lakeshore Area Multi-Service Project
185 77th Street | 416 252-6471
www.lampchc.org
- 15** New Hope Drop-In:
St. Christopher House,
c/o Parkdale Community Health Centre
1499 Queen Street West | 416 891-3396
- 16** Parkdale Activity & Recreation Centre
1499 Queen Street West |
416 537-2591 www.parc.on.ca
- 17** Sistering, A Woman's Place
962 Bloor Street West | 416 926-1946
www.sistering.org
- 18** Sistering Parkdale Drop-In
c/o Masaryk/Cowan Community Centre
220 Cowan Avenue | 416 588-3939
- 19** The Stop: Community Food Centre
1894 Davenport Road | 416 652-7867
www.thestop.org
- 20** Syme-Wooler Neighbourhood & Family Centre
2468 Eglinton Avenue West |
416 766-6634 www.symewoodner.org
- 21** Wychwood Open Door
729 St. Clair Avenue West |
416 652-0857 www.wychwoodopendoor.org

TDIN WEST



TDIN CENTRAL



TDIN CENTRAL

Bathurst Street to Parliament Street
Bloor Street to Lake Shore Boulevard

- | | | | | | |
|-----------|--|-----------|---|-----------|--|
| 25 | Adelaide Resource Centre for Women
67 Adelaide Street East 416-392-9243
www.toronto.ca/housing/index.htm
In Partnership with the
Fred Victor Women's Day Program
67 Adelaide Street East 416 392-9245
www.fredvictor.org/womens.html | 38 | Good Shepherd Drop-In
412 Queen Street East 416 869-3619
www.goodshepherd.ca
The Meeting Place:
St. Christopher House
588 Queen Street West 416 504-4275
www.stchristhouse.org/adults/meeting-place | 51 | YouthLink Inner City youthlink.ca
7 Vanauley Street 416 703-3361
Council Fire-Drop-In Program
439 Dundas Street East 416-360-4350
www.councilfire.ca/Dropin.htm |
| 27 | All Saints Drop-In Centre
315 Dundas Street East 416 368-7768
www.allsaintstoronto.com | 39 | Anishnaabeg Youth Centre
formally known as - Native Child and Family Services of Toronto – Youth Drop In www.nativechild.org
± 1 Wood Street 416-850-6110 | 52 | Bloor-Bathurst Gathering Spot
Wilmer Road Baptist Church
188 Loather Avenue
416 924-5883 x 5 (voice mail only) |
| 28 | Church of the Redeemer
162 Bloor Street West 416 922-4948
www.theredeemer.ca | 40 | Neighbourhood Information Post
269 Gerrard Street, East, 2nd Floor
www.nipost.com | 53 | Metropolitan United Church
56 Queen Street East
416 363-0331
www.metunited.org |
| 29 | The Corner Drop-In
260 Augusta Street 416 964-8747
www.stepsinshouse.com/dropin.shtml | 41 | Red Cross-Downtown A
41 Earl Street www.redcross.ca | 54 | Toronto Friendship Centre
323 Dundas Street East,
416-368-8179
www.thetorontofriendshipcentre.com |
| 30 | Covenant House Community Support Services www.covenanthouse.on.ca
20 Gerrard Street East 416 204-7037 | 42 | Red Cross-Downtown B
54 Hayden Street www.redcross.ca | 55 | Artheart
237 Sackville Road
(416)203-0034
www.artheart.ca |
| 32 | Evangel Hall www.evangelhall.ca
552 Adelaide Street West 416 504-3563 | 43 | Regent Park Community Health Centre
465 Dundas Street East
416 364-2261 www.regentparkchc.org | 56 | Church of the Holy Trinity
10 Trinity Square
(416) 598-4251
www.holytrinitytoronto.org |
| 33 | Yonge Street Mission's Evergreen Centre for Street Youth www.ysm.on.ca
381 Yonge Street 416 977-7259 | 44 | St. Felix Community Centre
25 Augusta Avenue 416 203-1624
www.stfelixcentre.ca | 57 | |
| 34 | 519 Church Street Community Centre
www.the519.org
519 Church Street 416 392-6878 | 45 | Sanctuary www.sanctuarytoronto.ca
25 Charles Street East 416 922-0628 | | |
| 35 | Fred Victor Centre Open House Drop-In
145 Queen Street East 416 364-8228 | 46 | Scott Mission www.scottmission.com
502 Spadina Ave 416 923-8872 | | |
| 36 | Gateway Drop-In (Salvation Army) www.thegateway.ca
107 Jarvis Street 416 368-0324 | 47 | SKETCH: Working Arts for Street Involved & Homeless Youth
580 King Street West, 2nd Floor
www.sketch.ca | | |
| 37 | Good Neighbours Club
170 Jarvis Street 416 366-5377 | 48 | Toronto Christian Resource Centre
40 Oak Street 416 363-4234 tarc.ca | | |

#	Drop-In Contact Details	Drop-In Hours	Job Help	Clothing	Computer and/or Internet Access	Housing Help	Health Care	Income Referral	Laundry	Shower	Meals	Food Bank	Counselling & Peer Support	Other Help:
20	519 Church Street Community Centre 519 Church Street 416-392-6878 www.the519.org Wheel Chair Accessible: Yes Serves: Transgender Youth; Transgender/ Transsexual Adults And Adults	Meal Trans Program Mon: 6pm-10pm Trans Youth Toronto Wed: 5pm-9pm Sun: 10am-3pm	No	No	Yes	Yes	No	No	No	No	Mon: D: 6pm Wed: D: 5pm Sun: L: Noon	No	Peer to Peer Support	Social and Safer Space; Information and resources
25	Adelaide Resource Centre for Women 67 Adelaide Street East 416-392-9243 www.toronto.ca/housing/index.html Wheel Chair Accessible: Yes Serves: Women Only	Mon - Fri: 10am-3pm	No	Mon: 1pm-2pm	No	No	No	No	No	No	Mon-Fri: B: 10am	No	No	No
59	Agincourt Community Services Association (ACSA) 4540 Kingston Road -- new location Not on map 416-321-6912 x 241 Wheel Chair Accessible: YES	Women & Trans Drop-In Wed: 8:30am-11:30am	No	Essentials only	No	No	No	Yes	No	No	Light Breakfast	Referral	Yes	Volunteering; Harm Reduction; Feminine Hygiene Supplies
60	Agincourt Community Services Association 4139 Sheppard Ave. --Not on map 416-321-6912 x 236 www.agincourtcommunityservices.com Wheel Chair Accessible: YES	Fri: 9:30am-11:30am	No	No	No	No	No	No	No	No	Light Breakfast	No	No	Condoms; safe drug use kits; basic needs supplies

#	Drop-In Contact Details	Drop-In Hours	Job Help	Clothing	Computer and/or Internet Access	Housing Help	Health Care	Income Referral	Laundry	Shower	Meals	Food Bank	Counseling & Peer Support	Other Help:
01 & 02	<p>Agincourt Community Services Association (ACSA) 4155 Sheppard Avenue East 4155 Sheppard Ave. East 416 321-6912 www.agincourt.com munisyservices.com Wheel Chair Accessible: Yes Serves: Men & Women</p>	<p>Mon-Tues & Thurs: 9am-4pm Sun: 9am-4pm ^ Holiday Hours: 8:30am-3:30pm</p>	Yes	Thu	Yes	Yes	By appt Foot Nurse bi-monthly	HOPE workers Thursday 10am-Noon	No	Yes	Light Breakfast: 9am-11:30am; L:11:30am-1pm Tue:L:(@Knox Presbyterian Church 4156 Sheppard Ave E.) 11:30am-1pm, Thu: L: 11:30am-1pm, St Timothy's Anglican Church 4125 Sheppard Ave E:Sat &Sun:12:30-1:30pm	Yes	Volunteering; ID Clinic bi-monthly; Harm Reduction; Anger support group; Healthy Cooking class; Art group; Street Outreach	
40	<p>Anishnaabeg Youth Centre 1 Wood Street 416-850-6110 www.nativechild.org Wheel Chair Accessible: No Serves: Native, Métis and Inuit ages:16-24</p>	<p>Mon-Fri: 8am-9pm (until may 2011) Sat: 10am-5pm</p>	No	No	Yes	Yes	No	Yes	No	No	Mon-Fri: B: 8:30am - 9:30am L: Noon-1pm D: 5pm-6pm	No	Aboriginal culturally based workshops /teaching circles/ ceremonies/ arts and crafts	
56	<p>Arthearth 237 Sackville Rd 416-203-0034 www.arthearth.ca Wheel Chair Accessible: No Serves: Adults & Children</p>	<p>(Adults only) Tues & Wed: 3pm-5:30pm Thu: Noon-3pm</p>	No	Yes	Yes	No	No	No	No	No	Mon & Tues: 6pm Thu: 2pm Snacks: Mon-Fri 3:30pm-5pm	Thu: Noon	Art instructors when open & Homework help	

#	Drop-In Contact Details	Drop-In Hours	Job Help	Clothing	Computer and/or Internet Access	Housing Help	Health Care	Income Referral	Laundry	Shower	Meals	Food Bank	Counselling & Peer Support	Other Help:
05	All Saints Drop-In Centre 315 Dundas Street E 416-368-7768 www.allsaintstoronto.com Serves: Adults	Mon, Wed & Thu: 8am –4pm Tue: 10:30am - 4pm Fri: (women only) 8am-Noon	No	9-9:30am 2-2:30pm	Yes	Tues: Noon-2pm	Tues: Noon-2pm	No	No	No	Mon, Wed, Thu & Fri: B: 8am L: Noon	No	No	ID Clinic Tues: Noon-2pm
35	Bloor-Bathurst Gathering Spot 188 Lowther Avenue Walmer Road Baptist Church 416 924-1121 Wheel Chair Accessible: Yes Serves: Adults	Tues: 4-10 pm	No	No	No	No	No	No	No	No	Tue: snacks: 4pm: D: 6:30pm \$2.00	No	Yes	Volunteering
16	COSTI North York Drop-In 1700 Wilson Avenue #114 Wheel Chair Accessible: No 416-244-0480 www.costi.org Serves: Adult Men & Women	Mon: (women only) 1-6pm Tues: (women only) 1-4pm Wed: (men only) 10am-Noon (women only) 1-6pm Thu: (women only) 1-4pm Fri: 10am-Noon	Yes	No	Yes	Yes	No	Yes	No	No	No	No	No	Settlement , Social Service in general

#	Drop-In Contact Details	Drop-In Hours	Job Help	Clothing	Computer and/or Internet Access	Housing Help	Health Care	Income Referral	Laundry	Shower	Meals	Food Bank	Counselling & Peer Support	Other Help:
30	Covenant House Community Support Services 20 Gerrard Street East 416-204-7037 www.covenanthouse.on.ca Wheel Chair Accessible: Yes Serves: Youth 16-25	Mon-Thu: 1:15pm-7pm Fri: 1:15-4:45pm	Tues 3-5pm	Tues 3-5pm	Please call	Tues 3-5pm	Yes	Yes	No	No	Mon-Fri: L: 1:15pm	Please call	Yes	Other services available*
20	Church of the Redeemer 162 Bloor Street West 416-922-4948 www.theredeemer.ca Wheel Chair Accessible: Yes Serves: Adults	Mon -Fri: 9am-11:45am	No	No	No	1st & 3rd Mon*	Mon & Thu: 9am - 11:45am*	No	No	No	Mon-Fri: B: 9am - 10:15 am L: 10:30am - 11:30am	No	Pastoral counselling: Wed. & Thu: 9am - 11:45 am	Haircuts: Tues, 9am - 11:45 am Talk & Pray: Thu, 8:30 am
10	Christie-Ossington Neighbourhood Centre 854 Bloor Street West 416-534-8941 www.coconcommunity.org	Mon - Thu: 10am-5pm Sat & Sun: 11am-3pm ^ Extended Holiday Hours: 11am-3pm	Yes	Yes	please call	Yes	Yes	Yes	Yes	Yes	Mon - Thu: Snack: 10am L: 12:30pm-1:30pm	Yes	Yes	Outings; sports activities; volunteering; newcomer resources
57	Church of the Holy Trinity 10 Trinity Square 416- 598-4521 www.holytrinitytoronto.org	Sun: 11am-3pm	No	No	No	No	No	No	No	No	Sun: light snacks	No	No	Phones; every 2nd Tues of each month - Homeless Memorial L:12-45pm
11	Davenport-Perth Neighbourhood Centre 1900 Davenport Road 416-656-8025 www.dpncc.ca Wheel Chair Accessible: Yes Serves: Adults	Mon & Thu: 1pm-4pm	No	No	No	No	No	No	No	No	Mon & Wed D: 5pm (Nov.-Apr.)	No	No	No

#	Drop-In Contact Details	Drop-In Hours	Job Help	Clothing	Computer and/or Internet Access	Housing Help	Health Care	Income Referral	Laundry	Shower	Meals	Food Bank	Counselling & Peer Support	Other Help:
12	Davenport-Perth Neighbourhood Centre 61 Pelham Park Gardens 416-656-8025 www.dpncc.ca Wheel Chair Accessible: Yes Serves: Adults	Wed only 1pm-3pm	No	No	No	No	No	No	No	No	Snack only	No	No	No
32	Evangel Hall www.evangelhall.ca 552 Adelaide Street West 416 504-3563 Wheel Chair Accessible: Yes Serves: Adults	Mon-Fri: 9am-12:30pm	No	Yes Mon & Thu	Yes	Yes	Yes – please call	Trustee Program	Yes	Yes		No	Mon - Sat	Please call
35	Fred Victor Centre Open House Drop-In Temp location: 86 Lombard St 416-364-8228 www.fredvictor.org Wheel Chair Accessible: Yes Serves: Adults	Mon-Fri: 10am-2pm	No	Yes	No	Noon-2pm	Yes	Yes	No	No	Mon-Fri: L: Noon - 2pm \$2.50	No	Yes	ID clinic – Thu Noon-2pm Harm Reduction support Help opening bank acc'ts Mon-Fri 10am-2pm Art: Mon 10am-Noon
37	Good Neighbours' Club 170 Jarvis Street 416-366-5377 http://goodneighnoursclub.org/ Wheel Chair Accessible: Yes Serves: Men over 50	Open 7 days 8am-5pm Extended Holiday Hours: 8am-5pm	No	Mon-Fri: 3-4pm	Yes	Tues-Fri: 9am-5pm	Thu: 8am- Noon	Yes	Yes	Yes	B: 8:15am-9am L: Noon - 1:30pm Snack: 3-3:30pm	No	Yes	Various workshops, volunteering hair cutting Sat 10am- Noon; crisis outreach to seniors
36	Gateway Drop-In (Salvation Army) 107 Jarvis Street 416-368-0324 Wheel Chair Accessible: Yes www.thegateway.ca Serves: Adults	Mon, Wed, Thu, Sat & Sun: 1pm-7pm	No	(sign up after 3:30pm)	No	No	No	No	No	No	D:4:30pm-5:30pm Tickets given out at 1pm	No	No	No
38	Good Shepherd Drop-In 412 Queen Street East 416-869-3619 www.goodshepherd.ca Wheel Chair Accessible: Yes Serves: Adults	Open 7 days/wk 9am-11am	No	Yes	No	No	Mon-Fri 10am-11am	No	No	Mon-Fri 9am-11am	B: 9am-11am L: 2pm-4pm	No	No	No

#	Drop-In Contact Details	Drop-In Hours	Job Help	Clothing	Computer and/or Internet Access	Housing Help	Health Care	Income Referral	Laundry	Shower	Meals	Food Bank	Counselling & Peer Support	Other Help:
13	Houselink Community Homes 805 Bloor Street West 416-539-0690 www.houselink.on.ca Wheel Chair Accessible: Yes Serves: Adults (must be a member)	Mon &, Thu: 9am-4pm Sat & Sun: 2pm-7pm	No	No	Yes	No	No	Yes	No	No	Thu: L: 12:30pm Sun: D 5:30pm	No	Informal	Social Recreational Food Program; Recovery Wellness Program
14	LAMP Community Health Centre 185 Fifth Street 416-252-6471 www.lampchc.org Wheel Chair Accessible: Yes Serves: Adults	Mon & Wed: 8am-2:30pm	Yes	No	Yes	Yes	No	Yes	No	Yes	Mon & Wed: B:8am L: Noon	No	No	Multi-Service Community Health Centre: info & referral, settlement services,
39	The Meeting Place: St. Christopher House 588 Queen Street West 416-504-4275 www.stchristhouse.org/adults/meeting-place Wheel Chair Accessible: Yes Serves: Adults over 19	Mon – Sun: 11:30am-4pm Closed: Dec. 25 th & Jan. 1 st	No	No	Yes	Streets to Homes	Nurse Tues: 1:30pm-4pm	Yes	Yes	Yes	No	No	Yes	Craft store, volunteering, odd jobbers group
54	Metropolitan United Church 56 Queen Street East 416 363-0331 www.metunited.org Wheel Chair Accessible: Yes Serves: Adults	Mon, Wed, Fri: 10am to 3pm	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Mon, Wed, Fri: B: 10am	Wed & Fri	Yes	No
03	Mustard Seed 791 Queen Street East 416 465-6069 www.csi-to.ca Wheel Chair Accessible: Yes Serves: Adults & Women only	Wed: (Womenonly) 10:30am-2:30pm Fri: 12:30pm-3pm Sat: 10am-3pm (Oct. -May)	No	Yes	Sat. only	No	No	No	No	No	Wed: L: Noon Sat: Noon	No	No	Crafts and sewing programs; Foot care Available in 2011

#	Drop-In Contact Details	Drop-In Hours	Job Help	Clothing	Computer and/or Internet Access	Housing Help	Health Care	Income Referral	Laundry	Shower	Meals	Food Bank	Counselling & Peer Support	Other Help:
41	Neighbourhood Information Post 269 Gerrard Street East 2nd Floor 416-924-2543 www.nipost.com Wheel Chair Accessible: Yes Serves: Adults	Mon, Tues, Thu & Fri: 9:30am-4pm Wed: 1pm-4pm	No	No	Yes	Yes	No	No	No	No	No	No	No	Mail & Messages, Phones
15	New Hope Drop-In St. Christopher House, c/o Parkdale Community Health Center 1499 Queen Street West 416 891-3396 http://www.stchristhouse.org/adults/new-hope/ Wheel Chair Accessible: Yes Serves: Adults	Wed-Thu: 5:15pm-8:30pm	No	No	Access to internet	No	No	No	No	No	Wed-Thu: D:6:15pm	No	Yes	Help with access to shelters as needed; Small group programs
16	Parkdale Activity & Recreation Centre 1499 Queen Street West 416-537-2591 www.parc.on.ca Wheel Chair Accessible: Yes Serves: Adults	Mon-Thu: 9am-1pm Fri: 12:30-4:30pm 5pm-9pm Sat & Sun: 11am-3pm	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Mon-Thu: B: 9:30am L: 12:30pm	No	Yes	Please call
42	Red Cross-Downtown A 41 Earl Street 647-883-7133 www.redcross.ca Wheel Chair Accessible: Yes Serves: Adults	Mon: 8:30am – 10am Wed: 5:30-7:30pm	No	No	No	Yes	No	No	No	No	Mon: B: 8:30am Wed: D: 5:30pm	No	No	Hygiene supplies (Monday Mornings)
43	Red Cross-Downtown B 54 Hayden Street 647-883-7133 www.redcross.ca Wheel Chair Accessible: Yes Serves: Adults	Sat: 12:30pm-2:30pm (Nov-Apr)	No	No	No	No	Yes	No	No	No	L: 12:30pm	No	No	No

#	Drop-In Contact Details	Drop-In Hours	Job Help	Clothing	Computer and/or Internet Access	Housing Help	Health Care	Income Referral	Laundry	Shower	Meals	Food Bank	Counselling & Peer Support	Other Help:
04	Red Cross Drop-In – Scarborough 700 Kennedy Road 416-267-0115 www.redcross.ca Wheel Chair Accessible: Yes Serves: Adults	Mon-Fri: 10am- 3:30pm	Yes	Tues: 10am sign up	Yes	Tues 1pm-3pm	Yes	Yes	No	No	Mon-Fri: L: Noon- 2pm	Yes	Yes	Harm reduction workers, Wed 12:30-2pm smoking kits needle kits, Hygiene items
45	St. Felix Centre 25 Augusta Avenue 416-203-1624 www.stfelixcentre.ca Wheel Chair Accessible: No Serves: Adults	Mon-Fri: 7am-6pm	No	Yes	Yes	Yes	No	Mon-Fri 11am- 3pm	No	No	B: for school children Mon-Fri: 7am- 8:30am L: (all) Mon-Fri 11am- 12:30pm D: Mon- Thu: 5:30 pm- 6:45pm (families \$1.00)	No	Yes	After School Program for kids 6-12 years Mon-Fri: 3pm-6pm ESL classes Tue & Thur 2pm-3pm
44	Sanctuary 25 Charles Street East 416-922-0628 www.sanctuarytoronto.ca Wheel Chair Accessible: Yes Serves: Women Only & Adults	Tue (Women only): 3:30pm- 7:30pm Wed: 10:30am- 3pm Thu: 4:30- 9pm Fri: 12:30pm- 4pm	No	Wed: 10:30- 3pm Thu: 4:30pm - 9pm Fri: 12:30m - 4pm Wed: 10:30a- 3pm Thu: 4:30pm -9pm Fri:12:3 -4pm	Yes	No	Wed: 10:30a m – 3pm Thu: 4:30p m – 9pm	No	No	Wed: 10:30am - 3pm Thu: 4:30pm - 9pm 12:30pm & 6pm	Wed & Thurs: B: 10:30 D: 4:30p m	No	No	AA; games & art drop-in; harm reduction information and supplies
06	Second Base 702 Kennedy Road 416-261-2733 Ext. 9 www.secondbase.ca Wheel Chair Accessible: Yes Serves: Youth Only	Mon-Fri: 9am-3:30pm	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Mon-Fri: L: Noon	No	Yes	No

#	Drop-In Contact Details	Drop-In Hours	Job Help	Clothing	Computer and/or Internet Access	Housing Help	Health Care	Income Referral	Laundry	Shower	Meals	Food Bank	Counselling & Peer Support	Other Help:
47	Scott Mission 502 Spadina Avenue 416-923-8872 www.scottmission.com Wheel Chair Accessible: Yes Serves: Men	Mon-Sun: 8am-11:45am Any closures will be posted ^ Holiday Hours: 8am-11:45am	No	Mon, Wed, Thu & Fri: 9:30 – 11:30 Tues: 10:30 – 11:30	No	No	No	No	Mon-Fri: 10am-11am	Mon-Fri: 10am-11:15am	Hot meals: Mon -Sat 10:30am & 11:30am Sandwiches only: Mon-Fri: 4 PM Bagged sandwiches only: Sun: 8:45am –9:45am	Emergency only	By appointment	Spiritual support & services (Call for more info)
17	Sistering Drop-In on Bloor 962 Bloor Street West 416 926-9762 www.sistering.org Wheel Chair Accessible: Yes Serves: Women Only	Mon: 11:30am-3pm Tues & Fri: 9:30am-5pm Wed, Thu, Sat & Sun: 9:30am-3pm	Yes	Yes	Yes	Yes	Doctor: Tues: 2pm-5pm Psychiatrist: Fri: 1pm-4:30pm	By app't	Yes	Yes	Tues-Sun: B: 9:30am Mon-Sun: L: Noon	No	Yes	Social recreational activities; advocacy; harm reduction; case management; staff speak various languages
9	Sistering Parkdale Drop-In c/o Masaryk 220 Cowan Avenue 416-588-3939 www.sistering.org Wheel Chair Accessible: Yes Serves: Women Only	Mon - Fri: 9am-1:30pm	No	Yes please call	No	No	No	No	No	No	Mon-Fri: B: 9:30am L: Noon	No	No	No
48	SKETCH: Working Arts for Street Involved and Homeless Youth 580 King Street West, 2nd Floor 416-516-5889 www.sketch.ca Wheel Chair Accessible: Yes Serves: Youth 15-29	Tues-Thu: 2pm-6pm	Yes	No	No	No	No	No	No	No	Tues-Thu: L:2pm	No	Tues-Thu: 2pm	Art making resources, materials and support

#	Drop-In Contact Details	Drop-In Hours	Job Help	Clothing	Computer and/or Internet Access	Housing Help	Health Care	Income Referral	Laundry	Shower	Meals	Food Bank	Counselling & Peer Support	Other Help:
05	St. John the Compassionate 155 Broadview Avenue 416-466-1357 www.stjohnmission.org Wheel Chair Accessible: Yes Serves: Adults	Wed-Fri: 9am-4pm Sat: 11am-2pm ^Holiday Hours: Dec. 25, & 26 only	Yes	Yes	Yes	Yes	Nurse visits	No	No	No	Wed-Sat: L: Noon Wed: D for Families only 5:30pm Out of the Cold B: Mon-Fri. 6am-9pm (Nov.15 – MAR31)	Family food bank by appt only	Yes	No
19	The Stop: Community Food Centre 1884 Davenport Road 416-652-7867 www.thestop.org Wheel Chair Accessible: Yes Serves: Adults	Mon, Tue, Thu, Fri: 9am-3pm Winter hours (Nov1-Apr1) 7:30am-3pm	Mon & Fri: Noon-3pm	No	Mon & Fri: Noon-3pm	Mon & Fri: Noon-3pm	No	Mon & Fri: Noon-3pm	No	No	Mon, Tues, Thu, Fri. B: 9am-10 am L: Noon – 1 pm Tues & Fri Snacks: Noon-1 pm	Mon. Tues. Thu. Fri. 12-3 pm	Mon & Fri: Noon-3pm	Yes
20	Syme-Woolner Neighbourhood & Family Centre 2468 Eglinton Avenue West 416-766-4634 www.symewoolner.org Wheel Chair Accessible: Yes Serves: Adults	Mon- Sun: 10am-3pm Wed: 10am-3pm & 5:30pm-7:30pm ^Holiday Hours: 11am-4pm	Yes	Mon- Wed: 10am- Noon	Yes	No	Yes	No	No	No	B: 10am -11am L: Noon-1pm Wed: 6pm	190 Woolner Ave. Tues & Thu 9am- Noon 2468 Eglinton Ave. W. appt only	Yes	Income tax filing, sewing group, community kitchen, harm reduction supplies
52	Toronto Council Fire Drop-In Program 439 Dundas Street East 416-360-4350 www.councilfire.ca/DropIn.htm Serves: Adults	Mon-Thu: 8:30am-5pm Fri: 8:30am-4pm Sat & Sun: 9am-3pm ^Holiday Hours: 10am-3pm	Yes	No	Yes	Tues & Thu	Yes	No	Wed: 1pm-5pm \$3.00 per load *	Mon- Wed & Fri: 9-11am*	Mon- Fri: Noon-12:30 Mon- Thu D: 4pm-4:30	Please call	Yes	ID, Support Letters, Court Support, Academic Upgrading, Support Circles / Groups, Cultural activities

#	Drop-In Contact Details	Drop-In Hours	Job Help	Clothing	Computer and/or Internet Access	Housing Help	Health Care	Income Referral	Laundry	Shower	Meals	Food Bank	Counselling & Peer Support	Other Help:
55	Toronto Friendship Centre 323 Dundas Street East 416-368-8179 www.thetorontofriendshipcentre.com Wheel Chair Accessible: Yes Serves: Adults	Mon-Fri 6am-5pm Sat & Sun: 7am-11am ^Extended Holiday Hours: 6am-11am (Not Christmas Day)	Yes	Yes	No	No	Yes	Yes	No	No	B: 7am,9am & 10:30am Sat, Sun & Holidays: 8:30am & 10:30am	No	Yes	social & recreational programs
50	Toronto Christian Resource Centre 415 Gerrard Street 416-364-1997 Wheel Chair Accessible: No www.tccrc.ca Serves: Adults	Mon-Fri: 9am-1:30pm	Yes	Please call	No	Yes	Yes	No	No	No	B: 9am-10:30am L: 11:30am-1:30pm	No	Yes	House hold items to coming off the streets into housing
07	Touchstone Youth Centre Drop-In 1076 Pape Avenue 416-696-6932 www.touchstoneyc.org Serves: Youth 16 – 24	Mon-Fri: 9am-5pm	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Mon-Fri: B: 8:30am L: Noon D: 5pm	Yes*	Yes	Variety of recreational activities and programs daily
08	Warden Woods Community Centre: Teesdale Centre Drop-In 40 Teesdale Place, 416-694-1138 www.wardenwoods.ca Wheel Chair Accessible: Yes Serves: Adults	Wed: 10am-4pm	No	Yes	No	Yes	Yes	No	No	No	Hot Lunch Wed: Noon Bag Lunch: Thu: Noon	No	No	No
24	Weston King Neighbourhood Centre 2017 Weston Road 416-241-9898 www.wknc.ca Wheel Chair Accessible: Yes Serves: Women and All Adults	Thu: (women only) 10am-2pm Mon, & Fri: 10am-2pm; Tue: 3pm-7pm; Sat: 10am-1pm ^Holiday Hours: 10am-1pm	No	Mon, Fri: 11am- Noon Thu: (women only) 10-2pm Tues: 4-5pm Sat & Stat: 11am- Noon	Mon, Fri: 10am-2pm	Mon & Fri: 10am- Noon Tues: 4:30pm-6pm	Tues: 4pm-6pm	Mon & Fri: 10am-2pm Tues: 3pm-7pm	Mon & Fri: 10am-2pm Tues: 3pm-7pm	Mon & Fri: 10am-11am L: Noon-1pm Tues: 6pm-7pm Thu: (women only) L: noon-1pm	No	No	No	Please call

#	Drop-In Contact Details	Drop-In Hours	Job Help	Clothing	Computer and/or Internet Access	Housing Help	Health Care	Income Referral	Laundry	Shower	Meals	Food Bank	Counseling & Peer Support	Other Help:
09	Woodgreen Community Services Drop-In 650 Queen Street East 416-546-6000 www.woodgreen.org Wheel Chair Accessible: Yes Serves: Adults	Mon- Fri: 9am-5pm	No	No	Yes	Yes	Please call	9am-Noon	9am-Noon	9am-Noon	Hot Lunch: Wed-Fri: times vary Bag Lunch: Mon-Fri Daily Grilled Cheese mornings (limited amount) Tues & Thu AM snacks	Tues: 10am	No	Legal clinic alternate Thu: 1pm-4pm ID clinic Fri: 11am-1pm
21	Wychwood Open Door 729 St. Clair Avenue West 416-652-0857 www.wychwoodopendoor.org Wheel Chair Accessible: No Serves: Adults	Mon, Wed & Fri: 9am-3pm	No	No	No	Every 2 nd Wed	No	No	No	No	B: 9am - 11am L: 12:30pm - 2pm	No	No	No
33	Yonge Street Mission's Evergreen Centre for Street Youth 381 Yonge Street 416-977-7259 www.ysm.on.ca Wheel Chair Accessible: Yes Serves: Youth 16-24	Mon-Fri: 12-6pm (Oct. May)	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Mon-Fri: L: 1pm-3pm D: 5pm-6pm	For Baby Needs only*	Yes	ID Clinic; legal; pre- natal; addictions; HIV/AIDS awareness; art
51	YouthLink Inner City Drop-in, 7 Vanauley St, 416-703-3361 http://www.youthlink.ca/ Serves: Youth	Mon, Wed & Fri: 9am - Noon & 1pm to 4pm Tues: 9am - 12pm Thu: 9am- Noon, 1pm to 4pm & 6:30 to 9pm	Mon & Wed	Yes	Yes	Yes	Thu AM	Yes	Yes	Yes	Yes	No	Yes	Tues: Legal Services Wed: Art Program Thu: New Outlook, Shout Clinic

* Service is restricted to certain groups of people, or happens every so often. Please call the location for details.

^ **Extended Holiday Hours:** Remembrance Day – Thu. Nov. 11th, 2010; Christmas Day – Sat. Dec. 25th, 2010; Family Day – Mon. Feb. 15th, 2011; Good Friday – Fri. Apr. 22nd, 2011; Easter Monday – Mon. Apr. 25th, 2011

ontario employment services

A full range of employment services is offered at the centres listed here as well as at each of the Toronto Employment and Social Services offices listed on page 35. For more information about employment programs, visit the Ministry of Training Colleges and Universities website www.edu.gov.on.ca/eng/tcu or call 1-800-387-5656 to speak to an employment counsellor.

City of York

Career Foundation

Lawrence Avenue West
416-243-0066
2100 Lawrence Avenue West, Suite 100
www.careerfoundation.com

COSTI

Caledonia Road
647-827-1425, 416-789-7925
700 Caledonia Road
www.costi.org

Learning Enrichment Foundation

416-769-0830
116 Industry Street
www.lefca.org

East York

Neighbourhood Link Support Services

Danforth Avenue
416-691-7407
3036 Danforth Avenue
www.neighbourhoodlink.org

Thornccliffe Neighbourhood Office

416-467-0126
1 Leaside Park Drive, Unit 7
www.thornccliffe.org

WoodGreen Community Services WoodGreen East York Employment Centre

416-615-1515
Building 1, Unit 4, 1450 O'Connor Drive
www.woodgreen.org

Etobicoke Central

Career Foundation

Islington Avenue
416-235-1091
2150 Islington Avenue, Suite 210
www.careerfoundation.com

Humber College

Central Etobicoke
416-234-8942
555 Burnhamthorpe Road, Suite 500
www.look4work.humber.ca

PTP Adult Learning and Employment Programs

416-239-8802
5415 Dundas Street West, Suite 106
www.ptp.ca

vpi Inc.

Etobicoke Centre
416-255-8400
56 Aberfoyle Crescent, Suite 600
www.vpi-inc.com

Etobicoke North

Community MicroSkills Development Centre

416-247-7181
1 Vulcan Street

Humber College

North Etobicoke
416-748-7200
1620 Albion Road, 2nd Floor
www.look4work.humber.ca

YMCA of Greater Toronto Employment and Community Services

Etobicoke
416-741-8714
Albion Mall, 1530 Albion Road, Unit 83
www.rexdaleyouth.org

Etobicoke South**JobStart**

Lake Shore Boulevard
416-231-2295
2930 Lake Shore Boulevard West
www.jobstartworks.org

North York East**ACCES Employment**

Don Mills Road
416-443-9008
1500 Don Mills Road, Suite 701
www.accestrain.com

Centre for Education & Training

Don Mills Road
416-444-8744
RBC Building, 1090 Don Mills Road, Suite 406
www.tcet.com

**Labour Education Centre
Employment Assessment Centre**

416-537-6532
15 Gervais Drive, Suite 100
www.laboureducation.org

Skills for Change

Flemingdon Park
416-645-2489
10 Gateway Boulevard, Unit 105

Toronto District School Board

Don Mills
416-395-5101
150 Consumers Road, Suite 110
www.next-steps.ca

**Tropicana Community Services
Organization**

Consumers Road
416-491-7000
505 Consumers Road, Suite 102

North York West**Career Foundation**

Lawrence Square
416-789-4862
Lawrence Square Mall, 700 Lawrence Avenue
West, Suite 435
www.careerfoundation.com

Humber College

Jane and Wilson
416-631-7600
Sheridan Mall, 1700 Wilson Avenue, Suite 211
www.look4work.humber.ca

Jamaican Canadian Association

416-746-5772
995 Arrow Road
www.jcassoc.org

JVS Toronto

Finch Avenue West
416-661-3010
1280 Finch Avenue West, Suite 607
www.jvstoronto.org

JVS Toronto

Jane Finch Mall
416-636-2481
Jane Finch Mall, 1911 Finch Avenue West,
Unit 3
www.jvstoronto.org

Toronto District School Board

Chesswood
416-395-9559
3701 Chesswood Drive, Suite 100
www.next-steps.ca

vpi Inc.

North York
416-784-9544
970 Lawrence Avenue West, Suite 203
www.vpi-inc.com

**YMCA of Greater Toronto
Employment and Community Services**

North York
416-635-9622
4580 Dufferin Street, 2nd Floor
www.ymcatoronto.org

Scarborough Central

ACCES Employment

Ellesmere Road
416-431-5326
2100 Ellesmere Road, Suite 250
www.accestrain.com

Centennial College

Midland Avenue
416-289-5000 ext. 7540
1450 Midland Avenue, Suite 300

Goodwill Toronto

Eglinton Avenue East
416-285-4320 ext. 221;
416-285-8876 ext. 240
2425 Eglinton Avenue East, Suite 303
www.goodwill.on.ca

Operation Springboard

416-849-4421
3195 Sheppard Avenue East, Unit 1A
www.operationspringboard.on.ca

Progress Career Planning Institute

416-439-8448
1200 Markham Road, Suite 400
www.pcpic.ca

Scarborough North

On-Track Career and Employment Services

416-283-5229
1371 Neilson Road, Suite 113
<http://get-on-track.net>

Seneca College

416-293-3722
3660 Midland Avenue, 2nd Floor
www.workforceready.ca

Toronto District School Board

Scarborough Rouge
416-396-8110
91 Rylander Boulevard
www.next-steps.ca

vpi Inc.

North Scarborough
416-293-7489
4168 Finch Avenue East, Unit PH76
www.vpi-inc.com

YMCA of Greater Toronto Employment and Community Services

Scarborough North East
416-335-5490
5635 Finch Avenue East, Units 9 and 10
www.ymcatoronto.org

YMCA of Greater Toronto Employment and Community Services

Scarborough
416-609-9622
10 Milner Business Court, Suite 600
www.ymcatoronto.org

Scarborough South

East Scarborough Storefront

416-208-9889
4040 Lawrence Avenue East
www.thestorefront.org

YWCA Toronto Employment and Skills Development

Cliffcrest
416-269-0090
3090 Kingston Road, 3rd Floor
www.ywcatoronto.org

YWCA Toronto Employment and Skills Development

Scarborough Village
416-264-5788
3730 Kingston Road, 2nd Floor
www.ywcatoronto.org

Toronto Central

Collège Boréal

416-962-4600
22 College Street, Suite 300
www.jobboreal.com

Miziwe Biik Aboriginal Employment and Training

416-591-2310
167 Gerrard Street East
www.miziwebiik.com

Times Change Women's Employment Service

416-927-1900
365 Bloor Street East, Suite 1704
www.timeschange.org

**Yonge Street Mission
Evergreen Centre for Street Youth**

416-929-9614
381 Yonge Street, Basement
www.ysm.ca

Youth Employment Services

Richmond Street West Site
416-504-5516
555 Richmond Street West, Suite 711
www.yes.on.ca

Toronto East**Centre for Education & Training**

Parliament Street
416-964-9797
595 Parliament Street, Main Floor
www.tcef.com

Dixon Hall

416-956-4949
489 Queen Street East, Suite 300
www.dixonhall.org

Fred Victor

416-364-8986
248 Queen Street East
www.fredvictor.org

JVS Toronto

Regent Park
416-929-4331
111 Wellesley Street East
www.jvstoronto.org

Newcomer Women's Services Toronto

416-751-8886
705 Danforth Avenue
www.newcomerwomen.org

Toronto District School Board

Riverdale Centre
416-396-2313
540 Jones Avenue, Room 11
www.next-steps.ca

WoodGreen Community Services

Danforth Avenue Site
989 Danforth Avenue
416-462-3110 ext. 2218
www.woodgreen.org

WoodGreen Community Services

Queen Street East Site
416-462-3110 ext. 2316
1080 Queen Street East
www.woodgreen.org

Toronto North**Career Foundation**

St. Clair Avenue East
416-920-5144
21 St. Clair Avenue East, Suite 1200
www.careerfoundation.com

Toronto Community Employment Services

416-488-0084 ext. 300
2221 Yonge Street, Suite 201
www.tces.on.ca

Toronto West**ACCES Employment**

College Street
416-921-1800
489 College Street, Suite 100
www.accestrain.com

Humber College

St. Clair Avenue West
416-654-5566
1345 St. Clair Avenue West, 2nd Floor
www.look4work.humber.ca

JobStart

Dufferin Street
416-231-2295 ext. 5721
219 Dufferin Street, Suite 1C, Building 201
www.jobstartworks.org

Skills for Change Employment Programs

416-658-3101; Information Line: 416-658-7090
791 St. Clair Avenue West
www.skillsforchange.org

St. Stephen's Community House Employment and Training Centre

Bathurst Street Site
416-531-4631
1415 Bathurst Street
www.ststephenshouse.com

Youth Employment Services

Bloor-Dundas Site
416-535-8448
1610 Bloor Street West, Main Floor
www.yes.on.ca

toronto employment and social services employment resource centres

General information: 416-392-8623
www.toronto.on.ca/socialservices
Career and Employment Information Specialists can assist with career development, resume and cover letter writing, interview skills and program referrals. Resources and services offered include computers, printers, telephones, job postings, workshops and presentations.

East District

Scarborough West

416-392-2749
1225 Kennedy Road

Scarborough North

YMCA
416-335-5490
5635 Finch Avenue East

Consillium Place

416-397-5560
100 Consillium Place

Central District

East Toronto

416-397-5837
1631 Queen Street East

Central Toronto

416-397-1788
150 Eglinton Avenue East, 9th floor

Golden Mile

416-392-3400
1880 Eglinton Avenue East

North District

North York East

416-392-4107
20 Lesmill Road

Lawrence Square

416-397-1590
700 Lawrence Avenue West

North York Central

416-397-9551
1117 Finch Avenue West

South District

Downtown

416-392-3430
111 Wellesley Street East, 2nd Floor

HighPark/Parkdale

416-397-7380
1900 Dundas Street West

Metro Hall

416-388-2749

55 John Street, Main Floor

Regent Park Employment Services

416-392-3456

530 Dundas Street East

West District**Attwell**

416-392-6402

220 Attwell Drive

Etobicoke South

416-397-9539

779 The Queensway

York Humber

416-392-6195

605 Rogers Road

extreme weather plans

Many of the services assisting people who are homeless and at risk of homelessness operate year round, including drop-ins, shelters, street outreach and overnight respite at the Streets to Homes Assessment and Referral Centre.

If you need emergency shelter

- Call 311 or Central Intake at 416-338-4766; 1-877-338-3398 toll free from any pay phone.

cold weather plan

No one needs to stay outside, especially not when the cold weather can make it dangerous. The Out of the Cold program provides 125 beds per night on average from mid-November to mid-April.

Extreme Cold Weather Alerts trigger additional services:

- 171 additional shelter beds.
- Tokens in several drop-ins for travel to shelter.
- Relaxing of shelter curfews and service restrictions.
- Additional overnight street outreach.

hot weather plan

Hot weather can be especially dangerous for the elderly, infants, people with chronic illness and those taking medications. A list of air conditioned public buildings, including drop-ins, is available on the City of Toronto's Public Health website, www.toronto.ca/health.

Heat and Extreme Heat Alerts trigger additional services:

- Canadian Red Cross Heat Information Line: 416-480-2616.
- Cooling centres are opened.
- Tokens in several drop-ins for travel.

Cooling Centres in Toronto during an Extreme Heat Alert

During an Extreme Heat Alert, Metro Hall is open 24 hours and all other locations are open 11:00 a.m. to 7:00 p.m., seven days a week. Water and snacks are available at the Cooling Centres. Check www.toronto.ca/health to confirm hours and availability.

- Metro Hall 55 John Street (24 hours)
- North York Civic Centre 5100 Yonge Street
- East York Civic Centre 850 Coxwell Avenue
- Etobicoke Olympium 590 Rathburn Road
- McGregor Community Centre
2231 Lawrence Avenue East
- Driftwood Community Centre 4401 Jane Street.
- Centennial Park Community Centre
1967 Ellesmere Road

To find out if you are eligible, contact the program directly.

Canada Child Tax Benefit

Toll Free: 1-800-387-1193

www.cra-arc.gc.ca

- A tax-free monthly payment made to eligible families to help them with the cost of raising children under 18.

Canada Pension Plan (CPP)

Toll Free: 1-800-277-9914

TTY Toll Free: 1-800-255-4786

www.servicecanada.gc.ca

- Retirement Pension
- Disability Benefits
- Death Benefit
- Children's Benefits
- Survivor's Pension

Employment Insurance (EI)

Toll Free: 1-800-206-7218

TTY Toll Free: 1-800-529-3742

www.servicecanada.gc.ca

- Regular Benefits
- Maternity and Parental Benefits
- Sickness Benefits
- Compassionate Care Benefits
- Fishing Benefits
- Workers and/or Residents Outside Canada
- Family Supplement

GST/HST Credit

Toll Free: 1-800-959-1953

www.cra-arc.gc.ca

- The GST/HST Credit program issues payments to Canadians with low and modest incomes to help offset all or part of the GST/HST they pay on the purchase of goods and services.
- The Canada Revenue Agency website provides information on application procedures, eligibility and payment of the GST/HST credit.
- You must file an income tax return to benefit.

Guaranteed Income Supplement (GIS)

Toll Free: 1-800-277-9914

TTY Toll Free: 1-800-926-9105

www.servicecanada.gc.ca

- Provides additional money, on top of the Old Age Security pension, to low-income seniors living in Canada.

Old Age Security (OAS)

Toll Free: 1-800-277-9914

TTY Toll Free: 1-800-255-4786

www.servicecanada.gc.ca

- Old Age Security Pension
- Allowance Program
- Allowance for the Survivor
- Guaranteed Income Supplement
- Old Age Security Identification Card

Ontario Child Benefit

Toll Free: 1-866-387-1193

TTY Toll Free: 1-800-387-5559

www.gov.on.ca/children

- Eligibility is based on the number of children under age 18 in your family and your family's net income.

Ontario Disability Support Program (ODSP)

Toll Free: 1-800-808-2268

www.mcass.gov.on.ca

- ODSP is designed to meet the needs of people with disabilities who are in financial need, or who want and are able to work and need support.

ODSP Offices:

North York

General Inquiry: 416-325-5900

TTY: 416-325-5846

1870 Wilson Avenue

Scarborough

General Inquiry: 416-325-0123

TTY: 416-326-7290

770 Birchmount Road, Unit 30

Toronto/East York

General Inquiry: 416-314-6514

TTY: 416-314-6521

47 Sheppard Avenue East, 6th Floor

Downtown

General Inquiry: 416-314-5700

TTY: 416-314-3393

385 Yonge Street, 2nd Floor

Ontario Works (OW)

Toronto Employment and Social Services

General information: 416-392-8623

Apply for assistance: 416-397-0330

Apply online: www.toronto.ca/socialservices

Client Services Information Unit:

416-392-2956

- Employment and Social Services provides employment supports, financial benefits and social supports to people living in Toronto.
- Staff in offices across the city provide a range of services including help finding a job, financial support, and help accessing childcare.
- For an up-to-date list of offices and corresponding postal codes (areas of service), see www.toronto.ca/socialservices.

Services in other languages

Multilingual Access Lines

Employment and Social Services staff provide general information about Employment and Social Services and Ontario Works in the languages listed below. When you call one of these numbers you may leave a message and a staff person will call you back to give you information about Ontario Works, and tell you how to apply, or give you information about services and supports in your community.

Chinese	416-397-7383
French	416-397-7385
Persian/Farsi	416-392-2987
Polish	416-392-4225
Portuguese	416-397-7381
Russian	416-397-0123
Somali	416-397-7384
Spanish	416-397-7382
TTY	416-392-2823

When applying for Ontario Works, if you do not speak English you will need an interpreter when you call. For help finding an interpreter visit www.211toronto.ca or call one of the above multilingual access lines.

trustee programs

Ontario Ministry of the Attorney General

Office of the Public Guardian and Trustee

416-314-2800

Toll Free: 1-800-366-0335

TTY: 416-314-2687

55 Bay Street, Suite 800

www.attorneygeneral.jus.gov.on.ca

- Manages the financial affairs of persons who are mentally incapable and without someone to act on their behalf.

Evangel Hall

416-504-3563

552 Adelaide Street West

www.evangelhall.ca

- Voluntary trusteeships for local residents who want this service.

Neighbourhood Information Post Housing Trusteeship Program

416-924-2543

269 Gerrard Street East, 2nd Floor

www.nipost.org

- Helps individuals maintain rental accommodation on a pre-authorized basis.
- Budget counselling.

St. Stephen's Community Centre

416-964-8747

260 Augusta Avenue

www.ststephenshouse.com

- Voluntary trusteeship program.
- There is a waiting list.

For emergencies please dial 9-1-1

general information and referral

The following services can help you connect to health services, answer general health questions and provide confidential advice.

Community Care Resources

416-506-9888

Toll Free: 1-866-243-0061

www.toronto.communitycareresources.ca

Community Care Access Centres (CCACs) are local organizations that can help access government-funded home care services and long-term care homes. They also help people to navigate community support and health agencies. Anyone can make a referral to a CCAC - you, a family member, caregiver, friend, physician or other health care professional.

CCAC Services

If eligible, services include:

- Nursing.
- Personal support (help with bathing, dressing, etc.).
- Medical supplies and equipment.
- Acquired brain injury.
- Convalescent Care (short-term care in a Long-Term Care Home).
- Mental health.
- Palliative care (care at the end of life).

Healthy Ontario

www.healthyontario.com

- General health information.
- Advice on fitness and nutrition.
- For information on street drugs call the Centre for Addiction and Mental Health 416-595-6111.

Telehealth Ontario

Toll Free: 1-866-797-0000

TTY Toll Free: 1-866-797-0007

- A free, confidential telephone service for general health information or advice from a Registered Nurse.
- Callers do not need a Health Card.
- 24 hours a day, seven days a week.

Toronto Public Health

Toronto Health Connection Information Line:

416-338-7600

TTY: 416-392-0658

www.toronto.ca/health/thc_index.htm

- Information and access to all Toronto Public Health programs and services.
- Free, confidential information and advice.

finding a new doctor

Health Care Connect

Toll Free: 1-800-445-1822

www.health.gov.on.ca

- Ministry of Health and Long-Term Care (MOHLTC) program that helps people find a health care provider accepting new patients.
- Registrations taken over the phone.
- A valid OHIP card is needed.

Housecalls

MedVisit Doctors Housecall Service

416-631-3000

www.medvisit.ca

- Doctors make house calls for non-emergency situations.
- All charges covered by Ontario Health Insurance.
- OHIP card needed.

ontario health insurance program

Ontario Ministry of Health

INFOline Toll Free: 1-800-664-8988

Toll Free TTY: 1-800-387-5559

To book an appointment for new or replacement cards, call Toll Free: 1-888-376-5197 or go to the closest Service Ontario Centre.

Service Ontario Centres:

988 Albion Road, Rexdale
 777 Bay Street, Lower Level
 534 College Street, Downtown
 3555 Don Mills Road, Don Mills
 3025 Kingston Road, Scarborough South
 1025 Lake Shore Boulevard East, Lakeshore
 2063 Lawrence Avenue East, Scarborough
 2300 Lawrence Avenue East, Scarborough North
 907 Millwood Road, Leaside
 1871 O'Connor Drive, Golden Mile
 47 Sheppard Avenue East, North York
 250 The East Mall, Etobicoke
 1255 Queensway, Etobicoke South
 33 Victoria Street, Downtown
 250 Wincott Drive, Weston

Health Card (OHIP) offices:

1-888-376-5197

3300 Bloor Street West, Unit 142

4400 Dufferin Street North, Unit 4A

If none of the service counter locations listed are convenient, the mobile health card Outreach service may be available. Please call the ServiceOntario INFOline at 1-888-376-5197 and ask for information about Outreach.

financial assistance for medical needs

Ontario Ministry of Health and Long-Term Care

Assistive Devices Program: 416-327-8804

Toll Free: 1-800-268-6021

Toll Free TTY: 1-800-387-5559

www.health.gov.on.ca

- Ontario residents with long-term physical disabilities and valid Health Cards can apply for help paying for medical equipment and devices.
- Items covered include eye glasses, hearing aids, diabetes supplies, prosthetic devices and mobility devices. (See website for full list.)

Toronto Employment and Social Services

To apply for assistance: 416-397-0330

www.toronto.ca/socialservices

- If you need to pay for special health-related items, Employment and Social Services may be able to help.
- You do not have to be receiving social assistance to be eligible for these benefits.
- If you are already on assistance speak to your caseworker directly.
- Items you can get help with include medical supplies, mobility supplies and sensory aids.

community health centres

Community Health Centres provide primary health care and prevention programs. Keep in mind that most community health centres only provide services to people who live within their particular community and/or target populations.

Etobicoke

LAMP Community Health Centre

416-252-6471

185 Fifth Street

www.lampchc.org

Rexdale Community Health Centre

416-744-0066

8 Taber Road

www.rexdalechc.com

- No Ontario Health Insurance required for general services.

Stonegate Community Health Centre

416-231-7070

150 Berry Road (Stonegate Plaza)

www.stonegatechc.org

- No Ontario Health Insurance required for general services.

North York

Black Creek Community Health Centre

416-249-8000
2202 Jane Street, Unit 5 (Sheridan Mall)
www.bcchc.com

- No Ontario Health Insurance required for general services.

Flemington Health Centre

416-429-4991
10 Gateway Boulevard
www.fhc-chc.com

- No Ontario Health Insurance required for general services; call for assessment.

Unison Health and Community Services

416-787-1661
12 Flemington Road
www.newheightshealth.org

- No Ontario Health Insurance required for general services.

Scarborough

TAIBU Community Health Centre

416-344-3539
Community Programs: 416-644-3539
1371 Neilson Road, Unit 418
www.taibuchc.ca

- No Ontario Health Insurance required for general services.

West Hill Community Health Centre

416-642-9445
3545 Kingston Road
www.westhill-cs.on.ca

- Language Line Services provides access to services in over 150 languages.
- No Ontario Health Insurance required for general services.

Toronto/East York

Access Alliance Multicultural Community Health Centre

416-324-8677
340 College Street, Suite 500
www.accessalliance.ca

- A community health team of social workers, dietitians, community workers and peer outreach workers, strives to be accessible to immigrants and refugees.

Anishnawbe Health Toronto

416-360-0486
225 Queen Street East
www.aht.ca

- Provides Traditional Healing within a multidisciplinary health care model to improve the health and well-being of Aboriginal people.

The Anne Johnston Health Station

416-486-8666
TTY: 416-486-6759
2398 Yonge Street
www.ajhs.ca

- A range of programs and services promotes the health and well-being of seniors, youth and people with physical disabilities requiring an accessible, barrier free environment.
- No Ontario Health Insurance required for general services.

Centre Francophone de Toronto

416-922-2672
Toll Free: 1-800-268-1697
22 College Street, Main Floor
www.centrefranco.org

- French-speaking people living, working, studying or visiting in Toronto.
- Interpreter service, free diagnostic and specialist services for uninsured immigrants without legal status.

Davenport-Perth Neighbourhood Centre

416-656-6812
1900 Davenport Road
www.dpnc.ca

- No Ontario Health Insurance required for general services (some limitations apply).

East End Community Health Centre

416-778-5858
1619 Queen Street East

- No Ontario Health Insurance required for general services.

The Four Villages Community Health Centre

416-604-3361
1700 Bloor Street West
www.4villageschc.ca

- No Ontario Health Insurance required for general services.

Parkdale Community Health Centre

416-537-2455
1229 Queen Street West
www.pchc.on.ca

- General medical services, mental health and addiction programs.
- No Ontario Health Insurance required for general services.

Queen West Health Centre

416-703-8482
168 Bathurst Street
www.ctchc.com

Regent Park Community Health Centre

416-364-2261
465 Dundas Street East
www.regentparkchc.org

Sherbourne Health Centre

416-324-4180
333 Sherbourne Street
www.sherbourne.on.ca

- Primary health care services for persons who do not have a family doctor.
- Primary health care and counselling services for lesbian, gay, bisexual and trans individuals.
- No Ontario Health Insurance required for general services.

Shout Clinic**Queen West Community Health Centre**

416-703-8480
168 Bathurst Street
www.ctchc.com

- Serves homeless and street-involved youth under 25 years.
- No Ontario Health Insurance required for general services.

South Riverdale Community Health Centre

416-461-1925
955 Queen Street East
www.srchc.ca

- No Ontario Health Insurance required for general services.

Women's Health in Women's Hands

416-593-7655
TTY: 416-593-5835
2 Carlton Street, Suite 500
www.whiwh.com

- Provides primary healthcare for women of colour from the Caribbean, African, Latin American and South Asian communities.
- No Ontario Health Insurance required for general services.

York Community Services

416-653-5400
1651 Keele Street
www.ycservices.com

- No Ontario Health Insurance required for general services.

sexual health clinics

Toronto Public Health Aids and Sexual Health InfoLine

416-392-2437

Toll Free 1-800-668-2437

- Call to speak to a counsellor or locate a nearby sexual health clinic.
- Anonymous.

Bay Centre for Birth Control

416-351-3700

790 Bay Street, 8th Floor

www.womenshealthmatters.ca

Monday, Friday 9:00 a.m.-5:00 p.m.

Tuesday, Wednesday, Thursday

9:00 a.m.-7:30 p.m.

Saturday 9:00 a.m.-12:30 p.m.

- The centre offers a range of sexual and reproductive health services for women.
- You don't need a doctor's referral to visit the Bay Centre, but it is best to make an appointment.

Hassle Free Clinic

416-922-0566

TTY: 416-922-3425

66 Gerrard Street East, 2nd Floor

www.hasslefreeclinic.org

- Counselling and medical services for birth control and sexually transmitted diseases.
- Service is confidential.
- No Ontario Health Insurance required.
- Free condoms.
- Needle exchange.

Men/trans:

Monday, Wednesday 4:00 p.m.-8:00 p.m.

Tuesday, Thursday 10:00 a.m.-3:00 p.m.

Friday 4:00 p.m.-7:00 p.m.

Saturday 10:00 a.m.-2:00 p.m.

Women/trans:

Monday, Wednesday, Friday 10:00 a.m.-

3:00 p.m.

Tuesday, Thursday 4:00 p.m.-8:00 p.m.

Planned Parenthood of Toronto

416-961-0113

36B Prince Arthur Avenue

www.ppt.on.ca

- A Community Health Centre offering a full range of primary health care services for youth 13-29.
- Offers STI testing, counselling and sexual education services.

Booked appointments:

Monday, Tuesday, Thursday, Friday

9:30 a.m.-3:00 p.m.

Wednesday 9:30 a.m.-12:00 p.m.

Drop-in hours:

Monday, Tuesday, Thursday 1:00 p.m.-8:00 p.m.

Wednesday 4:00 p.m.-8:00 p.m.

Friday 1:00 p.m.-4:00 p.m.

Saturday 10:00 a.m.-1:30 p.m.

hospitals with emergency rooms

For emergencies please dial 9-1-1.

Etobicoke

William Osler Health Centre,

Etobicoke General Hospital

416-747-3528

101 Humber College Boulevard

(Highway 27-Finch Avenue West)

www.williamoslerhc.on.ca

North York

Humber River Regional Hospital

Finch Avenue Site

416-744-2500

2111 Finch Avenue West (at Highway 400)

www.hrrh.on.ca

North York General Hospital

416-756-6000

4001 Leslie Street (at Sheppard Avenue East)

www.nygh.on.ca

Sunnybrook Health Sciences Centre

416-480-6100

2075 Bayview Avenue (at Lawrence Avenue East)

www.sunnybrook.ca

Scarborough**Scarborough Hospital, General Campus**

416-431-8181
3050 Lawrence Avenue East (at McCowan Road)
www.tsh.to

Scarborough Hospital, Birchmount Campus

416-495-2550
3030 Birchmount Road (at Finch Avenue East)
www.tsh.to

Toronto/East York**Hospital for Sick Children**

(up to age 17)
416-813-1500
555 University Avenue
(at Gerrard Street West)
www.sickkids.ca

Mount Sinai Hospital

416-586-4800 ext. 5054
600 University Avenue (at College Street)
www.mtsinai.on.ca

St. Joseph's Health Centre

416-530-6003
30 The Queensway (at Roncesvalles Avenue)
www.stjoe.on.ca

St. Michael's Hospital

416-360-4000
30 Bond Street
(Church Street-Queen Street East)
www.stmichaelshospital.com

Toronto East General Hospital

416-461-8272 ext. 6435
825 Coxwell Avenue (at Mortimer Avenue)
www.tegh.on.ca

Toronto General Hospital

416-340-3947
190 Elizabeth Street
(University Avenue-Gerrard Street West)
www.uhn.ca

Toronto Western Hospital

416-603-5800 ext. 2777
399 Bathurst Street (at Dundas Street West)
www.uhn.ca

HOP ON THE SHERBOURNE HEALTH BUS
Weekly Stops Fall & Winter 2010/2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>3pm-5pm 14 Vaughan Rd. (St. Clair & Bathurst)</p> <p>Native Men's Residence (Na-Me-Res) Toronto CCAC nurse from North District</p>	<p>12:30pm-2pm 835 Queen St. E at Logan Ave.</p> <p>Woodgreen Community Centre Partner with South Riverdale Community Health Centre & COUNTERfit Volunteer nurses</p>	<p>5am-9am Sex Workers Stop Mobile Clinic going east to west (South Riverdale to Parkdale)</p> <p>South Riverdale CHC, Casey House, Parkdale CHC, Maggies, St. Stephen's House, Street Outreach Services, Queen West CHC</p>	<p>Noon-2pm Gerrard St. & Sherbourne St.</p> <p>Toronto People With AIDS Foundation Casey House nurses</p>	<p>NO STOPS Bus Maintenance Day</p>		<p>11am-1pm 519 Church St.</p> <p>519 Community Centre Drop-in Volunteer nurses</p>
	<p>6pm-7pm 86 Lombard St. (near Jarvis) *WOMEN ONLY* Trans women and trans men welcome</p> <p>Fred Victor Women's Hostel CCAC & volunteer nurses</p>	<p>11pm-2pm Dundas St. East & Parliament St.</p> <p>Toronto Council Fire Drop-in CCAC nurses</p>	<p>5:30pm-7:30pm 805 Wellington St. W at Strachan Ave.</p> <p>Strachan House Toronto CCAC nurses</p>			
	<p>7pm-9:30pm Sherbourne St. & Queen St. East</p> <p>Salvation Army Maxwell Meighen Centre CCAC & volunteer nurses</p>	<p>5:30pm-7pm 41 Earl St. (Sherbourne St., north of Wellesley St.)</p> <p>Red Cross – Our Lady of Lourdes Church Volunteer nurses</p>				

Free Nursing Care, Hygiene Supplies, Information and Referral.

All services are confidential and you don't need a Health Card. Tel: Health Bus Office (416) 324-4170; Mobile (416) 881-3300.

AIDS & Sexual Health Information Line

416-392-2437

Toll Free: 1-800-668-2437

- Information, referral and counselling.
- Assistance available in different languages.

AIDS Committee of Toronto

416-340-2437

399 Church Street, 4th floor

www.actoronto.org

- Counselling, support groups, information and referral.

Casey House Hospice

416-962-7600

9 Huntley Street

www.caseyhouse.com

- Palliative and supportive care residence for people living with HIV/AIDS.

Fife House

416-205-9888

490 Sherbourne Street, 2nd floor

www.fifehouse.org

- Transitional and permanent shared housing.
- Outreach program for homeless persons living with HIV/AIDS.

Good Shepherd Ministries**Barrett House**

35 Sydenham Street

416-869-3619 ext. 260

www.goodshepherd.ca

- Residence for persons with HIV/AIDS who are formerly homeless and/or unsupported.

LOFT Community Services**McEwan Housing and Support Services**

416-929-6228

20 Dundonald Street

www.loftcs.org

- Supportive housing for adults HIV/AIDS and mental health and addiction issues.

Prisoners HIV/Aids Support Action Network

416-920-9567

Toll Free: 1-866-224-9978 collect calls accepted from prisoners and youth in custody

314 Jarvis Street, Suite 100

www.pasan.org

- Counselling, advocacy, assistance accessing community supports.

Toronto People with AIDS

416-506-1400

200 Gerrard Street East, 2nd floor

www.pwatoronto.org

- Treatment information, counselling and assistance applying for income support programs.

Sherbourne Health Centre

Community Naturopathic Clinic for People living with HIV/AIDS

416-324-4164

333 Sherbourne Street

www.sherbourne.on.ca

- Provides naturopathic care including herbs and supplements, acupuncture, and homeopathy free of charge to people living with HIV/AIDS.
- To make an appointment, contact the naturopathic co-ordinator.

Regent Park Community Health Centre HIV Program

465 Dundas Street East

416-203-4505

www.regentparkchc.org

- Provides individual primary care including comprehensive clinical care, counselling and case management support services to those in their catchment area.

HIV & AIDS Legal Clinic

416-340-7790

Toll Free: 1-888-705-8889

65 Wellesley Street East, Suite 400

www.halco.org

- Free legal services for people living with HIV/AIDS in Ontario

housing applications

Housing Connections

416-981-6111

176 Elm Street, Main Floor

www.housingconnections.ca

Monday, Wednesday, Thursday and Friday
8:30 a.m.-4:30 p.m.

Tuesday 10:00 a.m.-6:00 p.m.

- Housing Connections manages the centralized waiting list for rent-geared-to-income (RGI) units.
- People who need rent-geared-to-income housing must apply through Housing Connections and keep their information up to date.
- To fill out or update an application, visit Housing Connections online or go to their office.

Toronto Mental Health and Addictions Supportive Housing Network

416-979-1994

Fax: 416-916-1689

205 Richmond Street West, Suite 301

Toronto ON M5V 1V3

<http://hsn-registry.roxysoftware.com>

- People who are looking for supportive housing can go to any of the partner agencies listed on the website to fill in the application.
- The application is also available online, to be downloaded.
- Applications can be mailed or faxed.
- Applicants will be contacted within one business day of receiving the application to confirm its arrival.

housing help centres

Housing Help workers have information about available housing and can help fill out housing applications. They can also help talk to landlords or give advice on housing issues, income support programs and eviction prevention.

Etobicoke/York

Albion Neighbourhood Services North

416-741-1553

1530 Albion Road, Suite 205

www.albionservices.ca

Monday-Friday 9:30 a.m.-5:00 p.m.

Albion Neighbourhood Services South

416-252-5990

185 Fifth Street

www.albionservices.ca

Monday-Friday 9:30 a.m.-5:00 p.m.

West Toronto Housing Help Services

416-531-0841

21 St. Clair Avenue East, Suite 400

Monday-Friday 9:00 a.m.-5:00 p.m.

Unison Help and Community Services

416-653-5400

1651 Keele Street

www.unisonhcs.org

Monday-Friday 9:00 a.m.-5:00 p.m. (please call for an appointment)

Wednesday: self-help housing clinic.

North York

COSTI - North York Housing Help Centre

416-244-0480

North York Sheridan Mall

1700 Wilson Avenue, Suite 114

www.costi.org

Monday-Wednesday 8:30 a.m.-6:30 p.m.

Thursday and Friday 8:30 a.m.-4:30 p.m.

Scarborough**Scarborough Housing Help Centre**

416-285-8070
2500 Lawrence Avenue East, Unit 205
www.shhc.org
Monday-Thursday 8:30 a.m.-4:30 p.m.
Friday 8:30 a.m.-2:00 p.m.

Toronto/East York**East York Housing Help Centre**

(East York East Toronto Family Resources Organization)
416-698-9306
71 Gough Avenue
www.eastyorkhousinghelp.ca
Monday-Friday 9:00 a.m.-4:30 p.m.
(by appointment)

Flemingdon Neighbourhood Services

416-424-2900
10 Gateway Boulevard, Suite 104
www.fnservices.org
Monday-Friday 9:00 a.m.-5:00 p.m.

WoodGreen Community Centre

416-645-6000 ext. 1175
650 Queen Street East
www.woodgreen.org
Monday 9:00 a.m.-12:30 p.m. (drop-in)
Tuesday, Wednesday (please call for an appointment)
Thursday 1:00 p.m.-5:00 p.m. (drop-in)
Friday closed.

Housing Help in Shelters

Most shelters have housing help workers who can help clients search for housing, assist with filling out applications and accompany them on appointments.

Streets to Homes

416-392-0090
129 Peter Street
Monday-Friday 9:00 a.m.-4:00 p.m.
(walk-in service)

- Assistance to find and keep housing for people who are street involved.

If you need to replace or get identification such as a passport or birth certificate, you will need to apply at a government office. Service Canada handles federal programs such as Citizenship and Social Insurance. Service Ontario handles provincial programs such as Health Cards and Driver's Licences.

service canada

Toll Free: 1-800-622-6232
 TTY Toll Free: 1-800-926-9105
www.servicecanada.gc.ca

- General information on getting or replacing a passport, Social Insurance Number or Permanent Resident Card.

Service Canada Centres:

Toronto Cecil Street Community Centre

58 Cecil Street
 • Scheduled outreach site. See website for details.

Toronto Centre

25 St. Clair Avenue East

Toronto City Hall

100 Queen Street West

Toronto Dufferin Mall

900 Dufferin Street

Toronto Etobicoke South

779 The Queensway
 • Scheduled outreach site. See website for details.

Toronto Flemingdon Park

29 St. Dennis Drive
 • Scheduled outreach site. See website for details.

Toronto Gerrard Square

1000 Gerrard Street East

Toronto Lawrence Square

700 Lawrence Avenue West

Toronto Metro Hall

55 John Street
 • Scheduled outreach site. See website for details.

Toronto Rogers Road

605 Rogers Road
 • Scheduled outreach site. See website for details.

Toronto Willowdale

4900 Yonge Street

service ontario

Toll Free: 1-800-268-8758
www.serviceontario.ca

- Health Card renewal and replacement.
- General information and referral for government programs and services.

Service Ontario Centres:

Toll Free: 1-800-267-8097
 988 Albion Road, Rexdale
 777 Bay Street, Lower Level
 534 College Street
 3555 Don Mills Road, Don Mills
 3025 Kingston Road, Scarborough South
 1025 Lake Shore Boulevard East, Lakeshore
 2063 Lawrence Avenue East, Scarborough
 2300 Lawrence Avenue East, Scarborough North
 907 Millwood Road, Leaside
 1871 O'Connor Drive, Golden Mile
 47 Sheppard Avenue East, North York
 250 The East Mall, Etobicoke
 1255 Queensway, Etobicoke South
 33 Victoria Street, Downtown
 250 Wincott Drive, Weston

Health Card (OHIP) offices:

1-888-376-5197
 3300 Bloor Street West, Unit 142
 4400 Dufferin Street North, Unit 4A

If none of the service counter locations listed are convenient, the mobile health card Outreach service may be available. Please call the ServiceOntario INFOline at 1-888-376-5197 and ask for information about Outreach.

id clinics and storage

Street Health

416-921-8668
 338 Dundas Street East
www.streethealth.ca
 I.D. Replacement

- Assistance with applying for replacement of personal identification.
- Call 416-921-8668 for upcoming I.D. clinics.

 I.D. Safe

- Operates weekdays, providing a secure place to store identification.
- Call 416-925-0043 for more information and hours.

toronto public library

Library materials and Internet access are available for free at ALL Toronto Public Library locations. They also have all sorts of interesting seminars, workshops and events. Check out their online calendar. If you want to use the Internet, a library card provides unlimited access. A temporary ID number can be issued for single use. Newly housed tenants who want a library card can present a current bill, invoice, government cheque or any current legal document with their name and address on it. If none of these options are available please speak to your local library staff about additional options.

Toronto Public Library

416-393-7131
TTY: 416-393-7030
www.torontopubliclibrary.ca

toronto public library branches**Etobicoke/York****Albion**

416-394-5170
1515 Albion Road
Wheelchair Accessible/Wifi

Alderwood

416-394-5310
2 Orianna Drive
Wheelchair Accessible/Wifi

Brentwood

Closed for renovations

Eatonville

416-394-5270
430 Burnhamthorpe Road
Wheelchair Accessible/Wifi

Elmbrook Park

416-394-5290
2 Elmbrook Crescent
Wheelchair Accessible/Wifi

Evelyn Gregory

416-394-1006
120 Trowell Avenue
Wifi

Humber Bay

416-394-5300
200 Park Lawn Road
Wheelchair Accessible/Wifi

Humberwood

416-394-5210
850 Humberwood Boulevard
Wheelchair Accessible/Wifi

Jane/Dundas

416-394-1014
620 Jane Street
Wheelchair Accessible/Wifi

Long Branch

416-394-5320
3500 Lake Shore Boulevard West
Wheelchair Accessible/Wifi

Maria A. Shchuka

416-394-1000
1745 Eglinton Avenue West
Wheelchair Accessible/Wifi

Mimico Centennial

416-394-5330
47 Station Road
Wifi

Mount Dennis

416-394-1008
1123 Weston Road
Wheelchair Accessible/Wifi

New Toronto

416-394-5350
110 Eleventh Street
Wheelchair Accessible/Wifi

Northern Elms

416-394-5230
123B Rexdale Boulevard, Unit 5
Wheelchair Accessible/Wifi

Oakwood Village Library and Arts Centre

416-394-1040
341 Oakwood Avenue
Wheelchair Accessible/Wifi

Rexdale

416-394-5200
2243 Kipling Avenue
Wheelchair Accessible/Wifi

Richview

416-394-5120
1806 Islington Avenue
Wheelchair Accessible/Wifi

Weston

416-394-1016
2 King Street
Wheelchair Accessible/Wifi

North York**Amesbury Park**

416-395-5420
1565 Lawrence Avenue West
Wheelchair Accessible/Wifi

Armour Heights

416-395-5430
2140 Avenue Road
Wheelchair Accessible/Wifi

Barbara Frum

416-395-5440
20 Covington Road
Wheelchair Accessible/Wifi

Bayview Village Shopping Centre

416-395-5460
2901 Bayview Avenue
Wheelchair Accessible/Wifi

Black Creek

416-395-5470
North York Sheridan Mall
1700 Wilson Avenue
Wheelchair Accessible/Wifi

Brookbanks

416-395-5480
210 Brookbanks Drive
Wheelchair Accessible/Wifi

Centennial

416-395-5490
578 Finch Avenue West
Wheelchair Accessible/Wifi

Don Mills

416-395-5710
888 Lawrence Avenue East
Wheelchair Accessible/Wifi

Downsview

416-395-5720
2793 Keele Street
Wheelchair Accessible/Wifi

Fairview

416-395-5750
35 Fairview Mall Drive
Wheelchair Accessible/Wifi

Flemingdon Park

416-395-5820
29 St. Dennis Drive
Wheelchair Accessible/Wifi

Hillcrest

416-395-5830
5801 Leslie Street
Wheelchair Accessible/Wifi

Humber Summit

416-395-5840
2990 Islington Avenue
Wheelchair Accessible/Wifi

Jane/Sheppard

416-395-5966
1906 Sheppard Avenue West
Wheelchair Accessible/Wifi

North York Central Library

416-395-5535
5120 Yonge Street
Wheelchair Accessible/Wifi

Pleasant View

416-395-5940
575 Van Horne Avenue
Wheelchair Accessible/Wifi

Victoria Village

416-395-5950
184 Sloane Avenue
Wheelchair Accessible/Wifi

Woodview Park

416-395-5960
16 Bradstock Road
Wheelchair Accessible/Wifi

York Woods

416-395-5980
1785 Finch Avenue West
Wheelchair Accessible/Wifi

Scarborough**Agincourt**

416-396-8943
TTY: 416-396-8953
155 Bonis Avenue
Wheelchair Accessible/Wifi

Albert Campbell

416-396-8890
496 Birchmount Road
Wheelchair Accessible/Wifi

Bendale

416-396-8910
1515 Danforth Road
Wheelchair Accessible/Wifi

Bridlewood

416-396-8960
Bridlewood Mall
2900 Warden Avenue
Wheelchair Accessible/Wifi

Burrows Hall

416-396-8740
1081 Progress Avenue
Wheelchair Accessible/Wifi

Cedarbrae

416-396-8850
545 Markham Road
Wheelchair Accessible/Wifi

Cliffcrest

416-396-8916
3017 Kingston Road
Wheelchair Accessible/Wifi

Eglinton Square

416-396-8920
Eglinton Square Mall
1 Eglinton Square, Unit 126
Wheelchair Accessible/Wifi

Goldhawk Park

416-396-8964
295 Alton Towers Circle
Wheelchair Accessible/Wifi

Guildwood

416-396-8872
Guildwood Plaza
123 Guildwood Parkway
Wheelchair Accessible/Wifi

Highland Creek

416-396-8876
3550 Ellesmere Road
Wheelchair Accessible/Wifi

Kennedy/Eglinton

416-396-8924
Liberty Square Shopping
Plaza
2380 Eglinton Avenue East
Wheelchair Accessible/Wifi

Malvern

416-396-8969
30 Sewells Road
Wheelchair Accessible/Wifi

Maryvale

416-396-8931
Parkway Mall
85 Ellesmere Road
Wheelchair Accessible/Wifi

McGregor Park

416-396-8935
2219 Lawrence Avenue East
Wheelchair Accessible/Wifi

Morningside

416-396-8881
4279 Lawrence Avenue East
Wheelchair Accessible/Wifi

Port Union

416-396-8885
5450 Lawrence Avenue East
Wheelchair Accessible/Wifi

Steeles

416-396-8975
Bamburgh Gardens Plaza
375 Bamburgh Circle
Wheelchair Accessible/Wifi

Taylor Memorial

416-396-8939
1440 Kingston Road
Wheelchair Accessible/Wifi

Woodside Square

416-396-8979
Woodside Square Mall
1571 Sandhurst Circle
Wheelchair Accessible/Wifi

Toronto/East York

Annette Street

416-393-7692
145 Annette Street
Wheelchair Accessible/Wifi

Beaches

416-393-7703
2161 Queen Street East
Wheelchair Accessible/Wifi

Bloor/Gladstone

416-393-7674
1101 Bloor Street West
Wheelchair Accessible/Wifi

City Hall

416-393-7650
Nathan Phillips Square
100 Queen Street West
Wheelchair Accessible/Wifi

College/Shaw

416-393-7668
766 College Street
Wheelchair Accessible/Wifi

Danforth/Coxwell

416-393-7783
1675 Danforth Avenue
Wheelchair Accessible/Wifi

Davenport

416-393-7732
1246 Shaw Street
Wheelchair Accessible/Wifi

Dawes Road

416-396-3820
416 Dawes Road
Wheelchair Accessible/Wifi

Deer Park

416-393-7657
40 St. Clair Avenue East
Wheelchair Accessible/Wifi

Dufferin/St. Clair

416-393-7712
1625 Dufferin Street
Wheelchair Accessible/Wifi

Forest Hill

416-393-7706
700 Eglinton Avenue West
Wheelchair Accessible/Wifi

Gerrard/Ashdale

416-393-7717
1432 Gerrard Street East
Wheelchair Accessible/Wifi

High Park

416-393-7671
228 Roncesvalles Avenue
Wheelchair Accessible/Wifi

Jones

416-393-7715
118 Jones Avenue
Wheelchair Accessible/Wifi

Leaside

416-396-3835
165 McRae Drive
Wheelchair Accessible/Wifi

Lillian H. Smith

416-393-7746
239 College Street
Wheelchair Accessible/Wifi

Locke

416-393-7730
3083 Yonge Street
Wheelchair Accessible/Wifi

Main Street

416-393-7700
137 Main Street
Wheelchair Accessible/Wifi

Mount Pleasant

416-393-7737
599 Mt. Pleasant Road
Wheelchair Accessible/Wifi

Northern District

416-393-7610
400 Orchard View Boulevard
Wheelchair Accessible/Wifi

Palmerston

416-393-7680
560 Palmerston Avenue
Wheelchair Accessible/Wifi

Pape/Danforth

416-393-7727
701 Pape Avenue
Wheelchair Accessible/Wifi

Parkdale

416-393-7686
1303 Queen Street West
Wheelchair Accessible/Wifi

Parliament

416-393-7663
269 Gerrard Street East
Wheelchair Accessible/Wifi

Perth/Dupont

416-393-7677
1589 Dupont Street
Wheelchair Accessible/Wifi

Queen/Saulter

416-393-7723
765 Queen Street East
Wheelchair Accessible/Wifi

Riverdale

416-393-7720
370 Broadview Avenue
Wheelchair Accessible/Wifi

Runnymede

416-393-7697
2178 Bloor Street West
Wheelchair Accessible/Wifi

S. Walter Stewart

416-396-3975
170 Memorial Park Avenue
Wheelchair Accessible/Wifi

Sanderson

416-393-7653
327 Bathurst Street
Wheelchair Accessible/Wifi

Spadina Road

416-393-7666
10 Spadina Road
Wheelchair Accessible

St. Clair/Silverthorn

416-393-7709
1748 St. Clair Avenue West
Wifi

St. James Town

416-393-7744
495 Sherbourne Street
Wheelchair Accessible/Wifi

St. Lawrence

416-393-7655
171 Front Street East
Wheelchair Accessible/Wifi

Swansea Memorial

416-393-7695
95 Lavinia Avenue
Wheelchair Accessible/Wifi

Thornccliffe

416-396-3865
48 Thornccliffe Park Drive
Wheelchair Accessible

Todmorden Room

416-396-3875
1081 1/2 Pape Avenue
Wheelchair Accessible/Wifi

Toronto Reference Library

416-395-5577
789 Yonge Street
Wheelchair Accessible/Wifi

Urban Affairs

416-397-7241
Metro Hall
55 John Street
Wheelchair Accessible/Wifi

Wychwood

416-393-7683
1431 Bathurst Street
Wheelchair Accessible/Wifi

Yorkville

416-393-7660
22 Yorkville Avenue
Wheelchair Accessible/Wifi

Free or Low Cost Meals

NORTH	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weston-King Neighborhood Centre 2017 Weston Rd. 416-241-9898	closed	B: 10am L: noon-1pm	D: 6-7pm	closed	B: 10am L: noon-1pm (women only)	B: 10am L: noon-1pm	closed
EAST	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Agincourt Community Services Association (ACSA) 4156 Sheppard Ave. E. 416-321-6912	L: 12:30-1:30pm ACSA	B: 9-11:30am L: 11:30am-1pm ACSA	B: 9-11:30am L: 11:30am-1pm 4156 Sheppard Ave. E. (Sep-Jun)	B: 9-11:30am L: 11:30am-1pm ACSA	B: 9-11:30am L: 11:30am-1pm St Timothy's Church 4125 Sheppard Ave. E.	B: 9-11:30am L: 11:30am-1pm ACSA	L: 12:30-1:30pm ACSA
Beach Drop-In Centres Woodbine Ave./Queen St. *all locations are churches	closed	L: 11am-1pm *16 Lockwood Rd. (Oct - May) *140 Wineva Ave. (May - Oct)	L: 11am-1pm Beach United Church 140 Wineva Ave. (Oct - May)	L: 11am-1pm Beaches Hebrew Institute 109 Kenilworth Ave. (Oct - May)	L: 11am-1pm Beach United Church 140 Wineva Ave. (Oct - May)	L: 11am-1pm Kingston Road Church 975 Kingston Rd. (Oct - May)	closed
Glen Rhodes United Church 1470 Gerrard St. E. 416-694-0811	closed	D: 5pm 4 th Mon. of each month (except Dec)	B: 9-11:30am	closed	closed	B: 9-11:30am	closed
Mustard Seed 791 Queen St. E. 416-465-6069	closed	closed	closed	L: noon-1pm (women only)	closed	closed	L: noon-1pm (Oct 16-May 7)
Red Cross Drop-In Scarborough 700 Kennedy Rd. 416-267-0115	closed	L: noon-2pm	L: noon-2pm	L: noon-2pm	L: noon-2pm	L: noon-2pm	closed

B=Breakfast L=Lunch D=Dinner

EAST	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
St. John the Compassionate 155 Broadview Ave. 416-466-1357	D: 5-8:30pm (Nov - Mar)	B: 6:30-9am (Nov - Mar)	B: 6:30-9am (Nov - Mar)	B: 6:30-9am (Nov - Mar) L: noon-1pm D: 5:30pm (families only)	B: 6:30-9am (Nov - Mar) L: noon-1pm	B: 6:30-9am (Nov - Mar) L: noon-1pm	L: noon
Scarborough Seventh Day Adventist Church 235 Poplar Rd. 416-284-9475	closed	closed	closed	closed	Take-out D: 3pm (must bring own container)	closed	closed
Second Base Youth Shelter Drop-in 702 Kennedy Rd. 416-261-2733 x9 (youth only)	closed	L: noon	L: noon	L: noon	L: noon	L: noon	closed
Toronto East S.D.A. Church 170 Westwood Ave. 416-686-8044	B: 10-11:30am D: 3-5pm 3 rd Sun. of each month	closed	closed	closed	closed	closed	closed
Touchstone Youth Centre Drop-in 1076 Pape Ave. 416-696-6932 (youth 16-24)	closed	B: 8:30am L: noon D: 5pm	B: 8:30am L: noon D: 5pm	B: 8:30am L: noon D: 5pm	B: 8:30am L: noon D: 5pm	B: 8:30am L: noon D: 5pm	closed
Warden Woods CC Teesdale Drop-in Centre 40 Teesdale Pl. 416-694-1138	closed	closed	closed	L: noon-1:30pm	L: noon-1pm (bag lunch)	closed	closed
Woodbine Heights Baptist Church 1171 Woodbine Ave. 416-467-1462	closed	closed	L: 11:30am-1pm	closed	D: 6:30pm 3 rd Thurs. of each month (Sep - Jun)	closed	closed

EAST	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WoodGreen Community Services Drop-In 650 Queen St. E. 416-645-6000	closed	closed	B: 9-11am	closed	B: 9-11am	L: noon-1pm	closed
WEST	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Christie-Ossington Neighbourhood Ctr 854 Bloor St. W. 416-534-8941	closed	L: 12:30-1:30pm	L: 12:30-1:30pm	L: 12:30-1:30pm	L: 12:30-1:30pm	closed	closed
Davenport - Perth Neighbourhood Centre 1900 Davenport Rd. 416-656-8025	closed	D: 5pm (Nov - Apr)	closed	D: 5pm (Nov - Apr)	closed	L: 12:30pm	closed
Emmanuel Howard Park United Church 214 Wright Ave. 416-460-6464	L: 2-4:30pm D: 5:30-6pm	closed	closed	closed	closed	closed	closed
LAMP Community Health Centre 185 Fifth St. 416-252-6471	closed	B: 8-9:30am L: noon-12:30pm	closed	B: 8-9:30am L: noon-12:30pm	closed	closed	closed
New Hope Drop-In St. Christopher House 1449 Queen St. W. 416-891-3396	closed	closed	closed	D: 6:15pm	D: 6:15pm	closed	closed
Parkdale Activity & Recreation Centre 1499 Queen St. W. 416-537-2591	L: 1pm	B: 9am L: 11:30am	B: 9am L: 11:30am	B: 9am L: 11:30am	B: 9am L: 11:30am	L: 1pm	L: 1pm
Salvation Army 789 Dovercourt Rd. 416-532-4511	closed	closed	closed	closed	L: 11am-4pm D: 6-8pm	closed	closed

WEST	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sistering, A Women's Place (women only) 925 Bloor St. W. 416-926-9762	B: 9:30-11:45am L: noon-2:45pm	L: noon-2:45pm	B: 9:30-11:45am L: noon-2:45pm	B: 9:30-11:45am L: noon-2:45pm	B: 9:30-11:45am L: noon-2:45pm	B: 9:30-11:45am L: noon-2:45pm	B: 9:30-11:45am L: noon-2:45pm
Sistering Parkdale 220 Cowan Ave. 416-588-3939	closed	B: 9:30am L: noon-1pm	B: 9:30am L: noon-1pm	B: 9:30am L: noon-1pm	B: 9:30am L: noon-1pm	B: 9:30am L: noon-1pm	closed
St. Francis Table 1322 Queen St. W. 416-532-4172	L: noon-1pm	D: 4:30-6pm	L: noon-1pm D: 4:30-6pm	L: noon-1pm D: 4:30-6pm	L: noon-1pm D: 4:30-6pm	L: noon-1pm	closed
Syme-Wooler Neighbourhood & Family Centre 2468 Eglinton Ave. W. 416-766-4634	B: 10-11am L: noon-1pm	B: 10-11am L: noon-1pm	B: 10-11am L: noon-1pm	B: 10-11am L: noon-1pm D: 6pm	B: 10-11am L: noon-1pm	B: 10-11am L: noon-1pm	B: 10-11am L: noon-1pm
The Stop: Community Food Centre 1884 Davenport Rd. 416-652-7867	closed	B: 9-10am L: noon-1pm	B: 9-10am	closed	B: 9-10am L: noon-1pm	B: 9-10am	closed
Trinity Temple 46 Denison Dr. E. 416-243-9502	closed	closed	closed	B: 9-10:30am L: noon-1pm	B: 9-10:30am L: noon-1pm	closed	closed
Wellesley Mimico United Church 25 Station Rd. 416-251-5811	closed	closed	closed	closed	closed	D: 6pm	closed
Wychwood Open Door 729 St. Clair Ave. W. 416-652-0857	closed	B: 9-11am L: 12:30-2pm	closed	B: 9-11am L: 12:30-2pm	closed	B: 9-11am L: 12:30-2pm	closed

CENTRAL	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
416 Community Support for Women 416 Dundas St. E. 416-928-3334	B: 8-10am L: noon-2pm (women only)	B: 8-10am L: noon-2pm (women only)	B: 8-10am L: noon-2pm (women only)	B: 8-10am L: noon-2pm (women only)	B: 8-10am L: noon-2pm (women only)	B: 8-10am L: noon-2pm (women only)	B: 8-10am L: noon-2pm (women only)
519 Church Street Community Centre 519 Church St. 416-392-6878	L: noon	D: 6pm (Trans)	closed	D: 6pm (Trans youth)	closed	closed	closed
Adelaide Resource Centre for Women 67 Adelaide St. E. 416-392-9243	closed	L: noon-12:45pm (women only)	L: noon-12:45pm (women only)	L: noon-12:45pm (women only)	L: noon-12:45pm (women only)	L: noon-12:45pm (women only)	closed
Anishnacabeg Youth Centre (youth only) 1 Wood St. 416-850-6110 (Native, Métis and Inuit)	closed	B: 8:30-9:30am L: noon-1pm D: 5-6pm	B: 8:30-9:30am L: noon-1pm D: 5-6pm	B: 8:30-9:30am L: noon-1pm D: 5-6pm	B: 8:30-9:30am L: noon-1pm D: 5-6pm	B: 8:30-9:30am L: noon-1pm D: 5-6pm	L: 3pm
Artheart 237 Sackville St. 416-203-0034	closed	closed	closed	D: 6-7pm	L: 1pm for members on OW/ODSP	closed	closed
Bloor-Bathurst Interchurch Gathering Spot - Walmer Road Baptist Church 188 Lowther Ave. 416-924-1121	closed	closed	D: 6:30pm \$2 meal	closed	closed	closed	closed
Calvin Presbyterian Church 26 Delisle Ave. 416-923-9030	closed	closed	closed	closed	closed	closed	B: 8-9:30am 2 nd and last Sat. of each month

CENTRAL	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Caribbean Canadian Catholic Church 867 College St. 416-535-3028	closed	closed	closed	B: 9am-noon	closed	closed	closed
Church of the Holy Trinity 10 Trinity Sq. 416-598-4521	closed	closed	L: 12:30-1pm 2 nd Tues. of every month	closed	closed	closed	closed
Church of the Redeemer 162 Bloor St. W. 416-922-0375 Lower level	closed	B: 9-10:15am L: 10:30-11:30am	B: 9-10:15am L: 10:30-11:30am	B: 9-10:15am L: 10:30-11:30am	B: 9-10:15am L: 10:30-11:30am	B: 9-10:15am L: 10:30-11:30am	closed
Cornerstone Urban Church 188 Carlton St. 416-203-7117	closed	closed	closed	closed	closed	closed	D: 5-7pm Dinner at 170 Jarvis St.
Council Fire Drop-In Program 439 Dundas St. E. 416-360-4350	L: noon-12:30pm	L: noon-12:30pm D: 4-4:30pm	L: noon-12:30pm D: 4-4:30pm	L: noon-12:30pm D: 4-4:30pm	L: noon-12:30pm D: 4-4:30pm	L: noon-12:30pm D: 4-4:30pm	L: noon-12:30pm
Covenant House Community Support Services 20 Gerrard St. E. 416-204-7037	closed	L: 1:15pm D: 4pm	L: 1:15pm D: 4pm	L: 1:15pm D: 4pm	L: 1:15pm D: 3pm	L: 1:15pm D: 4pm	closed
Evangel Hall 552 Adelaide St. W. 416-504-3563	D: 5:30pm	B: 9am Soup: 9:30am L: 10:30am	B: 9am Soup: 9:30am L: 10:30am	B: 9am Soup: 9:30am L: 10:30am	B: 9am Soup: 9:30am L: 10:30am D: 5:30pm 2 nd and 3 rd Thurs. of each month	B: 9am Soup: 9:30am L: 10:30am	B: 9am Soup: 10am L: noon

CENTRAL	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fort York Food Bank 797 Dundas St. W. 416-203-3011	closed	closed	L: noon-2pm	L: noon-2pm	L: noon-2pm	L: noon-2pm	L: noon-2pm
Fred Victor Women's Day Program 67 Adelaide St. E. 416-392-9292	closed	B: 10am	B: 10am	B: 10am	B: 10am	B: 10am	closed
Fred Victor Centre Open House Drop-In Temporary location 86 Lombard St. 416-364-8228	closed	L: noon-2pm \$2.50	L: noon-2pm \$2.50	L: noon-2pm \$2.50	L: noon-2pm \$2.50	L: noon-2pm \$2.50	closed
Good Neighbours Club (men age 50+) 170 Jarvis St. 416-366-5377	B: 8:15-9am L: noon-1:30pm	B: 8:15-9am L: noon-1:30pm	B: 8:15-9am L: noon-1:30pm	B: 8:15-9am L: noon-1:30pm	B: 8:15-9am L: noon-1:30pm	B: 8:15-9am L: noon-1:30pm	B: 8:15-9am L: noon-1:30pm
Good Shepherd Drop-In 412 Queen St. E. 416-869-3619	B: 9-11am L: 2-4pm	B: 9-11am L: 2-4pm	B: 9-11am L: 2-4pm	B: 9-11am L: 2-4pm	B: 9-11am L: 2-4pm	B: 9-11am L: 2-4pm	B: 9-11am L: 2-4pm
Metropolitan United Church 56 Queen St. E. 416-363-0331	closed	L: 11am	closed	L: 11am	closed	L: 11am	closed
Native Canadian Centre 16 Spadina Rd. 416-964-9087	closed	B: 8-9am (Jan-Mar 31 only) L: noon-12:30pm	B: 8-9am (Jan-Mar 31 only) L: noon-12:30pm	B: 8-9am (Jan-Mar 31 only) L: noon-12:30pm	B: 8-9am (Jan-Mar 31 only) L: noon-12:30pm	B: 8-9am (Jan-Mar 31 only) L: noon-12:30pm	closed
Osgoode Hall 130 Queen St. W. 416-947-3439	B: 10-11am take-out bag	closed	closed	D: 5-6pm	B: 6:45-7:30am take-out bag	D: 5-6pm take-out bag	closed

CENTRAL	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Our Place Community of Hope Centre 2A Elm St. 416-598-2919	closed	closed	D: 5:30-6:15pm	closed	D: 5:30-6:15pm	closed	closed
Red Cross Downtown A 41 Earl St. 647-883-7133	closed	B: 8:30-10:30am	closed	D: 5:30-7pm	closed	closed	closed
Red Cross Downtown B 54 Hayden St. 647-883-7133	closed	closed	closed	closed	closed	closed	L: 12:30-2pm (Nov - Apr)
Salvation Army Gateway Drop-In 107 Jarvis St. 416-398-0324	D: 4:30-5:30pm Tickets given out at 1pm	D: 4:30-5:30pm Tickets given out at 1pm	closed	D: 4:30-5:30pm Tickets given out at 1pm	D: 4:30-5:30pm Tickets given out at 1pm	closed	D: 4:30-5:30pm Tickets given out at 1pm
Salvation Army Street Van call for location 416-627-5284 Street Youth Van	B van: 5-8:30am D van (youth): 8-10:30pm D: 4-6pm (at 160 Jarvis)	B van: 5-8:30am D van (youth): 8-10:30pm	B van: 5-8:30am D van (youth): 8-10:30pm	B van: 5-8:30am D van (youth): 8-10:30pm	B van: 5-8:30am D van (youth): 8-10:30pm	B van: 5-8:30am D van (youth): 8-10:30pm	B van: 5-8:30am D van (youth): 8-10:30pm
Salvation Army Maxwell Meighan 135 Sherbourne St. 416-366-2733 x246	B: 6:30-7:30am L: noon-1pm D: 5pm	B: 6:30-7:30am L: noon-1pm D: 5pm	B: 6:30-7:30am L: noon-1pm D: 5pm	B: 6:30-7:30am L: noon-1pm D: 5pm	B: 6:30-7:30am L: noon-1pm D: 5pm	B: 6:30-7:30am L: noon-1pm D: 5pm	B: 6:30-7:30am L: noon-1pm D: 5pm
Sanctuary 25 Charles St. E. 416-922-0628	closed	closed	closed	B: 10:30am	D: 4:30pm	closed	closed
Scott Mission 502 Spadina Ave. 416-923-8872	Bag Lunch: 8:45-9:45am	B: 10:30am + 11:30am Bag Lunch: 4pm	B: 10:30am + 11:30am Bag Lunch: 4pm	B: 10:30am + 11:30am Bag Lunch: 4pm	B: 10:30am + 11:30am Bag Lunch: 4pm	B: 10:30am + 11:30am Bag Lunch: 4pm	B: 10:30am + 11:30am
St. Bari's Breakfast 509 Dundas St. E. 416-368-9180	closed	closed	closed	closed	B: 6-8am	closed	closed

CENTRAL	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
St. Felix Centre 25 Augusta Ave. 416-203-1624	closed	L: 11am-12:30pm D: 5:30-6:45pm (adults \$1)	L: 11am-12:30pm D: 5:30-6:45pm (adults \$1)	L: 11am-12:30pm D: 5:30-6:45pm (adults \$1)	L: 11am-12:30pm D: 5:30-6:45pm (adults \$1)	L: 11am-12:30pm	closed
The Corner Drop-In 260 Augusta Ave. 416-964-8747	B: 8-9am L: 10:45-11:15am	B: 7:30-9am	B: 7:30-9am	B: 7:30-9am	B: 7:30-9am	B: 7:30-9am	closed
Toronto Christian Resource Centre 415 Gerrard St. 416-364-1997	closed	B: 9-10:30am L: 11:30am-1:30pm	B: 9-10:30am L: 11:30am-1:30pm	B: 9-10:30am L: 11:30am-1:30pm	B: 9-10:30am L: 11:30am-1:30pm	B: 9-10:30am L: 11:30am-1:30pm	closed
Toronto Friendship Centre 323 Dundas St. E. 416-368-8179	B: 8:30am + 10:30am	B: 7am, 9am + 10:30am	B: 7am, 9am + 10:30am	B: 7am, 9am + 10:30am	B: 7am, 9am + 10:30am	B: 7am, 9am + 10:30am	B: 8:30am + 10:30am
Warehouse Mission 47 Rose Ave. 647-228-3472	D: 4pm	closed	D: 4:30pm (for members of literacy program)	L: noon (women's program)	D: 5-6pm	D: 7-10pm 1 st Fri. of each month	B: 9-11am D: 7pm 3 rd Sat. of each month (Jan - Apr)
Yonge Street Mission's Evergreen Centre for Street Youth (16-24) 381 Yonge St. 416-977-7259	closed	L: 1-3pm D: 5-6pm (Dinner Oct - May)	L: 1-3pm D: 5-6pm (Dinner Oct - May)	L: 1-3pm D: 5-6pm (Dinner Oct - May)	L: 1-3pm D: 5-6pm (Dinner Oct - May)	L: 1-3pm D: 5-6pm (Dinner Oct - May)	closed
Yonge Street Mission 270 Gerrard St. E. 416-929-9614	closed	closed	L: 12:30-3:30pm (seniors only) (Sep-Jun)	closed	D: 5-9pm (adults only) (Sep-Jun)	closed	closed
YouthLink Inner City 7 Vanauley St. 416-703-3361	closed	B: 9am L: 1pm	B: 9am	B: 9am L: 1pm	B: 9am D: 6:30pm	B: 9am L: 1pm	closed

crisis lines

Anishnawbe Health Mental Health Crisis Line

416-891-8606 (Aboriginal clients)

Centre for Addiction and Mental Health

416-535-8501 ext. 6885

Distress Centres of Toronto

416-408-HELP (4357)

Gerstein Crisis Centre

416-929-5200

Kids Help Phone

1-800-668-6868

general information and referral

There are many small agencies that provide specialized mental health services. To locate an agency that provides service in your language or neighbourhood contact one of the organizations listed here.

Canadian Mental Health Association, Toronto Branch

Intake, Information and Referral Services:
416-289-6285 ext. 243 (East of Yonge Street)
416-789-6880 (West of Yonge Street)

www.toronto.cmha.ca

- Information, intake and referral.
- Case management.
- Employment services.
- Peer support drop-in.

Centre for Addiction and Mental Health McLaughlin Information Centre

416-595-6111

Toll Free: 1-800-463-6273

www.camh.net

- Provides assistance and support to people who are not currently connected to support, or who find it difficult to access the mental health and addiction systems, including those from diverse communities.
- Provides service to those who speak languages other than English or French through partnership with CAMH's Cultural Interpretation Services.

Community Care Resources

Toronto Central Community Care Access Centre

416-506-9888

Toll Free: 1-866-243-0061

www.toronto.communitycareresources.ca

- Call or visit the website to connect to local health care service providers.

Community Resource Connections of Toronto (CRCT)

416-482-4103

www.crct.org

- Community-based mental health support services, information and mental health promotion.
- Website has searchable database of mental health services and supports.
- Also provides case management and outreach services.

ConnexOntario Health Services Information

Mental Health Service Ontario

Toll Free: 1-866-531-2600

(Access to interpreters for over 140 languages)

www.connexontario.ca

- Information and referral service providing detailed information on mental health services and supports ranging from hospital based to community and self-help groups.
- Confidential and anonymous.

Consumer/Survivor Information Resource Centre of Toronto

416-595-2882

1001 Queen Street West

www.csinfo.ca

- Walk-in resource centre has free literature related to mental health and addictions; books and videos related to mental health and addictions for use at the centre.
- Information about and referral to mental health and addictions services, over the phone or in person.

case management and support services

Across Boundaries, an Ethnoracial Mental Health Centre

416-787-3007

51 Clarkson Avenue

www.acrossboundaries.ca

- Individual and community support (case management).
- Support groups for consumers/survivors and initiatives to address economic and social barriers.
- Alternative models of support and services, art therapy, drop-in, life skills, and community kitchen.

Alternatives: East York Mental Health Counselling Services Agency

416-285-7996

2034 Danforth Avenue

www.alternativetoronto.org

- Case management and community support.
- Supportive counselling.
- Information and referral.

Community Resource Connections of Toronto (CRCT)

416-482-4103

366 Adelaide Street East, Suite 230

www.crct.org

- Community-based mental health support services, information and mental health promotion.
- Outreach and case management.
- Publishes *Making Choices*, a guide to mental health services, supports and resources in Toronto.

COTA Health

416-785-9230 Toll Free: 1-888-785-2779

2901 Dufferin Street (head office)

www.cotahealth.ca

- Case management, supportive housing, short-term residential beds, day program, court and justice related services.
- Outreach to individuals who are homeless or living in shelters.

Friends and Advocates Centre Etobicoke

416-234-9245

2340 Dundas Street West

www.friendsandadvocates.org

- Member run consumer/survivor programs.
- Drop-in and social activities.

Hong Fook

416-493-4242

260 Spadina Avenue, Suite 408 and

416-493-4242

3320 Midland Avenue, Suite 201

www.hongfook.ca

- Case management and on-site programs in various Asian languages.

Reconnect Mental Health Services

416-248-2050

2150 Islington Avenue, Suite 202

www.reconnect.on.ca

- Rehabilitation and support services.
- Case management/community support.
- Service provided in over 20 languages.

Sound Times

416-979-1700

280 Parliament Street

www.soundtimes.com

- Consumer/survivor run.
- Provides peer support, recreation, service coordination and referral.

WoodGreen Community Services

416-645-6000 ext. 1367/1150

815 Danforth Avenue

www.woodgreen.com

- Case management.
- Supportive counselling.
- Social and recreational groups.

Out of the Cold is a volunteer initiative by synagogues, churches and faith communities to serve as host sites that offer shelter, hospitality and refuge to people who are homeless in the City of Toronto. Out of the Cold host sites reach out to marginalized individuals and extend a warm invitation to enjoy food, shelter and hospitality. This is made possible through the dedication and support of the many volunteer groups that offer their time, energy and perseverance. Out of the Cold Resource and Support Services provided by Dixon Hall are funded by the City of Toronto. A new schedule is available in the fall.

Need emergency shelter? Call 311 or Central Intake 416-338-4766 or 1-877-338-3398 toll free.

Dixon Hall Resource and Support Services for Out of the Cold
Phone 416-699-OOTC (6682)
Fax 416-691-0024
www.ootc.ca

SUNDAY

St. Patrick's
139 McCaul St.
(at Dundas)
75 Guests
Nov 21-Apr 3
4:00 p.m.-7:00 a.m.

St. Matthew Our Lady
Peace
3962 Bloor St. W
(at Shaver)
25 (Men only)
Nov 21-Mar 27
5:30 p.m.-8:00 a.m.

* Programs not serviced by Dixon Hall:

University Settlement
House
23 Grange Rd.
(McCaul N of Queen)
65 Guests
TBA
5:30 p.m.-7:30 a.m.

MONDAY

Lakeshore at
St. Margaret's Church
156 6th St.
(Islington/Birmingham)
20 (Men only)
Nov 22-Apr 5
6:00 p.m.-8:00 a.m.

St. Brigid's Annex
1099 Danforth Ave
(Donlands/Danforth)
60 Guests
Nov 15-Apr 11
4:00 p.m.-8:00 a.m.

Beth Emeth
100 Elder St
(Wilmington/Sheppard)
30 Guests
Jan 10-Feb 28
6:00 p.m.-7:00 a.m.

St. Aidan's
70 Silver Birch Ave
16 Guests
Nov 8-Mar 28
4:00 p.m.-8:00 a.m.

TUESDAY

Evangel Hall
552 Adelaide St (E of
Bathurst)
25 Guests
Nov 9-Mar 29
5:00 p.m.-7:00 a.m.
Tickets for mats given
at 12:30 p.m.

Beth Shalom
1445 Eglinton Ave W
(Allen Expressway)
40 Guests
Jan 11-Mar 29
5:15 p.m.-7:00 a.m.

WEDNESDAY

Yorkminster Park
Baptist
1585 Yonge St
(N of St Clair)
60 Guests
Nov 3-Apr 6
7:00 p.m.-8:00 a.m.

Evangel Hall
552 Adelaide St (E of
Bathurst)
Nov 10-Mar 30
25 Guests
5:00 p.m.-7:00 a.m.
Tickets for mats given
at 12:30 p.m.

THURSDAY

Holy Blossom Temple
1950 Bathurst St (S of
Eglinton)
47 Guests
Nov 4-Mar 31
6:30 p.m.-6:30 a.m.

First Interfaith at St.
Matthew's
729 St Clair Ave W
45 Guests
Nov 4-Mar 31
4:00 p.m.-8:00 a.m.

Chinese Gospel
450 Dundas St W
15 Guests (Men Only)
TBA
6:00 p.m.-7:30 a.m.

FRIDAY

Eastminster United
310 Danforth Ave (W
of Chester)
45 Guests
Nov 5-Mar 25
6:00 p.m.-8:00 a.m.

All Saints Kingsway
Anglican
2850 Bloor St W
(Royal York)
20 Guests (Men Only)
Nov 19-Apr 1
6:00 p.m.-8:00 a.m.

Knox United
2569 Midland Ave
(Sheppard)
20 Guests
Nov 5-Mar 25
6:30 p.m.-8:00 a.m.

* Programs not serviced by Dixon Hall:

University Settlement
House
23 Grange Rd.
(McCaul N of Queen)
65 Guests
TBA

St. Michael's Cathedral
66 Bond St.
60 Guests
TBA

Times and dates vary
Call: 416-948-6682
or Toll free
1-866-392-3777

SATURDAY

Blythwood Rd Baptist
80 Blythwood Rd (N
of Yonge/Eglinton)
55 Guests
Nov 6-Mar 26
6:00 p.m.-8:00 a.m.

* Programs not serviced by Dixon Hall:

University Settlement
House
23 Grange Rd.
(McCaul N of Queen)
65 Guests
TBA

post-incarceration supports

Elizabeth Fry Toronto

416-924-3708

215 Wellesley Street East

www.efrytoronto.org

- Homeless and outreach programs include pre-employment training, and post incarceration housing access.
- Counselling, support and referrals.

John Howard Society of Toronto

416-925-4386

1-866-265-4434 Toll Free from federal prisons in the Kingston area and all Ontario provincial jails.

60 Wellesley Street West

www.johnhowardtor.on.ca

- Individual, group and family counselling.
- Information, advocacy and referrals.

prenatal and post natal supports

Mothercraft, Breaking the Cycle

416-364-7373

761 Queen Street West, Suite 107

www.mothercraft.ca

- Serves pregnant and parenting homeless women with histories of substance use.
- Programs include outreach, addiction counselling, recovery, relapse prevention, parenting support and counselling, and home visitation.

Children's Aid Society of Toronto Pregnancy and Aftercare

416-924-4646

www.torontocas.ca

- Voluntary pregnancy counselling service.
- Information and referrals to help with making decisions.

Jean Tweed Centre Pathways to Healthy Families

416-255-7359

215 Evans Avenue

www.jeantweed.com

- Outreach, counselling and case management program for pregnant women or women with children age 6 and under.

June Callwood Centre for Women and Families

416-365-1888

205 Parliament Street

www.junecallwoodcentre.org

- Counselling and referral.
- Prenatal and postnatal classes.
- Emergency supplies, parent relief.

Hospital for Sick Children

416-813-6780

1-877-327-4636 Alcohol and Substance Use Line

1-888-246-5840 HIV Healthline

555 University Avenue

www.motherisk.org

- Information and counselling on alcohol or other substance use during pregnancy.
- Information and counselling on HIV and pregnancy.

Mount Sinai Hospital

Women's and Infant's Programs

416-585-4200

600 University Avenue

www.mountsinai.on.ca

- Maternal Infant Program offers assessment and advice, information and support.
- Special Pregnancy Program for high risk pregnancies.

Native Child and Family Services

Ninoshe – Aboriginal Healthy Babies Healthy Children

416-969-8510

www.nativechild.org

- Support, assistance with parenting skills and links to community services.
- Pre/postnatal group, parenting classes, in-home visiting.

Shout Clinic

416-703-8480

168 Bathurst Street

www.ctchc.com

prenatal and post natal supports

- Serves homeless and street-involved youth under 25.
- Parent-child counsellor, referrals, and health programs.

St. Joseph's Health Centre, T-CUP Program

416-530-6860

30 The Queensway, Family Medicine Centre

www.stjoe.on.ca

- One-stop access to multidisciplinary addiction, obstetric and neonatal care.
- Appointments booked in advance. Urgent care appointments can be arranged.

St. Michael's Hospital Young Parents No Fixed Address

Infant Passport Program

61 Queen Street, 4th Floor

416-867-7421

- Incentive program for homeless and marginalized pregnant women under 27.
- Support provided by social workers, nurses and other health professionals.

Toronto Public Health

Homeless At Risk Prenatal (HARP) services

416-338-7600

www.toronto.ca/health

- Public Health nurses provide counselling and support to pregnant women who are homeless or at risk.

Toronto Public Health

Breastfeeding Services

416-338-7600

www.toronto.ca

- Telephone counselling, advice and referrals to programs.
- Home visits arranged for mothers experiencing difficulty breastfeeding.

Yonge Street Mission

Evergreen Health Centre

416-929-9614

381 Yonge Street, Basement

www.ysm.ca

- Street involved youth 24 and under.
- Prenatal and perinatal services.
- Access to diapers, formula and baby food.

services for people with disabilities

The following agencies provide supports to people with physical and other disabilities. See also Health and Mental Health sections. For a list of wheelchair accessible libraries, see pages 50-54. A more comprehensive listing of services can be found at www.211toronto.ca.

general information and referral

The following services can help you connect with health services, answer general health questions and provide confidential advice.

Community Care Resources

416-506-9888; Toll Free: 1-866-243-0061

www.toronto.communitycareresources.ca

Community Care Access Centres (CCACs) are

local organizations that can help access government-funded home care services and long-term care homes. They also help people to navigate community support and health agencies. Anyone can make a referral to a CCAC - you, family members, caregiver, service provider, physician or other health care professional.

CCAC services include:

- Acquired brain injury.
- Convalescent Care (short-term care in a Long-Term Care Home).
- Physiotherapy.
- Speech-language therapy.
- Mental health.
- Palliative care (care at the end of life).

The Anne Johnston Health Station

416-486-8666; TTY: 416-486-6759

2398 Yonge Street

www.ajhs.ca

- Programs and services for seniors, youth, and people with physical disabilities.

Canadian Hearing Society

416-928-2504; TTY: 416-964-0023

271 Spadina Road

www.chs.ca

- General support services including help filling out forms.
- Counselling.
- Literacy and basic skills.

CNIB – Toronto Region

416-486-2500; Toll Free: 1-800-563-2642

1929 Bayview Avenue

www.cnib.ca

Monday-Friday 8:30 a.m.-4:30 p.m.

- Provides a range of specialized services for people living with vision loss.

Centre for Independent Living in Toronto

416-599-2458; TTY: 416-599-5077

365 Bloor Street East, Suite 902

www.cilt.ca

- Information and referral on issues pertaining to disabilities including housing information, attendant services options, transportation and employment.

Community Living Toronto

416-968-0650; Intake: 647-426-3219

20 Spadina Road

www.communitylivingtoronto.ca

Monday-Friday 9:00 a.m.-4:30 p.m.

- Fully accessible: main entrance and wash-room in building.
- Advocates for and provides wide range of supports and services to children, youth and adults with developmental disabilities.

Jewish Family and Child

416-638-7800

4600 Bathurst Street, 1st Floor

www.jfandcs.com

Monday-Thursday 9:00 a.m.-5:00 p.m.

Friday 9:00 a.m.-4:00 p.m.

- Fully accessible: main entrance and wash-room, Braille elevator with lowered buttons, designated parking.
- Range of services for persons with social and emotional problems.

Jewish Family and Child – Gordon S. Wolfe Branch

416-961-9344

35 Madison Avenue

Monday-Thursday 9:00 a.m.-5:00 p.m.

Friday 9:00 a.m.-4:00 p.m.

- Not fully accessible: call for details.
- Range of services for persons with social and emotional problems.

Mid-Toronto Community Services

416-962-9449; ask for the Intake department

192 Carlton Street, 2nd Floor

www.midtoronto.com

Monday-Thursday 8:30 a.m.-4:00pm,

Friday 8:30 a.m.-3:00 p.m.

- Seniors and adults living with disability or illness.
- Community based programs and adult day centre.
- Housing Connections Community Partner - assistance with housing search and application process

Ontario March of Dimes

416-425-3463 or 416-425-DIME;

Toll Free: 1-800-263-3463

10 Overlea Boulevard

www.marchofdimes.ca

Monday-Friday 9:00 a.m.-4:30pm

- Fully accessible: main entrance and wash rooms for children and adults with physical disabilities.
- Provides a variety of services including recreation programs – call for details.

St Christopher House

416-532-4828

248 Ossington Avenue

www.stchrishouse.org

- Can provide some support services to homeless disabled people – call for details.

sex trade worker supports

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519 Church Street Community Centre

416-355-6792

519 Church Street

www.the519.org

Wednesday-Friday 11:00 p.m.-2:00 a.m.

- Weekly outreach for trans sex workers.

Loft Community Services

Street Outreach Services

416-926-0744

622 Yonge Street, 2nd Floor

Monday, Tuesday 10:00 a.m.-1:00 p.m.,

2:00 p.m.-6:00 p.m.

Wednesday noon-4:00 p.m., 5:00 p.m.-8:00 p.m.

Thursday 10:00 a.m.-1:00 p.m., 2:00 p.m.-4:00 p.m.

Friday 10:00 a.m.-1:00 p.m., 2:00 p.m.-6:00 p.m.

- Youth under 25 involved in the sex-trade, or at high risk.
- Information, counselling and assistance.
- Medical, legal, housing and employment services.

Maggie's, Toronto Prostitutes'

Community Service Project

416-964-0150

298A Gerrard Street East, 2nd Floor

www.maggiestoronto.com

- Peer resource centre.
- Promotion of safer sex practices and materials.
- Referrals to legal and other community services.
- Call for appointment.

Parkdale Community Health Centre

Street Health Program

416-537-2455

1229 Queen Street West

- Health care and outreach services for street involved adults including sex-trade workers.

Streetlight Support Services

416-534-4572; Toll Free: 1-877-300-9997

674 Markham Street

www.streetlightsupportservices.ca

- Information and referral, support groups and counselling.

Toronto Police Service

Bad Date Hotline

416-808-0000

- Anonymous hotline for sex-trade workers to report abuse or violence.

Sherbourne Health Centre

WINK (Women in Need Clinic)

416-324-4180

333 Sherbourne Street

www.sherbourne.on.ca

Wednesday 8:30 a.m.-11:30 a.m.

- For homeless, marginalized women including trans women and sex trade workers.
- Provides health care, support, food and toiletries.

Regent Park Community Health Centre

Sex Workers Women's Drop-in

416-203-4506

465 Dundas Street East

www.regentparkchc.org

Thursday 9:00 a.m.-noon

- For women who engage in sex work and/or women using substances.
- Information, access to health care, food, laundry and showers.
- Workers on site for "bad date" reports, individual support and information.
- Program run in partnership with Street Health.

72 shelters

Name	Phone	Address
Family		
Beatrice House	416-652-0077	177 Caledonia Road
Birkdale Residence	416-392-5650	1229 Ellesmere Road
Family Residence	416-397-1318	4222 Kingston Road
Robertson House	416-392-5662	291 Sherbourne Street
Sojourn House	416-864-0515	101 Ontario Street
Toronto Community Hostel	416-925-4431	191 Spadina Road
WoodGreen Red Door Queen Shelter	416-469-3457	875 Queen Street East
Christie Refugee Welcome Centre	416-588-9277	43 Christie Street
Mixed Adult		
Assessment and Referral Centre*	416-392-0090	129 Peter Street (open 24 hours)
COSTI Reception Centre	416-922-6688	100 Lippincott Street
Dixon Hall Heyworth House	416-691-0012	2714 Danforth Avenue
Fife House	416-205-9888	confidential address
Fred Victor Bethlehem United Shelter	416-644-1734	1161 Caledonia Road
Homes First Society - Strachan House	416-395-0928	805 A Wellington Street West
Homes First Society - 3576 St. Clair Avenue East	416-395-0993	3576 St. Clair Avenue East
University Settlement Part-time Shelter	416-598-3444	23 Grange Road
Single Men		
Christie-Ossington Men's Shelter	416-516-8642	973 Lansdowne Avenue
Cornerstone Place	416-658-5224	833 St. Clair Avenue West
Dixon Hall Schoolhouse	416-960-9240	349 George Street
Good Shepherd Centre	416-869-3619	412 Queen Street East
Native Men's Residence	416-652-0334	14 Vaughan Road
Sagatay	416-651-6750	26 Vaughan Road
Salvation Army - Gateway	416-368-0324	107 Jarvis Street
Salvation Army - Hope	416-979-7058	167 College Street
Salvation Army - Maxwell Meighen Centre	416-366-2733	135 Sherbourne Street
Scott Mission Overnight Shelter	416-923-8872	502 Spadina Avenue
Seaton House Main Site	416-392-5522	339 George Street
Seaton House - Birchmount Residence	416-392-6164	1673 Kingston Road
Seaton House - Downsview Dells	416-392-5452	1651 Sheppard Ave. West
Seaton House - Fort York	416-338-8800	38 Bathurst Street
St. Simon's Shelter	416-925-7475	525 Bloor Street East

* Available to qualifying clients only

Name	Phone	Address
Single Women		
Fred Victor Centre Women's Hostel	416-368-2642	86 Lombard Street,
Homes First Society - Savard's	416-395-0932	1322 Bloor Street West
Nellie's	416-461-1084	confidential address
Salvation Army - Evangeline Residence	416-762-9636	2808 Dundas Street West
Salvation Army - Florence Booth	416-603-9800	723 Queen Street West
St. Vincent De Paul - Amelie House	416-465-0475	126 Pape Avenue
St. Vincent De Paul - Elisa House	416-259-2528	60 Newcastle Street
St. Vincent De Paul - Mary's Home	416-595-1578	70 Gerrard Street East
St. Vincent De Paul - St. Clare's Residence	416-225-3466	3410 Bayview Avenue
Street Haven at the Crossroads	416-967-6060	87 Pembroke Street
Women's Residence Main Site	416-392-5500	674 Dundas Street West
Women's Residence - Bellwoods House	416-392-5791	63 Bellwoods Avenue
YWCA First Stop Woodlawn	416-922-3271	80 Woodlawn Avenue East
Youth		
Covenant House	416-598-4898	20 Gerrard Street East
Eva's Phoenix	416-364-4716	11 Ordnance Street
Eva's Place	416-441-1414	360 Lesmill Road
Eva's Satellite	416-229-1874	25 Canterbury Place
Horizons for Youth	416-781-9898	422 Gilbert Avenue
Native Child & Family Eagle's Nest	416-323-1840	558 Bathurst Street
Transition House	416-323-1840	558 Bathurst Street
Second Base Youth Shelter	416-261-2733	702 Kennedy Road
Touchstone Youth Centre	416-696-6932	1076 Pape Avenue
Turning Point Emergency Shelter	416-925-9250	95 Wellesley Street East
YMCA House	416-504-9700	485 Queen Street West
Youth Without Shelter	416-748-0110	6 Warrendale Court
YWCA First Stop Woodlawn	416-922-3271	80 Woodlawn Avenue East

Shelters that do not have direct admission are not on the list.

Members of the general public who are concerned about someone they see on the street should call 311 or, in the case of emergency, 911.

Anyone who needs emergency shelter should call 311 or Central Intake at 416-338-4766, 1-877-338-3398 toll free.

Streets to Homes

Streets to Homes Assessment and Referral Centre

416-392-0090

129 Peter Street

24 hours/day, 365 days/year

Housing Access:

Monday-Friday 9:00 a.m.-4:00 p.m.

Shelter referral: 8:00 p.m.-8:00 a.m.

- For street respite and shelter referrals for single adults, youth and couples.
- Shelter beds for Streets to Homes clients.

Streets to Homes

Streets to Homes, which is funded by all orders of government, coordinates mobile street outreach services in the downtown core and in other parts of the city.

Streets to Homes partner agencies:

- Albion Neighbourhood Services
- Agincourt Community Services Association
- Christie-Ossington Neighbourhood Centre
- Salvation Army Gateway
- Toronto North Support Services
- Anishnawbe Health Toronto (Aboriginal)
- Native Men's Residence (Aboriginal)
- Mobile Multi-disciplinary Outreach Team (mental health).

other outreach programs

(funded by the Ministry of Health and Long-Term Care)

Anishnawbe Health (Aboriginal clients)

416-920-2605

Mental Health Crisis Line: 416-891-8606

179 Gerrard Street East

www.aht.ca

- Provides a range of services including case management to clients who are homeless.

Cota Health

Hostel Outreach Program (men)

General Information: 416-785-9230

Toll Free: 1-888-785-2779

33 Britain Street

Intake hours: Monday-Friday 9:00 a.m.-5:00 p.m.

- Support for men with a serious mental illness who are homeless or in a shelter.

Community Resource Connections of Toronto

Hostel Outreach Program (women)

416-482-4103

366 Adelaide Street East, Suite 230

Satellite office: 67 Adelaide Street East

- Flexible, portable support to homeless women who have experienced significant mental health difficulties.

Loft Community Services

Street Outreach Service

416-926-0744

Street cell phone: 416-473-8936

622 Yonge Street, 2nd Floor

www.loftca.ca

Monday-Saturday 8:00 p.m.-12:00 a.m.

- Youth under 25.

Street Health

416-921-8668

338 Dundas Street East

www.streethealth.ca

Winter: Monday 3:00 p.m.-5:00 p.m.

Thursday 5:00 p.m.-8:00 p.m.

Spring/Summer/Fall:

Wednesday 2:00 p.m.-4:00 p.m.

Friday 1:00 p.m.-3 p.m.

- Hours may vary, please call to confirm.

Toronto North Support Services

Street Outreach Program

416-499-5969

Mobile phone: 416-990-3317

132 Rainside Road, Suite 2

www.tnss.ca

Monday-Friday 8:00 a.m.-4:00 p.m.

- Assists people who are homeless.
- Specialized service for those with mental illness.

The following list of organizations provide a variety of services such as healthcare, trans programs, individual counselling, workshops, groups, youth programs and community activities to transgendered, transsexual, gay, lesbian, bisexual, two-spirit, and intersex people as well as those who work in the sex-trade.

Sherbourne Health Centre

416-324-4180

333 Sherbourne Street

www.sherbourne.on.ca

- Please call for service.
- Call for info and referral by a client resource worker.
- WINK (Women in Need Clinic) 8:30 a.m.-11:30 a.m. on the 2nd Wednesday of each month.

Health Bus Services for Sex-trade Workers

416-324-4170

Saturday-Thursday 5:00 a.m.-9:00 a.m.

- Makes 13 stops daily (except Fridays).
- Nursing care, hygiene supplies, information and referrals.
- Call for stop locations.

519 Church Street Community Centre

416-355-6792

519 Church Street

www.the519.org

Weekly drop-in: Monday 5:00 p.m.-9:00 p.m.

Trans youth drop-in: Wednesday 5:00 p.m.-9:00 p.m.

2-Spirit People of the First Nations

416-944-9300

593 Yonge Street, Suite 202

(north of Wellesley Avenue)

www.2spirits.com

Monday-Thursday 9:00 a.m.-4:00 p.m.

Rainbow Services at CAMH

416-535-8501 ext. 6781

Toll Free: 1-800-463-2338 ext. 6781

60 White Squirrel Way, 1st Floor (at CAMH's Queen Street Site)

www.camh.net/rainbow_services

Monday-Friday 9:00 a.m.-5:00 p.m.

- Evening group sessions available.
- Inpatient and outpatient services available.
- Addiction and Concurrent Disorders program.

Maggie's, The Toronto Prostitutes' Community Service Project

416-964-0150

298 Gerrard Street East, 2nd Floor

www.maggiestoronto.ca

- Informal counselling and support.
- Legal advocacy.
- HIV and STI education and materials.

The Toronto Public Library offers free classes where you can learn how to use internet email services and set up a free email account, see pages 50-54 to find a library near you.

Metro Voicemail Project

Persons without telephones can receive a voicemail number to retrieve messages from any touch-tone phone. \$10 for three months.

Sign-up locations:**Agincourt Community Services**

416-321-6912

4155 Sheppard Avenue East, Suite 100

Central Neighbourhood House

416-925-4363 ext. 103

349 Ontario Street

Registration Hours: Monday, Wednesday

12:30 p.m.-3:30 p.m.

Community Action Resource Centre

416-652-2273

1652 Keele Street

Monday-Friday 10:00 a.m.-4:00 p.m.

Queen West Community Health Centre

416-703-8482 ext. 100

168 Bathurst Street

Monday, Friday 1:30 p.m.-3:00 p.m.

Wireless Toronto

647-722-3567

contact@wirelesstoronto.ca

<http://wirelesstoronto.ca>

- Provides free wireless Internet at various hotspots across the city.
- The network username is wirelesstoronto.

For youth shelters, please see the complete shelter listings on pages 70-71.

drop-ins

(See Toronto Drop-in Network brochure on pages 14-30 for more detail)

**Yonge Street Mission
Evergreen Centre for Street Youth**
416-929-9614
381 Yonge Street
www.ysm.ca/evergreen

Youthlink Inner City
416-703-3361
7 Vanauley Street
www.youthlink.ca

employment

**Youthlink
Youth Skills Zone –
Employment Preparation**
416-595-9902
7 Vanauley Street
www.youthlink.ca

- A 10-week program combining life skills with training in computer repair for youth 16-24.

**Youth Employment Services (YES)
Streets to Jobs**
416-504-5516
555 Richmond Street West, Suite 711
www.yes.on.ca

- Employment services include job postings, counselling, assessment and assistance getting work experience.

**Horizons for Youth
Employment and Training Career
Horizons**
416-781-9898
422 Gilbert Avenue
www.horizonsforyouth.org

housing help and other supports

Humewood House
416-651-5657
40 Humewood Drive
www.humewoodhouse.com

- Residence, education and counselling for pregnant teens and mothers age 13-21.

June Callwood Centre for Women and Families
416-365-1888
205 Parliament Street
www.junecallwoodcentre.org

- Support for pregnant young women and young mothers and fathers, 19 years and under and their children.

Native Child and Family Services
416-969-8510
30 College Street
www.nativechild.org

- Provides counselling and other programs for children and families in the Toronto Native Community.
- Informal drop-in for Aboriginal street youth.
- Youth Drop-in Centre at 1 Wood Street.

Oolagen Community Services
416-395-0660
65 Wellesley Street East
www.oolagen.org

- Children's mental health centre with programs for youth age 13-18 and their families.

**Eva's Initiatives
Family Reconnect Program**
416-441-1414
360 Lesmill Road
www.evasinitiatives.com

- Counselling and support for youth and families to reconnect.

**Sherbourne Health Centre
Supporting Our Young (SOY)**
333 Sherbourne Street
416-324-5077
www.sherbourne.on.ca

- Provides lesbian, gay, bisexual, transsexual and transgendered youth with mentoring, supportive housing programs, skill building and employment supports.

HOUSING STREET OUTREACH
DENTAL CARE ONTARIO WORKS
OLD AGE SECURITY CANADA PENSION PLAN
LIBRARIES BEDBUGS AND
YOUTH SERVICES PEST CONTROL
HEALTH CENTRES HOSPITALS ONTARIO DISABILITY
COMMUNITY MEALS SUPPORT PROGRAM
SERVICES IDENTIFICATION DROP-INS
HEALTH BUS WITHDRAWAL MANAGEMENT
CRISIS HEALTH CLOTHING
INFORMATION TRANS RESOURCES EMPLOYMENT
ADDICTION SERVICES ABORIGINAL SERVICES
MENTAL HEALTH SERVICES FINANCIAL ASSISTANCE
HOUSING HELP EXTREME
WEATHER PLANS