

Category 1

Alcohol and Drug Addictions

1. Centre for Addiction and Mental Health (CAMH)
2. Toronto Central (Regional) Emergency Services
3. Credit Valley: Community Addiction Resource List
4. Breaking the Cycle
5. Jean Tweed
6. Renascent
7. Canterbury Clinic

Category 1

Alcohol and Drug Addictions

1 CENTRE FOR ADDICTION AND MENTAL HEALTH (CAMH)

A. Addiction Assessment

33 Russell Street

Phone: (416) 535-8501 ext. 6128

175 Brentcliffe Road

Phone: (416) 535-8501 ext. 7064

B. CAMH Emergency Line

250 College Street

Phone: (416) 535-8501 ext. 6885 (24 hours)

Main Switchboard

Phone: (416) 535-8501

2 TORONTO CENTRAL (REGIONAL) EMERGENCY SERVICES

A. Alcoholics Anonymous
Phone: (416)487-5591

B. Community Mental Health Crisis Response Program
(serves North York and Etobicoke area)
2 Lansing Square, Ste. 600
Toronto ON M2J 4P8
Phone: (416) 498-0043

C. Distress Centres Ontario
99 Atlantic Avenue, Suite 418
Toronto ON M6K 3J8
Phone: (416) 537-7373

D. Gerstein Crisis Centre
100 Charles Street East
Toronto ON M4Y 1V3
Phone: (416) 929-5200
Toronto - Distress Centre
Box 243, Adelaide Post Office
Toronto ON M5C 2J4
Phone: (416) 408-4357

E. Survivor Support Program
Toronto ON M5G 1B1
Phone: (416) 595-1716

COMMUNITY ADDICTION RESOURCE LIST

ASSESSMENT SERVICES		PHONE #	INPATIENT PROGRAMS		PHONE #
Centre for Addiction and Mental Health Toronto CAMH		416-535-8501	Bellwood Health Services Scarborough	Fax: 416-495-7943	416-495-0926
Community Outreach Program (COPA)		416-516-2982	CAMH - Men & Women Donwood	ext. 7062, 7064	416-535-8501
Halton Alcoholism & Drug Addiction Program (ADAPT)		905-639-6537	CAMH - Cultural Interpreter Services	ext. 6442, 4720	416-535-8501
Metro Addiction Assessment Referral Centre (MAARS)		416-599-1448	Homewood Health Services (Guelph)	Fax: 519-767-3533	519-824-1010
Peel Addiction & Assessment Referral Centre (PAARC)		905-629-1007	Newport Centre - Port Colbourne Ext. 32524	Fax: 905-834-3002	905-378-4647
Peel Addiction & Assessment Referral Centre (Paarc)	Fax:	905-629-8377	Penatanguishine Simcoe County Mental Health Centre		705-549-3181
OUTPATIENT SERVICES			Pinewood Centre (Oshawa)		905-723-8195
The Addictions & Concurrent Disorders Centre (CVH)		905-813-4402	Native Horizons Treatment Centre		905-768-5144
Acupuncture for Addictions (No Fee)		416-603-5776	INPATIENT PROGRAMS - WOMEN		
Addiction Counselling Services of Peel (Brampton)		905-796-3005	AL-Control - House of Friendship	Fax: 519-745-2223	519-745-4691
Centre for Addiction and Mental Health Toronto CAMH		416-535-8501	Destiny Manor (Oshawa)		905-668-1858
CAMH - "Distance Clients" & "Getting Started" (42 days)		ext. 7064	Empathy House of Recovery (Brockville)		613-730-7319
CAMH - "Rainbow Services (gay/lesbian/bi/trans)		ext. 6781	Hope Place	Fax: 905-875-3635	905-875-3214
CAMH - "Relapse Prevention"		ext. 7064	Jean Tweed Centre for Women (Etobicoke)	Fax: 416-255-9021	416-255-8551
Catholic Family Services Central Intake Line	ext. 112	905-450-1608	Re nascent Centre for Women (Toronto)		416-598-2549
Catholic Family Services Man to Man Program (Mississauga)		905-897-1644	Tennant House (Brockville)		613-345-6700
Catholic Family Services central intake line (Dufferin area)		1-888-940-0584	Women Kind Add'n Srv Hamilton	Fax: 905-528-7255	905-521-9591
Elizabeth Fry Society		905-527-3097	INPATIENT PROGRAMS - MEN		
Family Awareness Centre *		905-271-4200	Alpha House - Men (Toronto)		416-469-1700
Family Life Resource Centre		905-451-4115	Addictions Centre (Hastings/Prince Edward Counties, Belleville)		905-962-7838
Halton Alcoholism & Drug Treatment Program (ADAPT)		905-639-6537	AI-Control - House of Friendship - 174 King (Waterloo)		519-885-3330
Holmes House (Port Dover, Simcoe County)		519-428-7756	Brock Cottage (Brockville)		613-345-6700
John Howard Society (Brampton) 905-459-0111 (Milton)		905-864-1306	Halton Recovery House	Fax: 905-878-1269	905-878-1120
Peel Family Services (Brampton) 905-453-5775 (Mississauga)		905-270-2250	Matt Talbot House (Toronto)		416-925-6042
Portuguese Mental Health and Addiction Services (Toronto)		416-603-5747	Re nascent Centre (Toronto)		416-924-3433
Portuguese MH & Addictions-Toronto Western Hospital		416-603-5747	Vita Nova Foundation (Woodbridge)		905-850-3690
Sri-Lankan-Canadian Community Service		905-268-0259	LONG TERM INPATIENT PROGRAMS		
Salvation Army Domestic Violence Prevention Program		905-791-9856	Addictions Centre (Hastings/Prince Edward Counties, Belleville)		905-962-7838
Punjabi Community Health Services		905-790-0808	Holmes House (Port Dover, Simcoe County)		519-428-7756
South Asian Addiction Program		905-270-0808	Peace Ranch (Caledon Hills) - Concurrent Disorders		905-795-8742
William Osler Addictions Counselling Centre - French		905-796-3005	Salvation Army - Homestead Women (Toronto)		416-921-0953
OUTPATIENT SERVICES - WOMEN			Salvation Army - Men		416-363-5498
Destiny Manor - women (Oshawa)		905-668-1858	Salvation Army Hope Acres Rehabilitation Centre	ext.251	705-466-3433
Hope Place Outpatient Service		905-465-3324	St. Michael's House (Toronto 6 months)		416-535-3131
Vita Nova Foundation (Woodbridge)		905-850-3690	Stonehenge Therapeutic Community Longterm Guelph		519-837-1470
OUTPATIENT SERVICES - MEN			Street Haven at the Crossroads (Women)		416-967-6060
Catholic Family Services Man to Man Program		905-450-1608	Vincentpaul Community Homes - Langley House (Toronto)		416-364-5577
Vita Nova Foundation (Woodbridge)		905-850-3690	Teen Challenge Farm, Substance Abuse Rehabilitation Centre		519-652-0777
OUTPATIENT OLDER PEOPLE PROGRAMS			ages 18 + - (Christian Based), (London)		
Older Persons Program - PAARC (ages 55 and up) ext. 23		905-629-1007	INPATIENT OLDER PEOPLE PROGRAMS (ages 55 UP)		
Geriatric MH Program - CAMH - (ages 60 and up) ext. 2875		416-535-8501	Geriatric Admission Unit (GAU) & Geriatric Continuing Treatment Unit,		
DETOX SERVICES			CAMH (60 up)	ext. 2875	416-535-8501
Central Detox Medical		1-866-366-9513	Elliott Lake Senior Treatment (55 up)		705-848-2585
Addiction Research Foundation Detox (Toronto)(CAMH)		416-535-8501	YOUTH SERVICES (ages 16-24)		
Chemical Withdrawal Centre (Brampton) fax: 905-456-3522		905-456-3500	Alwood Treatment Centre - ages 16-22 (Ottawa)		613-257-2813
Hamilton Men's Detox Centre		905-527-9264	Alternatives for Youth - ages 13-22 (Waterdown)		905-527-4469
Hamilton Women's Detox Centre		905-545-9100	Breakaway Youth Treatment Program		416-234-1942
St. Joseph's Health Centre Detox Centre (Toronto)		416-530-6400	Centre for Addiction & Mental Health		1-888-811-8198
St. Michael's Hospital Detox Unit (Toronto)		416-864-5078	CAMH - Substance Abuse Program for African, Caribbean		
Toronto Hospital Western Division, Detox Unit (Toronto)		416-533-7945	Canadian Youth - ages 13-24 (Toronto)		416-979-4685
Women's Own Detox Centre (Toronto)		416-603-1462	Hospital for Sick Children, Adol. Substance Abuse Outreach (ASAOP)		416-813-5097
Re nascent 24 hour line		1-866-232-1212	Hospital for Sick Children, Substance Abuse Day Treatment Prg.		416-813-8854
Assault Women's Helpline	Toll free-1-866-863-0511	416-863-0511	Nexus Youth Services		905-451-4655
Children's Aid Society of Peel	Toll free-1-888-700-0996	905-363-6131			

CRISIS SERVICES AND HELPLINES

CAMH/McLaughlin Info Centre	Toll free-1-800-463-6273	416-595-6111
Distress Line Peel	Toll free-1-800-363-0971	905-278-7208
DIRECT - Depression Info Line		1-888-557-5051
India Rainbow Community Services		905-275-2369
Info-ARF: Drug & Alcohol Information Line	416-595-6111 or	1-888-463-6273
Kids Help Line		1-800-668-6868
Mobile Crisis of Peel - 24 Hours	Toll free-1-888-811-2222	905-278-9036
Oakville Distress Centre - noon - midnight		905-849-4541
Our Place Peel - ER Youth Shelter (ages 16-21)		905-238-1383
Peel HIV/AIDS Network		905-362-2025
Peel Partners Against Drugs - 24 hour support line		416-543-1092
Phone Friend Help Line		905-459-4590
Telecare Brampton Distress Centre		905-459-7777
The Start Program/CVH.		905-813-4029
Victim Services of Peel		905-568-1068
Rape Crisis Centre (Toronto)		416-597-1171
Sexual Assault/Rape Crisis Centre of Peel (24 hours)		905-273-9442
	Toll free - 1-800-810-0180	

METHADONE SERVICES

Providers - Pharma Docs		416-236-7924
Brampton		905-450-6679
Malton		905-677-4200
Mississauga	Fax: 905-279-6934	905-279-4848
Case Management (Counselling) PAARC		905-629-1007

DOMESTIC VIOLENCE

Armagh (Mississauga)		905-855-0299
Assaulted Women's Helpline		416-863-0511
Catholic Family Services		905-450-1608
Catholic Cross Cultural Services (Mississauga)		905-273-4140
	(Brampton)	905-457-7740
Chantel's Place	Ext.2548	905-848-7580
Sexual Assault/Rape Crisis Centre (Mississauga)		905-273-9442
Sexual Assault/Rape Crisis Centre (Caledon)		1-800-810-0180
Victim Services of Peel		905-568-1068
Family Services of Peel (Mississauga)		905-270-2250
Family Services of Peel (Brampton)		905-453-5775

WOMEN AND CHILDRENS SHELTER

Honeychurch Family Life Resource Centre		905-451-4115
Family Transition Place (Caledon)		1-800-265-9178
Interim Place		905-403-0864

PREVENTION & HOMELESSNESS

Preventing Homelessness in Peel		905-793-9200
Street Helpline - PAARC-At risk of Homelessness		1-877-848-8481
Supportive Housing in Peel		905-795-8742

MULTICULTURAL SERVICES

South Asian Welcome Centre		905-790-0676
CAMH - McLaughlin Information Centre		416-595-6111

ONTARIO RESOURCE

DART - Drug Alcohol Registry Treatment		1-800-565-8603
Mental Health		1-866-531-2600
Gambling		1-888-230-3505
Oakville/Trafalgar - Release of Info		905-338-4639
Trillium - Release of Info		905-848-7677
Joseph Brant - Release of Info		905-632-3730

YOUTH SERVICES (ages 16-24), continued

Open Door Youth Centre		905-873-2966
Peel Youth Substance Abuse Program - YMCA	ext. 216	905-276-9329
Portage (Elora)		905-846-0945
Rapport Youth & Family Counselling - ages 12 - 20		905-455-4100
Youth Clinical Services (Downsview)		416-742-2514

HOSPITAL'S ER CRISIS TEAMS

Headwaters Health Care Centre (Dufferin Hospital)		905-941-2410
Oakville Trafalgar Hospital		905-845-2571
The Credit Valley Hospital (Mississauga)		905-813-2200
Trillium Health Care Cntr-Queensway	905-848-7100 Sherway Site	416-259-6671
William Osler Health Care Centre Fax:	905-494-6699 release	905-494-2120
Brampton Civic Hospital		905-494-2120
Humber Memorial Hospital (Etobicoke)		416 658-2029

SHELTERS

Wilkinson shelter - men & women		905-452-1335
St. Leonard's House - Men's long term (Brampton)		905-457-8312
Salvation Army Family Life Res.Cntr [Women & Children]		905-451-4115
Interim Place I [Women & Children]		905-403-0864
Interim Place II [Women & Children]		905-676-8515
Our Place Peel [Long-term Youth Shelter] (Brampton)		905-454-1048
Our Place Peel [Short-Term Youth Shelter] (Mississauga)		905-238-1383
Region of Peel Family Shelter - Mississauga		905-272-7061
Vita Manor [Hostel for Expectant Mothers]		905-858-0329
Timivut Youth Shelter		416-651-6750
Armagh House [Women & Children] Second Stage		905-855-0299

RECOVERY HOUSES

Discovery House - Men (Hamilton)		905-528-7635
ROOF [Reaching Our Outdoor Friends - Youth] (Kitchener)		519-742-2788
Street Haven at the Crossroads (Toronto)		416-967-6060
Native Men's Residence (NA-ME-Res)		416-652-0334
Billy Buffet's House (Vanier, Ontario)		613-744-3021

TO ACCESS A GROUP CLOSEST TO YOU

Al-Anon & Alateen		416-410-3809
Alateen for children 12 - 20 of alcoholics		416-410-5551
Alcoholics Anonymous		416-487-5591
Cocaine Anonymous		416-927-7858
Co-dependents Anonymous CODAONT		1-866-263-2668
Dual Recovery Anonymous		1-877-883-2332
Gamanon		416-366-7613
Gambler's Anonymous		416-366-7613
Lifering - Gary		647-282-1703
Nar-Anon		416-239-0096
Narcotics Anonymous		416-236-8956
Self Help Group for Codependents		905-855-1029
Self Help Groups: Main Number for CODA:		416-487-4355
Sex & Lovers Anonymous		416-486-8201
Sex Aholics Anonymous		416-410-7622

FINANCIAL SUPPORT

Ontario Works (OW Peel)	After Hours Line 905-451-6108	905-793-9200
Ontario Disability Support Program [ODSP] (Mississauga)		905-897-3100
	ODSP (Toronto Central)	416-314-6514
St. Joseph's Health Centre - Release of Info		416-530-6046
		416-530-6000

At Breaking the Cycle you can:

- See a health professional (doctor, nurse, dietician) for yourself or for your child
- Get support before and after the baby is born
- Get addiction counselling
- Join an addictions group
- Get personal counselling
- Get childcare while you attend a group or see a counsellor
- Come to the parent-child drop-in
- Get parenting information
- Join a parenting group
- Learn about your child's development
- Help your child learn through play
- Talk to other moms
- Have lunch with your child
- Pick up clothes for you and your child
- Get TTC tickets so you can come back

If you are using drugs or alcohol and are pregnant or parenting children age 6 and under ...

We can help you.

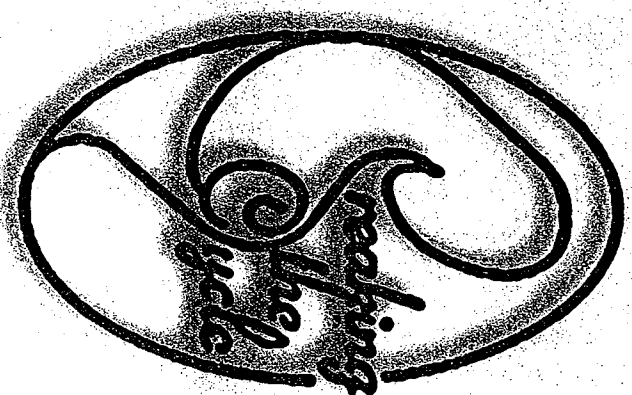
Call: (416) 364-7373

Partner Agencies:

- Mothercraft
- Jean Tweed Treatment Centre
- MotherRisk, Hospital for Sick Children
- Children's Aid Society of Toronto
- City of Toronto Department of Public Health
- Catholic Children's Aid Society of Toronto
- St. Joseph's Health Centre

With funding assistance from Health Canada's Community Action Program for Children, and Canada Prenatal Nutrition Program, in agreement with the Province of Ontario.

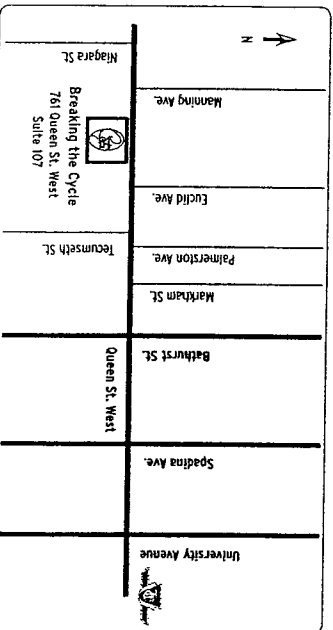
Breaking the Cycle



A chance for new beginnings

Breaking the Cycle is a "one stop" service for women who are involved with drugs or alcohol and are pregnant or have young children.

761 Queen St. West, Suite 107
 Toronto, Ontario M6J 1G1
 Phone: (416) 364-7373



Are you pregnant or parenting
a young child and still involved
with alcohol and/or other
drugs?

Are you feeling:

- overwhelmed
- trapped
- frustrated
- lonely
- out of control
- worried about your child
- worried about yourself
and
- don't know where to turn

You may find help for yourself
and your children at **Breaking
the Cycle.**

Breaking the Cycle

Our staff are
very experienced:

We listen.

We understand.

We care.

We welcome you.

A program for:

- Pregnant and parenting
women who have problems
with substance use

and

- their children who may be
affected by their mother's
drug use.

Phone or drop in:

Monday to Friday

9:00 a.m. to 5:00 p.m.

**761 Queen St. West
Suite 107**

(416) 364-7373

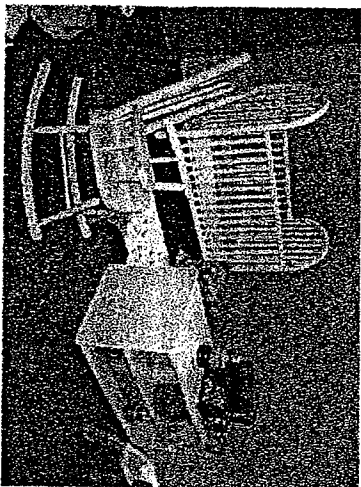
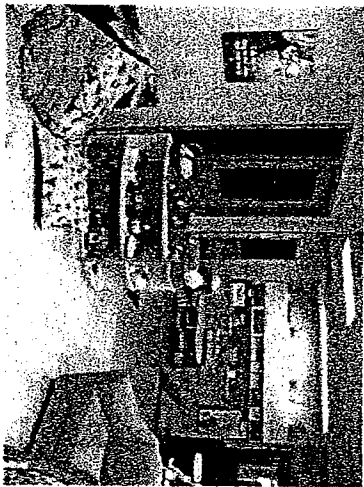
Bring your children.

No appointment needed.

Child Development Services

The space provides all children a comfortable and safe place to explore. There are various degrees of participation:

- ✦ Drop in services for Clients attending treatment offered at Jean Tweed
- ✦ Counselling Appointments
- ✦ Individual Consultations
- ✦ Developmental Screening
- ✦ Parenting Support
- ✦ Attachment Strategies
- ✦ Support Groups and Workshops for Parents
- ✦ Parenting Resources/Information



Programs at The Jean Tweed Centre

The Centre recognizes the diversity of women's experience in society and addresses a variety of issues in women's lives which contribute to substance abuse and/or problem gambling.

OUR PROGRAMS HELP A WOMAN:

- ✦ Understand the seriousness of addiction and how it has affected her life and the lives of those around her.
- ✦ Develop healthy life skills which will reinforce recovery.
- ✦ Plan for her ongoing recovery by attending a Continuing Care program and self help groups.
- ✦ Develop Lapse Prevention strategies.

PROGRAMS:

PHASE I - Assessment and Support

PHASE II - Intensive Treatment - 21 Day Residential/Day Program and Individualized Programming (T.A.P.)

PHASE III - Continuing Care, Follow-Up and Trauma Program

All phases include access to Family and Couple Counselling, Children's Services including Child Care and Parenting Workshops.



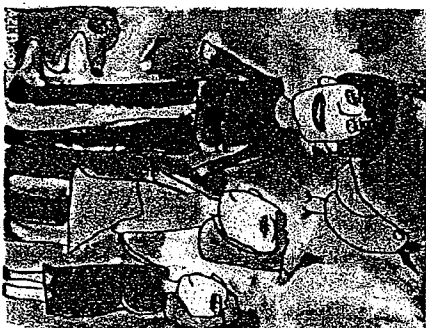
Jean Tweed Centre

215 Evans Avenue
Toronto, Ontario M8Z 1J5
www.jeantweed.com

Tel: (416) 255-7359
Fax: (416) 255-9021

PATHWAYS TO HEALTHY FAMILIES

A Partnership Program of The Jean Tweed Centre



Pathways to Healthy Families works in a holistic and culturally responsive manner to reduce harm to pregnant and parenting women who use substances and their young children.

Pathways Children's Services (PCS) provides child development, parenting and child care support for women working with Pathways counsellors and/or attending the Jean Tweed Centre's community and residential programs.

215 Evans Avenue, Toronto Ontario

P A T H W A Y S TO HEALTHY FAMILIES

Goals

- ✦ Increase community capacity to identify pregnant and parenting women experiencing concerns related to substance use
- ✦ Help women set and achieve their own goals
- ✦ Provide access to support services, including information counseling and referral services, to pregnant and parenting women with substance use issues and their families
- ✦ Help women to access developmental opportunities for their children aged 0-6 years
- ✦ Develop and implement models of service delivery that work within and across different communities throughout the city

Services for Clients

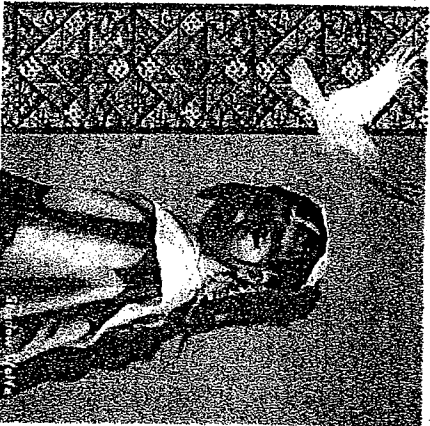
- ✦ Outreach to pregnant and parenting women with substance use issues and their families
- ✦ Service coordination/case management
- ✦ Information sessions on substance use as it relates to pregnancy and parenting

- ✦ Linkages with relevant social service systems to decrease barriers to service
- ✦ Access to support and counseling (individual, family and group)
- ✦ Access to culture-based services where possible
- ✦ Access to child development services for children

Services for Providers

Training, education and consultation focused on:

- ✦ Substance use as it relates to pregnant and parenting women and their children
- ✦ Screening, early identification and options for referral
- ✦ Building community capacity to support and assist this population
- ✦ A harm reduction continuum including abstinence.



Pathways to Healthy Families is a program of the Jean Tweed Centre in Partnership with:

ROSALIE HALL - A YOUNG PARENT RESOURCE CENTRE - Scarborough
416-438-6880 Ext. 333

REXDAL COMMUNITY HEALTH CENTRE - Etobicoke
416-744-6312 Ext. 261

MASSEY CENTRE FOR WOMEN - East Toronto
416-425-6348 Ext. 239

NATIVE CHILD AND FAMILY SERVICES OF TORONTO
416-969-8510 Ext. 4233

ROBERTSON HOUSE - Emergency Shelter for Women & Children 416-392-0190



CHILDREN'S CHARITABLE FOUNDATION

Child Development Services

Parents (clients) have access to a specially designed environment that offers families a safe, nurturing place for their children 0-6 to play and learn. Through hands on, interactive teaching, children will be provided with opportunities and experiences to enrich their development.

- [Home](#)
- [About Us »](#)
- [Contact Us](#)
- [Events](#)
- [Accessibility Policy](#)



Renascent

The road to recovery starts here. [Renascent](#) The road to recovery starts here.

- [Treatment »](#)
- [Families and Children »](#)
- [Workplace Solutions »](#)
- [Alumni »](#)
- [Donate »](#)

[Home](#) > [Contact](#)

Contact

Call Us Toll Free

1-866-232-1212

General Email Inquiries: info@renascent.ca

Staff Contacts

Cathy Barrick

Director of Operations & Privacy Officer
647-258-5959

Alasdair Hooper

Director of Philanthropy
647-258-5953

Stephanie Houghton

HR Manager
416-847-6452

Adam Fisher

Manager, Business Development, Workplace
Solutions
416-428-6930

Gerard Mclsaac

Our Locations

The Lillian and Don Wright Family Health Centre

38 Isabella Street, Toronto, Ontario, M4Y 1N1
416-927-1202

Renascent Treatment Centres

Graham Munro Centre – for women

356 Dundas Street West, Toronto, ON M5T 1G5
Visiting hours: Saturdays, 2:30 – 4:30 pm

Punanai Centre – for men

54 Madison Avenue, Toronto, ON M5R 2S4
Visiting hours: Saturdays, 1:30 – 4:30 pm

Paul J. Sullivan Centre – for men

90 Colston Avenue, Brooklin, ON L1M 1C1
Visiting hours: Saturdays, 1:30 – 4:30 pm