

**11. Centre for Addiction and Mental Health
(C.A.M.H.)
Aboriginal Program (s)
&
Non Aboriginal Program (s)**

393 King Street East
Toronto, Ontario
M6J 1H4

Tel: (416) 535-8501
Aboriginal Program Ext. 7654

www.camh.net

Hours: Monday to Friday 9:00 am to 5:00 pm

Aboriginal Service: In partnership with Native, and non-native agencies. Aboriginal Services provides individual and group counseling to Aboriginals experiencing homelessness, substance abuse and mental health issues. Other services include: telephone counseling, consultation and education. As part of (C.A.M.H) Aboriginal Services team, Cree Elder Vern Harper offers a unique program combining therapy with (therapist; Liz Arger) with cultural and spiritual teaching.

Day Program: Clients attend the Day Program twice a week for two months, every Tuesday and Thursday, from 10:00 am – 4:00 pm.

Residential Program: This program is a 21 day program.

Any person who is interested in either the Day Program or the Residential Program *must* call (416) 535-8501 ext. 7654, for a short phone screening, and then make an appointment for an interview for a tools assessment.

Referral Required: No

Location: 393 King Street East, Toronto

Rainbow Services provides counseling to lesbian, gay, bisexual, transgender and transsexual people, and intersex people who are concerned about their use of drugs and alcohol. Services are available to individuals with a variety of goals, including those who want to try to quit, cut down or who would just like to gain more awareness about their drinking and drug use.

Programs are specialized to take into account the unique needs and issues of lesbian, gay, bisexual, transgender and transsexual people face. Rainbow Services is staffed by gay, lesbian, bisexual and straight professionals who are trained and experienced in counselling people with concerns about their use of alcohol and other drugs.

They offer:

- Assessment and referrals to other agencies
- No referral required
- Individual and group therapy
- Day and residential programs
- Weekly support groups- evening groups available
- Support for families and/or partners
- Couple counseling
- Relapse prevention
- Education on stress management, nutrition and leisure
- Psychiatric consultations
- Concurrent disorder programs (for individuals with both mental health and substance use difficulties)
- Persons over the age of 18 years old

Getting Started Groups:

These groups are for LGBT clients who have had an assessment at CAMH. They are designed to help you to get motivated and develop skills to change your drug and alcohol use. You can participate in these groups while you wait for other programs or in conjunction with other programs. Both groups involve discussion, peer support and films.

- Gay, Bi-sexual, trans Men's Getting Started call (416) 535-8501 ext. 7066
- LGBT (Lesbian, Gay, Bi-sexual, Transsexual, Transgender) Getting Started, call (416) 535-8501 ext. 7061

Upcoming Groups:

- 3 week Day or residential Programs are available every 8 weeks. Contact the Clinic Head Service Manager for specific program dates
- Ongoing weekly substance abuse groups for Gay, Bi, men are also available, call (416) 535-8501 ext. 6784 for more information

- An ongoing weekly group for lesbian, bisexual, trans women is also available, call (416) 535-8501 ext. 7061 for more information
- The Gay, Bi, Tans Men's Continuing Care group accepts clients on a regular basis. Prior treatment and addiction counseling required. Call (416) 535-8501 ext. 7066 for more information

Psychiatric Services:

Individuals who are suffering with both their substance use and mental health problems can gain access to a psychiatric consultation within our services, and if necessary, from other experts at CAMH.

- Physicians in the community who are seeking assistance in treating an LGBT patient with a concurrent disorder may wish to contact Tim Guimond to arrange for a consultation by calling (416) 535-8501 ext. 7192

Hours: Monday to Friday, 9:00 am to 5:00 pm.
Evening group sessions available.

Locations: Rainbow Services

Centre for Addiction and Mental Health

60 White Squirrel Way – 1st Floor (on CAMHs Queen Street Site, just west of Queen St. W. & Ossington Avenue Intersection)

12. Council Fire

439 Dundas Street East
Toronto, Ontario
M5A 2B1

Tel: (416) 360-4350

Fax: (416) 360-5978

Hours: Monday to Thursday from 8:00 am to 8:00 pm

Friday from 8:00 am to 5:00 pm

Saturday & Sunday from 10:00 am to 4:00 pm

Intersection: Parliament Street & Dundas Street East

Council Fire's mandate is to provide counseling, material assistance and other direct services to Aboriginal people, and to encourage and enhance spiritual and personal growth.

The goal of Council Fire is to allow all Aboriginal people to live in a state of dignity, to share in all elements of living in the community, to have opportunities to participate in the community, effectively and to teach Aboriginal persons that a full, active and responsible life within the community, is something that belongs to each and every one of us.

Services available include:

- Counseling
- Assistance with housing
- ID Clinic
- Healing and Wellness program
- The Gathering Place (drop-in) during the day (only) with meals (lunch and dinner)
- Food bank
- Student placement
- Life Long Care programs
- Pre/post natal programs
- Literacy
- First Nations basic skills program
- Clothing bank
- Youth program
- Tradition activities
- First Nations Skills and Development training courses
- Rekindling the flame program serves the homeless and provides a safe supportive environment, counseling, referrals support group and resources

13. Centre for Indigenous Theatre

401 Richmond Street West
Suite 205
Toronto, Ontario
M5V 1X3

Tel: (416) 506-9436

Fax: (416) 506-9430

Hours: Monday to Friday 9:00 am to 5:00 pm
Intersection: Spadina Avenue & Richmond Street

The Centre for Indigenous Theatre is an organization which provides training, education and positive role modeling, in the theatre, television and film fields. These programs are for people of Aboriginal, Métis or Inuit descent.

Their Programs include:

Native Theatre School

- Professional theatre training combined with traditional Aboriginal teachings. Training includes acting, voice, improvisations and professional ethics

Showcase Productions

- Provides new and upcoming actors a chance to work on a professional theatre production

Indigenous Theatre School

- A full time school program starting in September.

14. Dodem Kanonhsa'

55 St. Clair Avenue East
6th Floor
(Just east of Young)
Toronto, Ontario
M4T 1M2

Tel: (416) 952-9272

Fax: (416) 952-9282

www.dodemkanonhsa.ca

dodemkanonhsa@ainc.inac.gc.ca

Hours: Monday to Friday 8:30 am to 4:00 pm
Intersection: Yonge Street & St. Clair Avenue East

The Native Canadian Centre of Toronto (NCCT) in partnership with the Department of Indian & Northern Affairs and Northern Development offers a place where everyone is welcome to meet and learn with Aboriginal Elders and Traditional Teachers.

Dodem is Anishnabe (Ojibwe) for Clan, Kanonhsa' means Lodge in Kenienkehsh (Mohawk) our name is transcribed in Cree syllabics.

Dodem Kanonhsa' Elders Facility is a space for learning and sharing fostering greater acceptance, understanding and harmony between First Nations and Non-Aboriginal Peoples.

The Dodem Kanonhsa' welcomes everyone interested in cross cultural communication and inter-cultural relations.

Their beautiful lodge is an open space where the teachings of our Grandfathers and our Grandmothers can be explored.

Elder and Traditional Teachers visit the lodge regularly to provide individual and group sessions to the public.

Dodem Kanonhsa' goal is to create a welcoming place for people to share in the oral teachings of the Nations across Turtle Island.

On occasion the lodge may be available for meetings and mall conferences.

The lodge is modeled after the traditional longhouses of the Mohawk Nations, built entirely of cedar; it provides a unique and traditional settling in downtown Toronto.

15. First Nation House (UFT)

563 Spadina Avenue
3rd Floor
Borden Building North
Toronto, Ontario
M5S 1A1

Tel: (416) 978-8227

Fax: (416) 978-1893

Toll Free Number 1 800 810-8069

www.fnh.utoronto.ca

Hours: Monday to Friday 9:00 am to 5:00 pm
Intersection: Spadina Avenue & Harbor Street

First Nation House provides culturally supportive services and programs to Aboriginal students at the University of Toronto. Leadership, spiritual growth and academic excellence are the motto of First Nation House. First Nations House provides a home for Aboriginal people on campus, a place for Aboriginal communities in Toronto to interface with the University and a place where the University Community can learn about Aboriginal people.

The following programs and services are provided:

- Recruitment of Aboriginal students
- Admissions advocacy
- Academic, personal and financial counseling
- Tutoring in the arts, mathematics and sciences
- Daycare referrals
- Library and resource centre
- Scholarships and bursary information
- Cultural events and programs
- Elder-In-Residence and a visiting Elder program
- Book exchange
- Social and recreational events
- Career planning
- Aboriginal student employment
- Aboriginal cultural awareness training

16. First Nation School of Toronto

935 Dundas Street East
Toronto, Ontario
M4M 1R4

Tel: (416) 393-0555

Fax: (416) 393-0552

Hours: Monday to Friday 8:30 am to 4:00 pm
Intersection: Dundas Street & Broadview Avenue

First Nation School is unique in that Aboriginal values, spiritual, culture and Ojibway language are integrated throughout the school curriculum. The goal is to ensure that urban Aboriginal children will have the opportunity to learn about their heritage and the traditional Anishnawbe cultural perspective, while acquiring the skills necessary to survive in today's world.

The School Provides:

- Programs ½ day junior kindergarten to grade 8. (children who 4 years old are eligible for the junior kindergarten program and children who are 5 years old may enter the all day kindergarten program)
- Qualified and experienced teachers
- Cultural teachings and activities
- Ojibway language program
- Early years support program (Head Start)
- Lunch program
- Access to bus and or *TTC* is provided.

Contact the school for details

17. Frontiers Foundation

419 Coxwell Avenue
Toronto, Ontario
M4L 3B9

Tel: (416) 690-3930
1-800-668-4130

Fax: (416) 690-3934

www.frontiersfoundation.ca

frontiersfoundation@on.aibn.com

Hours: Monday to Friday 9:00 am to 5:00 pm
Intersection: Gerrard Ave East and Coxwell

Frontiers Foundation is a non-profit, non-Aboriginal organization that supports Aboriginal people; also the advancement of economically and socially disadvantaged communities in Canada and overseas. It is staffed by volunteers.

Project Amiik:

Currently two, three-storey buildings have been constructed at 419 & 425 Coxwell. Located on Coxwell Avenue and they are available at subsidized rates; for low income families. These buildings consist of one, two and three bedroom apartments, some of which have wheelchair accessibility. There is a francophone/French immersion daycare, *off site* for children from 3 months to pre-school age.

Applications are *now* being accepted.

Operation Beaver:

Provides volunteers to communities who renovate and build homes, organize activities for local youth, at different recreational or educational centres. They also, exchange and share cross-cultural information and experiences with others in the community, where volunteers are situated.

Potential volunteers who are interested in becoming apart of this team, *must* be willing to commit themselves to helping others for a 3 to 6 month period, at a time.

Requirements for volunteers:

Must be 18 years of age, in good physical condition.

Specific skills are preferred, but anyone with a strong desire to learn can apply for a minimum period of 12 weeks.

Frontiers Foundation has also undertaken an initiative, which involves volunteering in the North West Territories. They are looking for people with specific skills and backgrounds, especially people who are able to tutor.

18. Gabriel Dumont Non-Profit Homes (Metro Toronto) Inc.

4201 Kingston Road
Suite 113A
Scarborough, Ontario
M1E 5B3

Tel: (416) 286-5277

Fax: (416) 286-5641

Housing Support Worker: (416) 286-5278

Hours: Monday to Friday 9:00 am to 5:00 pm
Intersection: Kingston Road & Galloway Road

Gabriel Dumont Non-Profit Homes provides, housing exclusively to Aboriginal families who require subsidized housing.

The community consists of 3 and 4 bedroom apartments located at Kingston Road and Galloway; also 4 bedroom townhouses located at Kingston Road and St. Clair Avenue.

Staffing consists of:

- A manager who oversees the everyday business of the Corporation
- A Housing Support Worker who will assist tenants dealing with every day problems (including budgeting skills; and referrals).
- A maintenance staff who deals with the daily repairs and maintenance of the complex and units
- Security staff are on duty during various hours through the week and full time on weekends

Families wishing a rental application *must* contact the office; complete the required documentation, as directed; provide proof of Aboriginal Ancestry; and provide updated proof of household income. A credit check and landlord check *will* be conducted and an interview will be scheduled. *If* the application is approved, the family will be added to our waiting list.

19. George Brown College – Native Studies Services

St. James Campus

200 King Street East,
Room 524A
Toronto, Ontario
M5A 3W8

Tel: (416) 415-5000, Ext. 2526

Fax: (416) 415-2432

www.gbrownc.on.ca

lbudge@gbrownc.on.ca

Hours: Monday to Friday 9:00 am to 4:00 pm
Intersection: Jarvis & King Street

This program works with Aboriginal students attending George Brown College, offering the following programs and services:

- Counseling
- Assistance with funding application
- Visiting Elders
- Talking circles
- Student gatherings
- Free use of photocopier and computers
- Job postings
- Current event listings
- Community newsletter
- College and university information
- Access to fax, study space, telephones, microwave and fridge

For Information

Contact the Aboriginal Students Counselor at:

lbudge@georgebrown.ca

Lorie Budge (416) 415-5000 Ext 2526

Fax (416) 415-2432

Toll free number 1 800 265-2002 8, Ext 2526

**20. Gizhaadaawaamik Daycare
First Nations School of Toronto**

935 Dundas Street East, 2nd Floor
Toronto, Ontario
M4M 1R4

Tel: (416) 463-8557

Fax: (416) 393-0552

Hours: Monday to Friday 7:30 am to 6:00 pm
Intersection: Dundas Street East & Broadview Avenue

Gizhaadaawaamik Daycare is subsidized through Toronto Metro Child and Family Services. The primary focus is on Aboriginal pre-school children running from ages 2.5 to 5 years and primary school aged children from ages 6 to 10 years old

Currently the daycare has a capacity of 30 children and they provide breakfast, lunch and snacks, teaching circles, play and sleep time.

The after-school program provides arts and crafts, snacks and playtime.

For after-school program, please call (416) 463-8557 and ask to speak with the supervisor.

21. John Howard Society of Toronto

60 Wellesley Street West
Toronto, Ontario M5S 3L2
Tel: (416) 925-4386 Fax: (416) 925-9112
Email: contact@johnhowardtor.on.ca

Hours of Operation: Monday to Thursday from 9:00 am - 4:30 pm
Friday from 9:00 am - 4:00 pm

The John Howard Society of Toronto is a non-profit organization committed to providing and developing programs that reduce the economic and personal cost of crime. There are currently 19 John Howard Societies including three chapters run by inmates of Milhaven, Joyceville and Warkworth Federal Correctional Institutions. Each John Howard Society offers a variety of different types of programming, dependent on the make up of their own community.

Offered Programs:

Community Justice Program this program provides adults charged with most major first time criminal offence (s) an alternative to the formal court process. Individuals charged are still held accountable for their actions by completing community based sanctions. Upon successfully satisfying the program, through the options of charitable donations volunteer community work, participation in workshops or programs, the charge (s) against the individual is withdrawn by the court. We offer Community Justice Programs at the Metro North Courthouse and the Metro West provincial Court.

Aboriginal Outreach Program works within the Aboriginal community, community agencies and local jails to provide anger management, traditional teachings, support services, counselling, and healing talking circles.

Breaking the Cycle of Addiction Program:

- Has experienced addiction counselors who offer addiction counseling to match the specific needs of the individual with the appropriate treatment program (e.g. S.T.A.R.T – Scarborough Treatment Addiction Resources Team).
- Weekly relapse prevention groups, individual groups, individual counseling, community partnerships, and specific on-site institutional addiction counseling programs are offered to all individuals in need of support.

Domestic Violence and Partner Services:

- Treatment programs are available for men who have been mandated due to domestic assault charges. To determine eligibility, men are invited to an assessment, orientation session (culturally-specific and generic groups are available evenings and Saturdays).
- Information, referrals and support, counseling and safety planning are offered to women whose partners attend Domestic Violence Programs.

Anger Management and Substance Use Community Justice Program:

- Eligible participants are referred to attend this anger management and substance use program through the Community Justice program.
- This program services community courthouses and client participation is recommended by our Society and other community based organizations who participate in the Community Justice program.

Institutional Services have a Pre-release planning, supportive counseling, and institutional programs and or groups are offered at the Toronto East detention Centre, the Toronto West Detention Centre, the Toronto Jail and Mimico Correction Centre.

Metis Resource Centre

(Metis Nation of Ontario)

75 Sherbourne Street Suit 222
Toronto, Ontario
M5A 2R3

Tel: (416) 977-9881

Fax: (416) 977-9911

Hours: Monday to Friday 8:30 am to 4:30 pm
Sherbourne & Adelaide

The **Metis Resource Centre (MRC)** is mandated to provide training and employment preparation. Also, opportunities to Metis clients and to provide referrals for non-Metis clients.

Services provided included:

- Internet job search, internet and job bank training (*limited to one hour a day*)
- Job search support-clients will be assisted to create resumes and invited to participate in job-readiness workshops
- Access to photocopier, laser printer, computers, telephones, and fax machine in relation to job searches/training
- Typing and computer upgrading tutorials (*independent study*)
- Employment counseling
- Community information and referrals
- Post secondary school & training information

22. Miziwe Biik Aboriginal Employment and Training

167-169 Gerrard Street East
Toronto, Ontario
M5A 2E4

Tel: (416) 591-2310

Fax: (416) 591-3602

www.miziwebiik.com

info@miziwebiik.com

Hours: Monday to Friday 8:30 am to 4:30 pm
(Intersection: Gerrard Street East and Jarvis Street, just east of Jarvis)

Miziwe Biik Aboriginal Employment and Training is committed to assisting all persons of Aboriginal ancestry in the greater Toronto area, to attain a better quality of life. Miziwe Biik believes that community needs and aspirations are paramount. They are committed to strengthening the community through partnerships promoting equality and self-reliance. Miziwe Biik strives to provide training and employment opportunities in a supportive environment, in which people can affirm their Aboriginal identities and develop to their full potential. Miziwe Biik is committed to the belief that it is through traditional cultural values, practices and resources that we will reclaim our destiny.

Their programs include:

Employment Counseling Services:

- Resume/cover letter writing and career counseling
- Hidden job market
- Software tutorials
- Interview skills
- Workshops
- Referrals to training opportunities

Employment Resource Centre:

- Computer/internet access
- Telephone/postage/ mailing services
- Education information
- Photocopying/fax machine access
- Toronto labour market information

Employment Placement:

- Job boards/local Aboriginal organization job training/postings
- Referrals to employment opportunities
- Federal government temporary employment placements

Funding Services:

- Community project training
- Advocacy for employment, education and housing/social services

32 – Week-Carpentry Pre-Apprenticeship Program will provide interested candidates with academic testing, upgrading and Level 1 Carpentry training – Level 1.

In Partnership with George Brown College and Toronto Council Fire Cultural Centre.

For 2010 program is set to start mid-February. Staff from Miziwe Biik will do candidate selection, with input by our partner representatives. There are 20 seats available, with at least 15 being set aside for those between the ages of 15 and 24 years of age. Participants who do not have Grade 12 level education (English and Math) will be provided with upgrading. Training allowances may be available to those who qualify.

Program components:

- Pre-employment skills training
- Academic assessment and upgrading
- Orientation to Construction Workplace
- Tool kits, safety equipment and textbooks
- Employment Skills training
- Work placement
- Job Coaching
- Assistance to Secure Employment

For further information please contact:

Osborne Farrell: (416) 591-0354
Tammy Bird: (416) 591-0746

**Partnership Development Advisors
Toronto Aboriginal Business Associations**

23. National Aboriginal Achievement Foundation

215 Spadina Ave
Suite 450
Toronto, Ontario
M5T 2C7

Tel: (416) 926-0775
1 (800) 329-9780

Fax: (416) 926-7554

www.naaf.ca

Hours: Monday to Friday 9:00 am To 6:00 pm
Intersection: Spadina, north of Queen Street

The National Aboriginal Achievement Foundation is a nationally registered charity established in 1985, which focuses on the future development of Aboriginal youth. It provides educational scholarships to Aboriginal students and is devoted to providing opportunities that will lead to career development.

The Foundation focuses their energies in three main areas:

The National Aboriginal Achievement Awards:

- An awards program, broadcast by the CBC, which recognizes the career achievements of 14 men and women each year.

Blueprints for the Future:

- A series of career fairs that introduces Aboriginal high school students to career opportunities in every conceivable career with speakers, workshops and a tradeshow.

Educational Programs:

- Includes arts scholarships for fine arts and performances arts studies, post secondary education awards programs in business, sciences and general education studies, the Aboriginal Health Career Program for health studies and the Cultural Projects Program, which supports individual Aboriginal artist, community and professional organizations.

The Foundation vision is accomplished by:

- Seeking out talented Aboriginal people who would otherwise, not have had an opportunity to show their talents and skills. The foundation directs their course of study by affording them with the necessary training and materials, for their studies.
- Encouraging young Aboriginal persons to discover their talent, by creating awareness of incentives in the visual and performing arts, business and sciences.
- Providing youth opportunities to demonstrate perform and exhibit their work.

24. Native Canadian Centre of Toronto

16 Spadina Road
Toronto, Ontario
M5R 2S7

Tel: (416) 964-9087

Fax: (416) 964-2111

www.ncct.on.ca

Hours: Monday to Wednesday 9:00 am to 8:00 pm
Thursday 9:00 am to 9:00 pm
Friday 9:00 am to 6:00 pm
Saturday 10:00 am to 4:00 pm

Sunday 11:00 am to 1:00 pm **ONLY** for Birds of a Feather AA meetings.
Intersection: Spadina Road & Bloor Street West

The Native Canadian Centre offers the Aboriginal community of Toronto, a great many activities and programs, on a regular basis. Note: some programs *require* an NCCT membership to participate.

The programs provided include:

- Tae Kwan Do Classes
- Ojibway language lessons
- Visiting Schools Program
- Seniors programs – (outings)
- Arts and Crafts Class
- Beading classes
- Community dinners
- Community concerts – (Christmas)
- Mixed hand drum
- Drumming, dancing and Socials are on Thursday from 6:00 pm to 9:00 pm
- Fundraising events
- One on One Traditional Circles are on Wednesday from 6:00pm to 8:00 pm.
- Youth Program
- Elders who are visiting elders from Dodem
- The Native Canadian monthly newsletter
- Children Art Workshop are on Thursday from 7:00 pm to 9:00 pm
- Speaker bank – (visiting schools)
- Birds of a Feather (AA) Sunday
- A volunteer program (membership)
- Community Lunches are Monday to Friday from 12:00 till 1:00 pm

25. Native Child and Family Services of Toronto

30 College Street
Toronto, Ontario
M5G 1K2

Tel: (416) 969-8510

Fax: (416) 969-9251

www.nativechild.org

info@nativechild.org

Hours: Monday to Friday 9:00 am to 5:00 pm
(Open for evening appointments and programs)
Intersection: Yonge Street & College Street

Native Child and Family Services of Toronto is Ontario's *only* full service, off-reserve, child welfare agency; under direct control of the Aboriginal Community. The agency provides family services, crisis intervention, and counseling and youth programs; in a manner that recognizes culture, heritage and traditions and the concept of extended family.

Head Start Program:

This is a nursery-like school, designed to ensuring children are ready for school, focusing on culture and family.

Aboriginal Ontario Early Years Centre - (416) 850-6110

1 Wood Street Toronto, Ontario

Drop in for parents and caregivers of preschoolers with programs including, Tumbling Tots, Jolly Phonics, Aboriginal Arts and Family First Parenting Circles. Beyond the Basics, family support and development, nutrition program (see [website for Ontario Early Years Centre](#)).

Education Programs:

Teaching Circles, Summer Camp, Residential Camp, Native Alternative High School

Transitional Housing for Women Intake (416) 537-2261

Transitional Housing for Men Intake (416) 969-8510 (Ext 281)

Customary Care Program:

The Customary Care Program provides alternative care for Aboriginal children, who need to be away from their family, for extended periods of time. Native Child and Family Services provide intensive training and support to Aboriginal persons and families, who foster Aboriginal children, while they are away, from their families.

Mooka'am Program:

Contemporary forms of treatment are combined with traditional healing circles, traditional beliefs, values and practices. This program offers many different types of programs within its department.

Assaultive Men's Group – This is an on-going group (minimum 20 weeks) dealing with domestic abuse, particularly with men who batter their partners. This program is an approved PAARS program. Traditional work includes ceremonies and teachings from visiting Elders. Contemporary social work, through psychotherapeutic methods, enhances the program. Upon completion of this program there is an opportunity to continue with one-to one, counseling.

- **Adoption/Foster Care Healing Circle** – Each Tuesday evening, in an environment of trust and safety. Support is provided for men and women who have experience a variety of issues, surrounding adoption and foster care.
- **Here to Help Program** – In a supportive group environment, mothers and their children learn to communicate and heal from the impact of, women abuse. These meetings are held at Neekenan Second Stage Housing Complex.
- **Women's Empowerment Circle**

Summer Camp Program:

Offered throughout each summer, this is a culturally based camp program, that takes urban children to Grundy Lake Provincial Park (near the French River). Elders and ceremonies are a part of the program, which includes an extensive recreational program, canoeing and other outdoor recreational activities. Through the use of traditional teachings and positive role modeling, children have an opportunity to see and experience directly healthy living and respect for mother earth. Each program at Native Child and Family Services, provide the opportunity for the client to attend the camp program.

Youth Outreach & Support Program:

The Youth Outreach Program offers many different programs on a (on-going) basis, to youth at risk. Most programs are offered at the Youth Drop-In Centre at 456 Yonge Street, Lower Level (unless otherwise specified).

Services provided include:

Aboriginal Street Youth:

Informal drop in times are (Monday to Thursday 9:00 am to 5:00 pm) and (Friday 9:00 am to 1:00 pm). Youth Outreach, Crisis Intervention, Counseling, and Job Preparation for hard to serve youth, includes those who are homeless.

Transition House:

This newly established home offers a transitional residence, at 558 Bathurst Street, for Aboriginal Youth experiencing homelessness or who are at high risk of homelessness. The house holds 12 young men, ages 16 to 24 years, while they work through a personal development program. The residence offers private and semi-private bedrooms, with communal living space; including a recreational lounge and a large eat-in kitchen. With the assistance of live-in mentor, each resident sets goals that will enable him to eventually moving onward to further independent living. This transitional housing model, addresses the range of challenges a young male adult may face, with a holistic approach to personal development.

Jarvis Collegiate School:

Has a satellite of Aboriginal youth ages 16 to 20 and also ages 20 to 24 years of age. They *may* attend school at Native Child's Youth Drop-In program, at 456 Yonge Street (*lower level*).

The Youth Drop-In:

Offers on site counselors' to work either one-on-one or in-groups of youth. They offer recreational programs which include, boxing, YMCA passes, the 7th Generations Image Makers (artist group), camping trips with Boundless Adventures, hockey, cultural activities, which include; drumming on Monday evenings, preparation and attendance at traditional ceremonies, with a visiting Elder.

26. Native Earth Performing Arts Inc.

55 Mill Street,
Case Good Building # 74
Studio 300 & 305
Toronto, Ontario
M5A 3G4

Tel: (416) 531-1402

Fax: (416) 531-6377

www.nativeearth.ca

office@nativeearth.ca

Hours: Monday to Friday 9:00 am to 6:00 pm
Intersection: Mill Street & Parliament Street

Native Earth Performing Arts is a non-profit organization, dedicated to the expression of the Aboriginal experience through theatre arts. This organization offers actors, writers, designers, directors and technicians the opportunity to work together, to produce quality theatre.

Native Earth Performing Arts three main objectives are:

- Speak and work with Aboriginal audiences
- Bring Aboriginal culture to people of all cultural backgrounds
- Create a place where Aboriginal people can communicate with each other and the world around them

Volunteers are accepted and can help out by, ushering at plays in progress, mailing out information; on Native Earth Theatre and upcoming events, with some computer work, when needed.

27. Native Men's Residence

14 Vaughan Road
Toronto, Ontario
M6G 2N1

Tel: (416) 652-0334

Fax: (416) 652-3138

www.nameres.org

general@nameres.org

Hours: 24 Hours a Day 365 Days a Year

Intake: 8:00 am to 10:00 pm

Intersection: Bathurst Street & St. Clair Avenue

Native Men's Residence provides a 63 bed (abstinence based) shelter to house and serve the needs of homeless individuals in Toronto. Our objective is to reduce the number of homeless and to prevent those at risk of becoming homeless, by equipping them with the tools of empowerment, self-reliance, and economic independence.

Mission Statement: Na-Me-Res (Native Men's Residence) are temporary homes for men, which fosters and maintains a healthy sense of community, cooperation and self-worth through the promotion of Traditional Native Culture and Values. We endeavor to build a strong foundation for our clients on their road to recovery and self-sufficiency.

Client care provided through the men's Residence is led by counselors and assisted by Client Care and Client Support Workers.

Outreach and Support Services: Native Men's Residence provides a culturally responsive outreach and support service. They support their clients, who live on the streets, to achieve their goals and to working toward a better life.

Nameres Outreach: Assists people living on the streets, in other public spaces and encampments. They pro-actively work with clients to develop a housing plan, while providing them with support to obtain identification documents, income supports to name a few. They will also assist their clients to obtain supplies and furniture. Once the client is housed, there are assigned an after care service provider, to ensure their new housing situation remains stable and successful.

Care Team Members: Client care provided through the Aboriginal Outreach Services is led by Street Outreach Workers; Aftercare Workers; Housing Support Workers. As an Aboriginal organization Na-Me-Res strives to meet the physical,

mental, spiritual and emotional needs of all clients by providing them access to its multi-disciplinary Care Team.

This includes:

- Counsellors
- Traditional Elders and Teachers
- Coordinator Special Needs
- Nurse
- Oshkabaywis (traditional teacher)
- Coordinator Client Training, and other community services providers, as identified

Special Needs:

Na-Me-Res: Since 1986, Na-Me-Res have been providing shelter to clients with special needs. Recognizing and embracing its responsibility to go beyond providing them with shelter only, it developed a specialized response designed to meet their special needs.

Based on a holistic approach to client care, services are designed to address their spiritual, mental, physical and emotional needs and include:

- Shelter responsive to their *accommodation* requirements
- Case management
- Primary health care
- Stabilization
- Assessment and diagnosis
- Assistance with medication
- Connection/reconnection with culture
- Support and assistance to secure training and employment opportunities
- Support and assistance to secure appropriate long term housing
- Support and assistance to establish community supports including long term medical care
- Follow-up care and support to ensure successful integration/reintegration into the broader community.

For further information, please call (416) 243-7669.

Sagatay (New)

See page 54

28. Native Women in the Arts

401 Richmond Street
Suite 420
Toronto, Ontario
M5V 3A8

Tel: (416) 598-4078

Fax: (416) 598-4729

www.nativewomeninthearts.com

info@nativewomeninthearts.com

Hours: Tuesday to Friday 10:00 am to 6:00 pm
Intersection: Richmond Street West & Spadina

Native Women in the Arts is an arts service organization for First Nations, Inuit and Metis women from all artistic disciplines who share the common interest of art, culture, community and the advancement of Indigenous peoples.

Projects have included:

- Seed to Stage – a 5 day physical intensive and performance of Aboriginal women dancers and choreographers
- My Home as I Remember – a publication which features 62 Aboriginal women writers and visual artists
- Moving Towards Leadership – 2 day intensive course on Aboriginal models of leadership and confidence building
- Aboriginal Storytelling and the Printed Word
- 10 Year Anniversary celebrations (**Igniting the Spirit**)
- Red Spring Sisters, an Aboriginal women's song concert
- Ongoing workshops and concerts

29. Native Women's Resource Centre

191 Gerrard Street East
Toronto, Ontario
M5A 2E5

Tel: (416) 963-9963 Fax: (416) 963-9573
nativewomenscentre.org executivedirector@nativewomenscentre.org

Hours: Monday to Friday 9:00 am to 5:00 pm
Some evening and weekend workshops
Intersection: Gerrard Street & Sherbourne Street

The Native Women's Resource Centre is a culturally-based organization that delivers programs and services to empower and enrich Aboriginal women and children to build strong families and communities.

Adult programs offered:

Nbaakaawin Kwe Learning Centre:

Upgrades to Grade 9, one on one tutoring, computer training and computer access room

Housing:

Assist clients with housing listings and applications for subsidy; shower and laundry facilities and clothing bank.

Advocacy/Community Wellness:

Helps clients with accessing resources, support for appointments and counseling.

Investing in Women's Futures:

Employment and self employment supports (resume help and business resources), workshops and Job Finders club.

Child and Family Program:

Pimaatsiwiin:

Parenting programs, prenatal programs, community kitchen, healthy families training and workshops, emergency food bank.

Aboriginal Healthy Babies, Healthy Children:

Home visits using the auntie approach, support for families to provide resources and referrals for children 0 - 6 years old.

Dawnissog Youth Program:

Homework club, evening youth meeting, workshops and outings.

30. Nekanaan

1296 Weston Road
Toronto, Ontario
M6M 4R3

Tel: (416) 243-7669

Fax: (416) 243-9929

an1@idirect.ca

Hours: Monday to Friday 9:30 am to 5:30 pm
Intersection: Eglington Avenue West & Weston Road

Nekanaan offers second stage housing to women who may still need guidance and support once leaving the Anduhyaun emergency shelter. The facility contains seven furnished, shared apartments for 42 women and children.

Nekanaan:

Is a long-term supportive program for Aboriginal women and children. This program was developed to meet the needs of Aboriginal women who have been prevented from accomplishing their goals by the violence they have experienced in their lives. This program functions as an urban based extended family healing lodge.

Nekanaan is one of the services provided by Anduhyaun Inc.

31. Nishnawbe Homes Inc.

244 Church Street
Toronto, Ontario
M5B 1Z3

Tel: (416) 975-5451
Tel: (416) 368-7651

Fax: (416) 975-0089

nishnawbehomes@rogers.com
nishhomes@idirect.com

Hours: Monday to Friday 7:00 am to 6:00 pm
Intersection: Dundas and Church

Nishnawbe Homes Inc. offers Aboriginal people (including people who are released from prisons and those who are recovering from substance abuse) who are marginalized by the housing shortage subsidized, alcohol and drug free homes to Aboriginal people. Nishnawbe Homes is very strict with its no substance abuse on property policy. Residents are expected to make choices for themselves and be responsible for their actions.

The criteria for admissions to Nishnawbe Homes are as follows:

- Landlord, employer references
- Character references
- Proof of income
- Proof of Aboriginal ancestry

Nishnawbe Homes is made up of eleven properties and the Maddy Harper Lodge and South House. The eleven houses provide 53 units for Aboriginal women and men 18 years of age and older. The houses are designed to promote a co-operative lifestyle among tenants. This also creates an extended family in each household.

Maddy Harper Lodge is an apartment building is designed for singles or couples (11 units), small families (4 units), with one barrier free unit. The apartment complex is also designed to promote a family community within and the urban setting, located in Toronto at 86 Jones Ave, north of Queen Street.

Zhaaawnong Gamik (South House) is a *new* affordable housing complex that has (60 units) with students, elders and the working poor from the Native Community, located at 244 Church Street Toronto, Ontario M5B 1Z3. For further information, please call (416) 368-7651.

32. Ryerson Aboriginal Student Services

Kerr Hall West Bldg
3rd Floor
379 Victoria Street
Toronto, Ontario
M5B 1W1

Tel: (416) 979-5000, Ext 7699

Fax: (416) 598-5919

www.ryerson.ca/aboriginal

Hours: Monday to Friday 9:00 am to 6:00 pm

The role of the Ryerson Aboriginal Student Services Association is to provide specialized services to all Aboriginal persons at Ryerson.

Services and programs offered include:

- Admission advocacy
- Academic referrals
- Aboriginal community outreach and recruitment
- personal advising
- Financial planning and bursary information
- Assistance with daycare and housing
- Cultural/traditional student's circle
- Aboriginal student services newsletter
- Aboriginal student lounge
- Peer Support
- Tutor Assistance

**33. Sagatay
Native Men's Residence**

26 Vaughan Road
Toronto, Ontario
M6G 2C4

Tel: (416) 651-6750

Fax: (416) 656-3180

<http://www.nameres.org>

The Sagatay Program has 22 beds in a transitional housing facility that is abstinence based offering aboriginal men a safe and supportive environment, where they will be provided with many opportunities to develop all the resources they require to succeed; in an urban environment as strong self-confident and self-sufficient Aboriginal men.

Applicants *must* demonstrate a willingness to learn, self-determination, self-reliance and self-sufficiency. In addition they *must* be capable of actively participating in all programs and services. Also interested applicants must submit an application followed by an interview.

Through this program (Sagatay) they will be provided with the opportunity to develop the essential skills needed to become healthy, balanced adults.

- Case Management
- Culturally-base programming
- Traditional Elders and teachers
- Information and referral

Sagatay is one of the services provided by Native Men's Residence

34. Salvation Army – Maxwell Meighen Centre

135 Sherbourne Street
Toronto, Ontario
M5A 2R5

Tel: (416) 366-2733
Intake Ext 276

Fax: (416) 366-6984
maxwellmeighen.ca

Hostel Hours: Mon-Sun 24 Hours
Intersection: Queen Street East & Sherbourne Street

Salvation Army hostel services short or long term stay for men ages from 18-65 years of age and the capacity of 260 beds.

- Meals
- Assistance finding employment and housing,
- Pastoral care and chapel services
- Meals for general community are Monday, Wednesday, Thursday and Friday (Saturday pick up for tickets, are at 11:30 am)

There are four short term residential beds for a 30 day crisis stay those with serious mental illness or at risk of current involvement with the criminal justice system.

Turning Point Alcohol and Drug Program:

Men with addiction problems who want to change and the referrals are accepted from the bail program, probation, hostels, agencies or self. Program minimum is 28 days, max 90 days.

Personal counseling, group therapy, twelve step classes, work therapies, relapse prevention, chapel services, recreational and social activities; including leisure time while under the guidance of experienced counselors.

The Primary Support Unit:

Community-Based Service:

Assists homeless men, experiencing a mental health crisis or experiencing emotional problems that **DO NOT** require hospitalization. It offers a 10-bed unit for a stay of up to 3 weeks, intended to provide a safe, supportive environment to help men through a crisis. It offers a non-medical, psycho-social, based, program which embraces a client centered approach; that provides an environment to allow clients an opportunity to examine their quality of life and issues while focusing on basic needs.

This program features:

- General respite including 24 hour access
- 24 hour counseling support, as well with case management services
- Flexible involvement in the program for up to 3 weeks
- Provision of 3 meals a day, access to clothing and attention to basic needs
- Advocacy and referral to medical, vocational, housing and other related services
- Medication storage/monitoring on a volunteer basis
- On-going needs assessments and advocacy by the Primary Support Team
- pastoral care

The criteria for admission include:

- An individual is experiencing a mental health crisis that does **NOT** require hospitalization, or the client is socially isolated and seemingly unable to access needed resources due to mental health problems or individuals who are otherwise, in need of supportive intervention and semi-structured assistance, to regain control of their lives.
- Between the ages of 18 and 65
- Voluntary status
- Not actively suicidal
- No aggressive behavior/demonstrated violent behavior
- Able to perform daily living activities such as, bathing, dressing and attending meetings
- **Must** be ambulatory and not in need of intensive medical care

Referral and Intake:

- The service provider (**no self-referrals**) calls and asks for the Primary Support Unit
- Referral is then reviewed and a follow up call is made to the referring agency, where both the referral person and client are interviewed over the phone. If the PSU is unable to make a decision based on the phone interview and an in-person meeting will be arranged

35. The Corner Drop In

260 Augusta Avenue
Toronto, Ontario M5T 2L9

Tel: (416) 964-8747 Ext 226

Fax: (416) 966-2178

www.ststephenshouse.com

Hours: Monday to Friday from 7:30 am to 11:30 pm

(Weekday afternoons by appointment only)
Sunday 8:00 am to 11:30 am (Breakfast and Lunch)

The Corner Drop In provides services for all homeless and low income persons. Although they are not an Aboriginal agency, their services extend to Aboriginal persons and they are one of the main drop-ins accessed by Aboriginal persons of Toronto.

There is also, a drop in program for youth called the Youth Arcade, at the same location.

Programs and Services provided include:

- Breakfast and lunch offered six days a week
- Addiction and substance abuse counseling
- Voluntary financial trusteeship, in a Harm Reduction Project
- Information and referrals
- Support in finding and maintaining affordable housing
- Washrooms, showers and laundry service
- Mail registry and telephone service
- Crisis counseling and linkages to mental health services
- Visiting health care services (e.g. Community nurse and vaccination clinics)
- Street Outreach services
- Women's *only*, weekly drop in

Addiction Counseling Program:

- Information and referrals
- Individual support
- Support groups, including relapse prevention

Housing for Everyone:

- This program assists people who are chronically homeless to find and maintain housing, through eviction prevention, on-going counseling and active liaison with landlords.

LL. Odette Place Supportive Housing Residence:

- This residence provides a home to 13 Adult males, who once struggled with chronic homelessness and mental illness.
- The facility has 13 large, single, units; with a modern kitchen lounge, accessible bathrooms and a rooftop with deck and laundry facilities.
- Residents receive counseling in connection to health care referrals.
- Social services and community support.

36. The Meeting Place

588 Queen Street West
Toronto, Ontario
M6J 1E3

Tel: (416) 504-4275

Fax: (416) 504-8851

Leslie Saunders-Coordinator
Email: lesliesa@stchristhouse.org

Hours: Monday to Friday 11:30 am to 4:00 pm
November 1st to April 30th open everyday from 11:30 am to 4:00 pm
Intersection: Bathurst Street & Queen Street West

The Meeting Place is a drop in (through St Christopher's House) for socially isolated and homeless adults. This is *not* an Aboriginal specific agency; however it is utilized by many Aboriginal community members.

Services provided include:

- Coffee, showers and laundry
- Phone, computer access, fax, photocopying and mail service
- Community kitchen, a place to cook and store food
- A place to store personal belongings
- Social and recreational programs (woodworking, camera, welding and more)
- Community economic development courier and odd job cooperative
- Visiting nurse in on Tuesday
- Visiting legal clinic (Parkdale Community Legal Clinic) on Monday
- Camera club and Aboriginal arts and crafts
- Outreach workers
- Brief counseling, referral & crisis intervention
- Native crafts group
- Sweat lodges (CAMH)
- Weekly Native ("Spirit Circle")
Aboriginal Services Program (CAMH) provides weekly visits & counsel form Vern Harper (Elder)
- Also at CAMH, will develop a Women's Art Therapy Group
- Woman s Wellness is held once a month

37. Toronto Aboriginal Care Team

30 College Street
Toronto, Ontario
M5G 1K2

Tel: (647) 258-0336

Fax: (416) 928-0706

torontocareteam.org

The Toronto Aboriginal Care Team offers non-residential addictions and mental health case management services, to Aboriginal people in Toronto. Coordinating with existing community services and carefully considering the clients' needs, goals, and culture to support a holistic path to healing and recovery. We work with clients who are homeless and severely disadvantaged, including aboriginal people who are housed and employed. This also includes addictive behaviours.

Services Offered:

- Intake & assessment, referral and follow-up for clients those at-risk individuals and their families
- Treatment Planning
- Advocacy
- Follow up Care Planning
- Access to treatment services
- Inter agency coordination of addiction mental health services
- Providing ongoing follow up and aftercare services along the way
- Helping people to get the treatment they need and have safe places to stay while they're waiting (treatment programs often have a 2 to 3 month waiting list)
- Supporting clients in maintaining stability through various stages of housing
- Encouraging links with support networks, family and community wherever there is a comfort level; and helping clients create their own support network
- Building longer-term relationships with clients

Flexible hours of services and for further information, please call (647) 258-0336.

38. Toronto People with Aids Foundation Inc.

200 Gerrard Street East, 2nd Floor,
Toronto, Ontario M5A 2E6

Tel: (416) 506-1400

Fax: (416) 506-1404

www.pwatoronto.org

info@pwatoronto.org

Toronto People with Aids Foundation (assist Aboriginal clients, both status and non-status).

Services (status and non-status):

- Benefits and assistance
- Employment services (through A.C.T)
- Food bank is on Wednesday from 2:00 pm to 7:00 pm, Thursday from 12:00 pm to 1:30 pm and also 2:00 pm to 4:00 pm.
- Food for life meal delivery program, \$5.00 per week (**does** require a doctor referral)
- Haircut program on every Tuesday
- Massage therapy (Shiatsu and Swedish massage)
- Naturopathic clinic is on Wednesday from 2:00 pm to 7:30 pm and also at 9:30 am to 1:30 pm, at the Sherburne Centre
- Needle exchange program
- Pet program
- Treatment resources
- Financial aid program
- Acupuncture
- Theatre assess (**Cinema**)

Services (non-status only):

- Help accessing Trillium drug plan and money for deductibles (**clients only**)
- HMAP - HIV Medications Access Plan (brokers between client and pharmacies) **only** to person (s) who may have been exposed; those who are unsure
- MAF - Medical Assistance Fund (helps pay for prescriptions)

39. Wigwamen Incorporated

25 Imperial Street
Suite 310
Toronto, Ontario
M5P 1B9

Tel: (416) 481-4451

Fax: (416) 481-5002

www.wigwamen.com

info@wigwamen.com

Hours: Monday to Friday 9:00 am to 5:00 pm
Intersection: Yonge Street & Davisville Avenue

Wigwamen Inc. offers houses and apartments to Aboriginal families, which are available on a rent-geared-to-income basis. Although calculation of rent payable varies, on average approved applicants are required to pay approximately **30%** of their gross, household, income, towards rent.

Aboriginal (Status, non-Status, Métis and Inuit) applicants for family housing throughout Toronto, and for seniors housing at Wigwamen Terrace, *must* either mail their application to the above stated address or fax their application to **(416) 481-5002**. Also; applicants can call **(416) 481-4451** to have an application mailed to them, otherwise applications can be printed from the website.

Wigwamen Terrace is located at 14 Spadina Road; this facility has 102 self-contained one-bedroom apartments that offer senior citizens (**59+**) of Aboriginal ancestry, comfortable and affordable rent-geared-to-income housing.

Aboriginal Housing Support Centre is a non-profit housing help center developed by Wigwamen Inc. and funded by Toronto's Homelessness Initiative Fund. It assists Aboriginal families who are renting in the private market, who are paying unaffordable high rents for units, which are often substandard, poorly maintained and often unsafe. The two primary goals of this centre are to encourage Aboriginal individuals and families in applying for non-profit housing, and to provide counseling, plus referrals to other support services and to help them stay housed until a non-profit unit becomes available. It offers assistance in applying for social housing, workshops and support groups of interest to Aboriginal tenants. Also, provides up-to-date information about agencies that serve the Aboriginal community and access to Elders, teachings and healing circles.

Aboriginal Housing Support Centre

20 Sewells Road Toronto, Ontario M1B 3G5

Ph: (416) 281-2057 Fax: (416) 281-

Email Address: [www. infor@aboriginalhsc.org](mailto:infor@aboriginalhsc.org)

Office Hours: Monday to Friday form 9:00 am – 5:00 pm

