

Category 15

**LGBT**

The Lesbian, Gay, Bisexual, and Transgender Support Services

1. 519 Church Street Community Centre
2. CAMH: Rainbow Services

# 211 Ontario

## 519 Church Street Community Centre

<b>Notice</b>	<b>Sunday drop-in April-October 10 am-3 pm * first come first served * capacity 75</b>
<b>Office phone</b>	416-392-6874
<b>Fax</b>	416-392-0519
<b>Email</b>	<a href="mailto:info@the519.org">info@the519.org</a>
<b>Website</b>	<a href="http://www.the519.org">www.the519.org</a>
<b>Address</b>	519 Church St, Toronto, ON M4Y 2C9
<b>Location</b>	Toronto Central
<b>Location (Intersection)</b>	Church St and Wellesley St E
<b>Hours</b>	Mon-Fri 9 am-10 pm, Sat 9-5, Sun 10-5
<b>Area served</b>	Toronto
<b>Languages of service</b>	English
<b>Eligibility</b>	Open to all
<b>Service description</b>	Multiservice centre offering cultural, social and recreation programs and group meetings for all ages * meeting place of choice for Lesbian, Gay, Bisexual, Transsexual, Transgender, Queer (LGBTQQ) communities

**Anti-Violence Program** -- responds to hate crimes based on sexual or gender orientation and to same-sex or pansexual partner abuse \* **Bashing Report Line** 416-392-6877 -- for victims or witnesses of homophobic assaults

**Homeless and Anti-Poverty Programs** -- food and social support services for people living in poverty \* drop-in for homeless and hostel residents -- Sundays 10 am-3 pm, free hot meal 1-2:30 pm \* hours extended November to April -- Sundays and all statutory holidays, 9 am-5 pm, including morning coffee and pastry, 12 noon lunch

**Childrens Programs** -- family support programming and resources for families of diverse identities and structures \* Family Resource Centre -- program for children birth-6 years and their parents or caregivers (part of Growing Up Healthy Downtown, see separate entry) \* March Break and Summer Day Camp for children 6-12 years

**Clinics** -- informal legal information by volunteer lawyers, Thursdays 6:30 pm (register at 6 pm) \* income tax clinic

**Counselling Program** -- free short-term solution focused counselling for individuals and couples on a wide range of issues

**Older LGBTTTQ Programs** -- drop-in Mondays 1-5 pm, information, referrals, book clubs, service provider training and arts based programs for people 50 years and over


**Queer Parenting Programs** -- educational, community-building, and family resource programs for LGBTTTQ parents, prospective parents, their children and extended families \* Dykes Planning Tykes \* Daddies & Papas 2B \* Mums the World \* Daddy, Papa and Me

**Trans Programs** -- support, advocacy, resources and referrals for people who are transsexual, transgender and gender variant \* workshops, policy assistance, and research involvement with other agencies \* Meal Trans Drop-in -- Mondays 6-10 pm primarily for low income and street active transsexual and transgender people, including a hot meal \* Trans Youth Toronto -- Wednesday 5 pm-9 pm for trans youth under 26 years \* AIDS prevention outreach \* Trans Access -- training and support for anti-violence, shelters, assaulted women's agencies, and organizations in Toronto

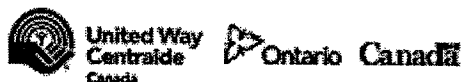
Community Organizations' programs and meetings include anonymous support/12 step programs, arts, community development, community services, HIV and AIDS, media, LGBTTTQ, recreation and sports, youth \* see website for over 150 groups including Alcoholics Anonymous, Crystal Meth Anonymous, Debtors Anonymous, LEGIT Toronto -- immigration information and support for same-sex couples, Overeaters Anonymous, Refugee Peer Support Group, Sex and Love Addicts Anonymous, Sexual Compulsives Anonymous, Survivors of Childhood Sexual Abuse

**Last modified** November 30, 2011

**Last fully updated** April 15, 2010

 Wheelchair accessible building including main entrance and barrier free washrooms \* braille elevator, lowered buttons \* street parking

This listing is copyright © 2011 [Findhelp Information Services](#)



[Terms of Use and Privacy](#) | © Ontario 211 Services Corporation

**Our services are confidential and covered by OHIP.** In-town, out-of-town and out-of-province clients are all welcome.

## How to reach us

For further information, or to schedule an appointment, please call:

**416.535.8501 x6781 or  
1.800.463.2338 x6781**

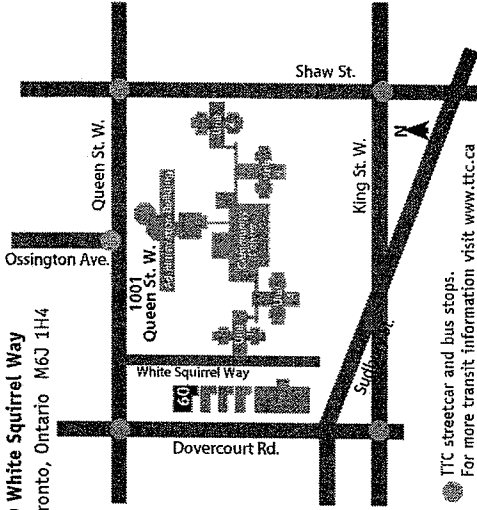
Website: [www.camh.net/rainbow\\_services/](http://www.camh.net/rainbow_services/)

## Hours

Monday to Friday, 9 a.m. to 5 p.m. Evening group sessions available.  
Rainbow Services

Centre for Addiction and Mental Health

60 White Squirrel Way  
Toronto, Ontario M6J 1H4



TTC streetcar and bus stops.

For more transit information visit [www.ttc.ca](http://www.ttc.ca)

For information on addiction and mental health issues or other resources, please contact CAMH's R. Samuel McLaughlin

Information Centre:

Ontario toll-free:

1 800 463-6273

Toronto: 416 595-6111

To make a donation, please contact the CAMH Foundation:

Tel.: 416 979-6909

E-mail: [foundation@camh.net](mailto:foundation@camh.net)

If you have questions, concerns or compliments about services at CAMH, please call Client Relations Services at:

Tel.: 416 535-8501 ext. 2028

or 2078

Website: [www.camh.net](http://www.camh.net)



**camh**

Centre for Addiction and Mental Health  
Centre de toxicomanie et de santé mentale

A Pan American Health Organization  
World Health Organization Collaborating Centre  
Centro colaborador de la Organización Mundial de la Salud

24333 7-01-2009 7 2009 CAMH  
Disponible en français



# rainbow services

Outpatient, Day and Residential Treatment



**Concerned about alcohol or other drug use?**

# rainbow services

Rainbow Services provides counselling and treatment for lesbian, transsexual, transensual, bisexual, two-spirit, transgender, queer, gay and intersex people who are concerned about their use of alcohol and other drugs. Our services are available to people with a variety of goals, including those who want to try to quit, others who simply want to cut down, or those who would just like to gain more awareness of their substance use. Our programs are specialized to take into account the unique needs and issues that our communities face.

## Who we are

Rainbow Services comprises LGBTTTIQ and straight professionals and volunteers who are trained and experienced in counselling people with concerns about their use of alcohol and other drugs. We understand the issues specific to our communities that may affect substance use. Our services are respectful and tailored to meet the needs of our communities.

## What we offer

- ▼ assessment
- ▼ group therapy
- ▼ day and residential programs
- ▼ weekly evening support groups
- ▼ referrals to couple counselling and support for families and/or partners
- ▼ relapse prevention
- ▼ education on stress management, nutrition and leisure
- ▼ psychiatric consultation
- ▼ concurrent disorder programs
- (for individuals with both mental health and substance use difficulties)
- ▼ private rooms for residential clients.

## How it works

People can call the number on the back of this brochure. No referral is required. The first appointment is usually for an assessment interview. Here, a person meets one-on-one with a therapist to examine the issues around his or her substance use. The choice of counselling options is discussed and decided on, and goals are established.

Depending on individual needs and preferences, clients are matched with individual, couple and/or group counselling. Group counselling may take the form of weekly support groups or more intensive residential or day programs. Since each person is unique, we try to find the service, or combination of services, that fit individual needs. Some of our clients come for just a few sessions, while others benefit from a combination of services offered over a year.

## Addictions Program